Daifukuji Soto Mission

A Light in Our Community



79-7241 Mamalahoa Hwy., Kealakekua, HI 96750

July, 2017

(808) 322-3524 www.daifukuji.org

See "archives" on our website for previous newsletters.

Daifukuji Bon Dance

Saturday, July 8
6:00 p.m. Snack Shop Opens
6:30 p.m. Opening Ceremony
7:00 - 10:00 p.m. Bon Dance



Featuring Kona Daifukuji Taiko, Daifukuji Zen Taiko, and Kona Hongwanji Taiko

Bon Dance Snack Shop

Kona Daifukuji Taiko will be selling teri burgers, veggie burgers, hot dogs, chili with rice, pickled mango, baked goods, and assorted drinks. Please support this fundraiser for our temple's youth taiko group.

Volunteers Needed (Onegai shimasu)

Bon Dance Set Up - July 8 at 8 a.m. Clean Up - July 9 at 8 a.m. Questions? Please call Bon Dance chairpersons Wade (808-315-2364) or Bobby (808-895-2416).

Bon Dance Classes

Free Bon Dance classes taught by sensei Winifred Kimura will be held on the dates below from 7:00 p.m. - 8:30 p.m. in the temple's social hall. All are welcome. Questions? Call Wini at (808) 322-3296.

Tuesday, June 27 Thursday, June 29 Tuesday, July 4 Thursday, July 6

A Big Mahalo from the Daifukuji Family Sangha

To our dear Sangha,

Thank you very much for supporting our recent Sunday School fundraiser. We especially thank Larry and Dale Yoshiyama for donating their delicious pickled mango,

luscious lemons, and Kona coffee. Your donations will fund our Dharma programs for children. With loving gassho,

The Daifukuji Family Sangha





Blooming Orchids at KDOC Annual Orchid Show & Sale Sunday, July 23 8 a.m. - 2 p.m.

by Fern Gavelek

The 35th annual Kona Daifukuji Orchid Club (KDOC) show and sale is 8 a.m. - 2 p.m. Sunday, July 23 at the Daifukuji Soto Mission Hall. The free event offers attendees a complimentary orchid boutonniere corsage—while they last.

This year's theme, "Orchids in Your Hawaiian Garden," offers educational displays on how to add beauty and fragrance to your outdoor space, plus a guided tour through the on-site Orchid Grotto. The grotto demonstrates how to beautify a problematic space that can be enjoyed from both inside and out. The anniversary show also offers a historical-themed exhibit, "Orchid Reflections,

Past and Present."

Enjoy an elaborate and colorful display of live blooming cattleya, cymbidium, dendrobium, phalaenopsis, miltonia, vanda and more. Cameras are welcome.

Got growing questions? Veteran members staff a Question and Answer Booth where attendees can get expert advice on caring for orchids. The club boasts long-time members who have been growing orchids at different Kona elevations and in Ocean View.

The event offers an outdoor sale of high-quality orchid species and hybrids grown by club members and select Big Isle commercial growers. Club members will sell home-baked goods and drinks and membership info will be available.

The Kona Daifukuji Orchid Club is West Hawai'i's oldest orchidaceae organization with a mission to learn and foster orchid culture and promote fellowship among orchid collectors. The club meets the second Wednesday of every month at the Daifukuji Soto Mission Hall on Hwy. 11 at mile marker 114, just north of Kainaliu. Get club updates at www.facebook.com/orchidsinparadise. For further information, contact KDOC president Dick Kuehner: konakeenR@hawaii.rr.com, 808-328-9055.

Library News

By Clear Houn Englebert

Thanks to Keith Olson, the library holdings are now updated on the temple's website. You can browse the library online by subject, title, or author.

The new arrivals are:

The Edicts of Asoka translated by N.A. Nikam and Richard McKeon. Asoka was the greatest of the Buddhist kings in ancient India. The first half of this

slender book is Forward, Preface, and Introduction which are very interesting and put the edicts in context. The second half is the edicts themselves, which were originally carved in stone.

