

### Daifukuji Soto Mission

P.O. Box 55 Kealakekua, HI 96750 808-322-3524 www.daifukuji.org

# Fujinkai Appreciation Lunch Sunday, August 9 11:00 a.m.

Fujinkai members are cordially invited to a Fujinkai Appreciation Lunch to be held in the Daifukuji Social Hall on Sunday, August 9 at 11:00 a.m. Along with other fun activities, UHSSWA conference photos will be shown by Fujinkai historian, Dr. Julia Crawford. Desserts are welcome. We hope you'll join us.

Information regarding this luncheon will be sent out through the Fujinkai phone tree. Questions? Call Joyce at 329-3833 or Reiko at 334-1127.

# Family Services to Begin August 16 Sundays 9:30 a.m.

Sunday morning family services include a moment of meditation, Dharma songs taught by Aunty Taura, Buddhist stories told by Rev. Jiko and Teiho, & Soto Zen scriptures and chants, all in the company of loving families and gentle friends. Babies are always welcome. (See calendar for schedule.)

# Treasuring the Past, Embracing the Present



#### **Obon Mahalo**

Although it rained, I do hope that the Bon Dance evening was enjoyed by all. A big mahalo to all the hard workers before, during, and after the Bon Service and Dance. Too many names to mention so will just say thank you to all!



Hope for better weather next year.

Sincerely, Walter Kimura, Board President

### Library News by Clear Englebert



The library continues to grow and now occupies all six bookshelves. The new arrivals include: "The Wholehearted Way" by Dogen—a translation of the Bendowa, a 23-page lecture with questions and answers on Zen practice. Besides the 23 pages of the actual lecture, most of the book is a very lucid modern commentary on it by Uchiyama Roshi.

Dogen described life and death as the big question, and the library has two very important books on just that: the well-known "Healing into Life and Death" by Stephen Levine, and a less well-known "The Book of Life" by Jiyu Kennett and Daizui MacPhillamy. The latter book tells how to harmonize body and mind through Zen practice-discussing the role of karma in producing physical and mental illness and how to prevent such diseases. The topics range from the act of conception, to helping the dying and the dead. The second half of the book details a spiritual practice for tension removal, based on Zen meditation and the acupuncture meridians. Past life memories are discussed, including what to do when they occur and how to learn from them.

Two excellent books integrating Zen and Christianity are: "Living Zen, Loving God" by Ruben Habito, and "Zen Spirit, Christian Spirit: The Place of Zen in Christian Life" by Robert Kennedy.

"On Zen Meditation: What a Buddhist Monk in America Said" by Nyogen Senzaki was originally published in 1936 in Kyoto, and republished in 2000 by the Rinzai Zen Mission in Paia, Maui. Our copy was donated by Rev. Ryozo Yamaguchi of Paia. "Buddhism from Within: an Intuitive Introduction to Buddhism" by Daizui MacPhillamy offers a window into understanding Buddhism in a personal way. "Just Say Om! Your Life's Journey: A Teenager's Guide" by Soren Gordhamer is just that, a guide to Buddhist teachings for navigating the teenage years and finding a more balanced, peaceful life. Last, but not least is "Opening the Lotus: A Woman's Guide to Buddhism" by Sandy Boucher.

#### In Memoriam

We extend our sympathy to the family of the late Florence Ontai who passed away on June 25, 2009. Florence was particularly fond of attending the Project Dana Kupuna Mornings with her daughter, Vivian.

Loving thoughts also go out to Tatsumi & Annette Sato and the family of the late Kazuko Sato, who passed away on June 19, 2009 in California.

# Thursday Evening Zen: A Peaceful Time In Your Day

7:00 - 8:20 p.m. (8:45 if you choose to stay for the second period of zazen)

Need some peace in your life? Join us on Thursday evenings for chanting, zen meditation, and Dharma study and sharing. Call Rev. Jiko for more information.

August 13, 20, & 27 September 3, 10, 17, & 24



#### by Jan Bovard, Zazenkai President

Aloha, members and friends! Our Zazen Group is planning "A Zen Adventure Day." We are inviting ALL of you to come to the temple and experience the different adventures that we have planned for you. Our activities will start at 9:00 a.m. and end at 2:30 p.m. on September 5.

Parts of the day will be active and parts will be passive. There will be a meditation session with instruction. There will also be demonstrations and voluntary participation of Tai Chi, Hatha Yoga, Japanese Tea Ceremony, a short DVD, and possible other surprises.

For those of you that missed some of these activities in the past because of conflicting schedules, we wish to provide this introduction of mind-body experiences as a way to end the summer vacation and start our fall schedule with renewed energy. There will be a fellowship time over a **pot luck lunch**. Bring a favorite dish to share. Please bring any friends that have been curious about Zen practice and/or have wished to visit the temple and been too shy.

This is a day to focus inward and feed the spirit. If you have any questions or concerns you may call me (Jan) at 322-2167 or Rev. Jiko at 322-3524. I invite you to give yourself the gift of a Zen Adventure.