Guidebook to the Sojiji Temple Grounds is a pamphlet which gives you a wonderful feel for this great monastery.

Sanju Sangendo is another guidebook. This incredible shrine has 1,001 life-size Kannon sculptures, as well as 31 other sculptures. It was completed in 1266 A.D.

The Wisdom of Buddhism in Japan by Yoshihiro Matsumoto, with manga by Yutaka Tani, is a clever children's cartoon book guiding you through thirteen Japanese Buddhist denominations.

Basket of Plums Songbook: Music in the Tradition of Thich Nhat Hanh by Joseph Emet is a wonderful songbook with musical notation. It even includes the old Shaker song "Simple Gifts" (slightly, yet appropriately altered).

Pearls of Wisdom: Prayers for Engaged Living II by Hsing Yun (a direct disciple of Empty Cloud) is a very unique book. Most of these are prayers you won't find in any other book. Some of them are: Prayer for Recycling Professionals, Prayer for Prostitutes, Prayer for Children Who are Monastics, and Prayer for Our Natural Environment.



Domo arigato gozaimashita to Kona Hongwanji Buddhist Temple for sponsoring the 2017 O-bon Festival which was held at the Keauhou Shopping Center on June 10. Three taiko groups were featured: Kona Hongwanji Taiko, Kona Daifukuji Taiko, & Puna Taiko.



July Dharma Programs

Dharma Study Classes - No classes in July. Classes begin August 1.

We will continue our study of the book *Zen Living* by Domyo Sater Burk. Classes will be held every Tuesday afternoon in August from 4:00 -5:00 p.m. in the temple library. All are welcome. Call Rev. Jiko at (808) 322-3524 for further information.

Family Sangha Services: Sharing the Dharma with Children - For children of all ages and their parents & grandparents. The Family Sangha will be on summer break during the month of July. Family Services resume in August & will be held on August 6, 13, & 27. Call Rev. Jiko at (808) 322-3524 for information.

Zazen (Meditation)

- * Every Wednesday morning from 6 a.m. 7:20 a.m.
- * Thursdays, July 13 & July 20 from 6:30 p.m. 8:00 p.m.

Both morning and evening sessions include 20 minutes of chanting. Donations may be placed in the box on the offering table. All are welcome.

Shakyo & Shabutsu Art Meditation - Saturday, July 1 from 8:00 a.m. - 9:30 a.m.

Mindfully tracing the Heart Sutra & pictures of buddhas and bodhisattvas in silence unifies body, breath, and mind. All supplies provided. By donation.

The Gay Sangha - Friday, July 7 6:00 - 7:30 p.m.

A Buddhist group open to all, with a particular invitation to gay women and men and their families and friends. Meditation and discussion. Call (808) 328-0329 for information.

T'ai Chi

Every Tuesday and Thursday from 9:00 - 10:00 a.m. and Wednesdays from noon to 1 p.m. in the Hisashi Kimura Cultural Hall. Call instructor Philip Kakuho Hema for information: (808) 345-1492.

Investigating the Blue Zones

By Jien McLaughlin, Daifukuji Wellness Committee

When someone hears about the Blue Zones, the response is usually, "Ugh! Oh no, not all that healthy stuff! That means I have to give up my spam musubi and eat kale. I don't want to be eating all that healthy stuff. I want to be happy and enjoy my life."

But the Blue Zones are much more than trying to give something up and eating healthy. Dan Buettner, in his book, *The Blue Zones*, investigates why some people live so much longer than others. The centenarians that Buettner interviewed not only lived longer, but they also had a high quality of life. They were active, sharp minded and happy.

For centuries, explorers have searched for the fountain of youth. Charlatans have sold pills and potions claiming to keep us young. Human nature is always trying to get out of the undeniable truth, which is that we all must age and eventually die, no matter what we do.

And even though the inevitable will come true for all of us, the Blue Zones theory investigates how we can not only live long, but more importantly, live happy and active lives. Buettner 's approach to this dilemma is to look to the kupunas, the elders. Each and every centenarian that Buettner interviewed gave jewels of wisdom to the secrets of a long and happy life. Buettner states that we, too, can tap into this wisdom simply by listening and being present to our kupunas. We do not have to travel long and far to find the answer because our kupunas are right here in Hawaii and they hold the secrets to a long and happy life. We can all be relieved to know that instead of trying to drink a dreaded green drink for breakfast, we can go visit one of our kupunas and discover the unique secrets to a long and happy life.

Temple & Grounds Clean Up Mahalo

Mahalo to everyone who helped with the June 11th temple cleanup. Through clear skies and bits of rain the clean up crew efficiently worked through the long clean up list. We had plenty of hands, including many who were new to clean up day. With all the help the crew was able to finish 30 minutes faster than last summer.

Thank you to Joyce and the Kona Daifukuji Fujinkai for preparing our lunch.



Aloha,

Shaun Roth



Taiko Concert Mahalo

By Akemi Iwamoto, Kona Daifukuji Taiko Instructor

Aloha!

We are fortunate because we have a great group of kids and families. It literally takes a village to pull off a performance, especially this one since we transported to Hilo practically EVERYTHING, except for the kitchen sink. A great big MAHALO to all the parents who helped with everything from loading, securing the equipment, providing bentos/drinks, sitting/supporting through those long rehearsals, transporting everyone everywhere, and making sure nothing was left behind. We couldn't have done it without all of your support. A special MAHALO NUI LOA to Aunty Michiko Enomoto who made the beautiful happis we're wearing in the picture above. Our beautiful, bright, and vibrant happis stood out among the sea of players dressed in black. Mahalo to my mom, Kelly Deguchi, for sewing all of our hachimakis; to Uncle Julio and Aunty Elaine Fernandez for donating the equipment van; to Papa Shaun for coordinating/spear heading the re-skinning of our drums and to all the parents that helped; to my monkeys — haa, haa, you guys were amazing! After months of loooooong practices and minimal complaining (shows me you all are maturing), you were able to gracefully present a great set filled with personality. I may be biased, but it was one of the most difficult/technically challenging sets, and you all came together and pulled it off.

Once again, we were the smallest group there, but your power, energy, enthusiasm and spirit filled the auditorium. You all amaze me! Mahalo to group leader, Douglas, for doing a good job in keeping it all together. Finally, thank you to Britney Manago for teaching us the piece "Jack Bazaar." Thank you, everyone, for blessing us with your love and support. We love you all!



Congratulations!

One of the most serenely joyful ceremonies held at our temple each year is the Soto Zen Buddhist Lay Confirmation Ceremony. On June 4, a group of four sangha members accepted the precepts in a ceremony officiated by Rev. Jiko. Formally becoming disciples of the Buddha, these members were presented their Buddhist names, wagesa, and certificates.

Our Sangha warmly congratulates:

Lawrence Goff 海覚 Kaigaku Ocean of Awakening

Teri Hollowell 慈眼 Jigen Eyes of Compassion

Sharon O'Conner 道心 Dōshin Heart-Mind of the Buddha Way

Derek Nakamura 光道 Kōdō Path of Light

This ceremony was the culmination of a period of study and reflection on the sixteen bodhisattva precepts which provide a strong, stable foundation in the life of a Soto Zen Buddhist.

Congratulations to Kaigaku, Jigen, Dōshin, and Kōdō.

Coming up in August...