### O u r Kupuna A r e Special

The kupuna of Daifukuji are all very

special people and they enjoy gathering at the temple on the second Wednesday morning of each month for fun and fellowship, as well as to be pampered a little by the many volunteers of Project Dana Lei Wili O Na Kupuna. For information on how to join Project Dana, call Rev. Jiko at 322-3524. Donations of small bingo prizes are always appreciated.

Domo arigato to cooking instructor Kris Yamauchi & volunteers for preparing a healthy summer Thai lunch at the Project Dana program in July. Here's Kris at the flowing chocolate fountain. Yum!



#### **Bon Dance DVDs**

30-minute DVDs of the 2009 Daifukuji Bon Dance are available for \$20. Please see Rev. Jiko. Make checks payable to Randy Magnus. A warm mahalo to Randy for filming our bon dance year after year and for donating DVDs to our temple's lending library.



# Obon Reflections by Rev. Jiko

It rained at our Bon Dance, but the rain did not dampen our spirits. Those of us who were there to dance danced

anyway, sometimes outside in the rain and sometimes inside the hall. We danced in circles, sending the energy of our love and joy in all directions -- to our ancestors, to our friends and families, and to our community. Dancers and spectators alike were all blessed and strengthened by the music, taiko,



prayers, goodwill, and good food that made our Bon Dance such a special occasion.

From set up on Friday to clean up on Sunday morning, members and friends came out to be a part of this year's Bon Dance. I wish to thank everyone. Minasama, arigato gozaimashita.

In life, there's rarely a perfect day. Sometimes it rains. Sometimes it pours. Over time we learn how to dance in the midst of our 10,000 joys and sorrows.

Sunshine or rain, the dance of life continues and somehow we must learn to dance to its beat if we are to continue to live.

What Bon Dancing teaches us is how to live in the spirit of a circle. In a circle, although there are leaders to guide us, no one is first and no one is last, and no one is higher or lower than another. In a circle, each person contributes to the whole and plays a vital role in keeping the circle connected.

This is my wish for our temple, a wish that we always remember that we are part of a circle.

Thank you, dear friends, for another Obon festival that warmed my heart.
In gassho,
Rev. liko



### Coming Up in September...

September 5 Zen Adventure Day 9 a.m.

September 13 Ohigan & Ryosoki Service, Fujinkai General Membership Meeting 9:30 a.m.

September 19 HAIB Peace Day Event at Paleaku Peace Garden 10 a.m.

### Sangha Photo Gallery



Bon Dance Kokua Crew



Hanging the Chochin



Bon Dancing in the Rain



Zazenkai Book Table



Joyful Taiko Playing

### August 2009

Aikido Fujinkai Special Events Youth Taiko Kannon-ko Service Baikako Practice Bon Dance Group Adult Taiko Project Dana Dharma Study Teen Sangha Family Service Zazen Happy Strummers Orchid Club Major Service Sangha Sisters Temple Board Samu

July 2009 August 2009 September 2009 S M T W T F S SMTWTFS 1 2 3 4 1 2 3 4 5 5 6 7 8 9 10 11 2 3 4 5 6 7 8 6 7 8 9 10 11 12 12 13 14 15 16 17 18 9 10 11 12 13 14 15 13 14 15 16 17 18 19 16 17 18 19 20 21 22 19 20 21 22 23 24 25 20 21 22 23 24 25 26 26 27 28 29 30 31 23 24 25 26 27 28 29 27 28 29 30 30 31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ORCHID SHOW		=6:30 PM Adult Taiko	=6:00 AM Zazen =5:00 PM Youth Taiko	=7:00 PM Evening Zazen	=8:00 AM Samu =6:00 PM Adult Taiko	=7:00 PM Hilo Taishoji Bon Dance
=9:00 AM Hilo Taishoji Bon Service	= 5:00 PM Youth Taiko = 7:30 PM Happy Strummers	=6:30 PM Adult Taiko	= 6:00 AM Zazen = 5:00 PM Youth Taiko = 7:00 PM Fujinkai Board	=7:00 PM Temple Board	= 8:00 AM Samu = 6:00 PM Adult Taiko	8
= 11:00 AM Fujinkai Appreciation Lunch	= 5:00 PM Youth Taiko	=6:30 PM Adult Taiko	Project Dana 8:30 am  -6:00 AM Zazen -5:00 PM Youth Taiko -7:00 PM Orchid Club	=7:00 PM Dharma Ses- sion	= 8:00 AM Samu = 6:00 PM Adult Taiko = 7:00 PM Sangha Sis- ters	15
= 8:00 AM Baikako Practice = 9:30 AM Family Ser- vice	= 5:00 PM Youth Taiko = 7:30 PM Happy Strummers	=6:30 PM Adult Taiko	Kannon-ko 10 AM  = 6:00 AM Zazen  = 5:00 PM Youth Taiko	=7:00 PM Dharma Ses- sion	= 8:00 AM Samu = 6:00 PM Adult Taiko	22
=9:30 AM Family Service	= 5:00 PM Youth Taiko		= 6:00 AM Zazen = 5:00 PM Youth Taiko	=7:00 PM Dharma Session	= 8:00 AM Samu = 6:00 PM Adult Taiko	29
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