Dharma Study Begins.....August 1 Kannon-ko Service..... August 16

Family Services Begin.... August 6 Daifukuji Temple Open House..... August 20

Project Dana.....August 9

Bazaar Mahalo & Report

KONA DAIFUKUJI SOTO MISSION 22^M ANNUAL BUILDING & MAINTENANCE FUNDRAISER BAZAAR MAY 7, 2017 - SUNDAY

	_SALES	EXPENSES	TOTAL SALES
AUCTION	\$ 1240.00	0	\$ 1240.00
BAKED GOODS/FOOD/ PRODUCE	7,099.50	234.40	6,865.10
BOOKS & TOYS	639.25	0	639.25
CHILDREN'S ACTIVITIES	78.00	0	78.00
CLOTHING & RUMMAGE	2,144.94	0	2,144.94
CRAFTS/HOUSEHOLD	3,390.88	0	3,390.88
GARDEN SHOP	1,286.25	0	1,286.25
MASSAGE	763.00	0	763.00
SNACK SHOP TOTAL GROSS SALES	<u>994.50</u> \$17,636.32		994.50 \$17,636.32
SUB-TOTALS		234.40	\$17,401.92
OTHER EXPENSES: TRAFFIC CONTROL WEST HAWAII TODAY G.E. TAXES SUB-TOTAL		146.00 202.85 705.45 \$1054.30	1,054.30
NET SALES			\$16,347.62
CASH DONATIONS			1,225.00
TOTAL REVENUE			\$17,572.62

Bazaar co-chairs Joyce St. Arnault and Stephen Tanaka wish to thank Daifukuji members and community supporters for contributing to the success of this year's Building & Maintenance Fund Bazaar which brought in \$17,572.62.

Everyone's hard work, dedication, and generosity are greatly appreciated.

If you've donated items to the bazaar and have not yet received a letter for tax purposes, please contact the temple office at (808) 322-3524.

DRAFT: June 21, 2017

Fujinkai's Autumn Field Trip — October 14

Saturday, October 14 is the date of this year's Fujinkai field trip. Ladies, please mark your calendars. Plans are being made to visit "The Kona Coffee Story" exhibit at the Greenwell Store Museum & experience a beekeeping tour at Big Island Bees, followed by lunch at the Beijing Restaurant. For now, please save the date.

For information on joining the Daifukuji Fujinkai Women's Association, which is open to women ages 18 and up, please call Merle at 323-3553 or Joyce at 329-3833.



O-bon Greetings from Rev. Jiko

Summer is here with its sunny mornings, cloudy afternoons, and many rainy evenings. Tonight, listening to the sound of the rain on the temple roof and the coqui frogs' high-pitched calls, my thoughts turn to O-Bon — to both the gaiety and solemnity of this special season of remembrance. I send my love to those who, with aching hearts, are observing their departed loved ones' first O-Bon. I remember my ancestral line which is linked with the ancestral lines of all humanity and anticipate the upcoming Daifukuji Bon Dance on the 8th of July, which will be a communal honoring of everyone's ancestors and a joyful celebration of the life which we all share on this planet.

In Hawaii, the Bon dance has changed over time. According to author Judy Van Zile in her book *The Japanese Bon Dance in Hawaii*, which is available in our temple library, the first Bon dances were held in sugar cane fields and between rows of houses on plantations in the late 1800's. The festivals connected the Japanese immigrants to their homeland, provided temporary relief from the hardships of plantation work, and brought the community together in fellowship. Only later, when Buddhist priests arrived and temples were built, were Bon dances held on temple grounds.

The music and dances have evolved over the years. Today's Bon dances include both traditional and modern Japanese dances, as well as line dances, zumba, and taiko performances. One can clearly see that the Bon dance is a reflection of our ever-changing society. It is diverse, inclusive, & full of aloha.

Because the traditional dances connected the immigrants to the prefectures in Japan from which they came, I think that it would be great to have a dance that's about life in Kona or, more broadly, life in Hawai'i. Perhaps someone would be inspired to compose a Bon dance piece that's sung in English, a piece with simple dance movements that would make it possible for folks of all ages to jump in, a piece that honors Hawaii, our home.

At Daifukuji, we are very fortunate to have Bon dance sensei Winifred Kimura and taiko sensei Akemi Iwamoto, whose dedication to their respective arts keep Bon dancing and taiko alive. We are also fortunate to have a sangha and many community friends who come out to support and enjoy this annual event.

Let's hope for a clear night of dancing & fellowship under the stars. May our Bon dance strengthen our community and bring joy to many. See you on the 8th of July! In gassho,

Rev. Jiko

Project Dana Program for Seniors

Kupuna and volunteers, please dress in red, white, and blue when you come to Project Dana on July 12.

Project Dana is open to temple members age 60 and up. Gatherings are held on the 2nd Wednesday of the month from 8:30 a.m. to noon. For more information, call Joyce at (808) 329-3833, Elaine at (808) 322-2084, or Rev. Jiko at (808) 322-3524. We'd love to have you join the fun!



Complimentary Lunch Coupon for Members of Daifukuji Soto Mission

Present this coupon at the Daifukuji Open House to receive free burgers, drinks, and shaved ice for you and your family.

SUNDAY, AUGUST 20, 2017 10 a.m. - 1 p.m.

Name	
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Making Kampyo (Dried squash)

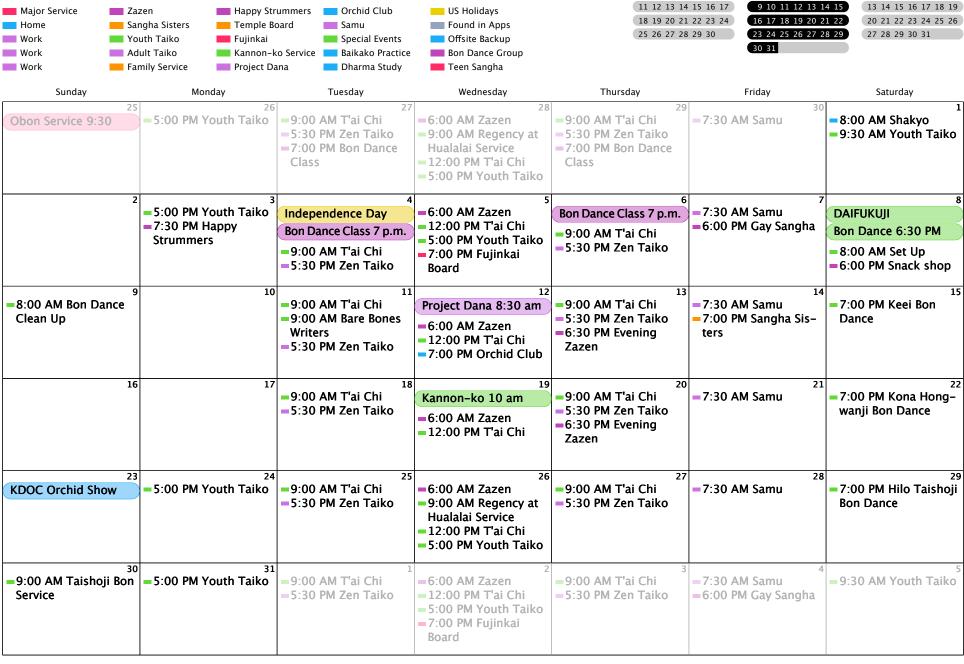
Gladys Arase & Elsie Mochizuki

- 1. Cut yugao squash into round disks that are about 1 1/2 inches in width.
- 2. Remove skin with a knife.
- 3. Using a knife, peel squash in a spiraling manner, going round and round all the way to the seeds in the center of the disk. Discard the seed section. You will have a number of squash strips of varying lengths.
- 4. Dry yugao strips using one of the following ways:
 - in a dehydrator at 130 degrees for 2 3 hrs.
 - in the oven at 130 degrees for 2 3 hrs.
 - hang on clothes line to dry...1 day
- 5. Bag dried strips. Place bag in refrigerator or freezer for later use.
- 6. The dried strips can be cooked and used in any recipe that includes kampyo, such as sushi and konbu maki (rolled kelp).

Cooking Kampyo for use in rolled sushi

- 1. Soak desired number of dried strips in water until soft. Drain.
- 2. Make a broth (dashi) to which you may add sugar, mirin, and soy sauce in desired amounts. Add the kampyo strips.
- 3. Simmer over medium heat until the liquid has been absorbed into the strips. Your kampyo is now cooked and ready to be used in your recipe.

July 2017



June 2017

SMTWTFS

4 5 6 7 8 9 10

1 2 3

July 2017

SMTWTFS

2 3 4 5 6 7 8

August 2017

SMTWTFS

6 7 8 9 10 11 12

1 2 3 4 5