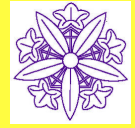


Daifukuji Soto Mission

Rising Like a Lotus



79-7241 Mamalahoa Hwy., Kealahou, HI 96750

June, 2021

(808) 322-3524 www.daifukuji.org

See "archives" on our website for previous newsletters.



Welcome back, Daifukuji Fujinkai!

Oh, what a wonderful reunion it was for the members of the Daifukuji Fujinkai Women's Association who attended a Fujinkai-sponsored Mother's Day service on May 9th! For some, it had been over a year since they had seen their friends. With the vast majority of Fujinkai members fully vaccinated, an in-person gathering of limited size had at last become possible.

To open the service, Fujinkai president Joyce Yuko St. Arnault warmly welcomed the women, who had each been greeted with a fresh flower lei, strung the day before by Joyce herself. She commented on how heartwarming it was to see everyone, including the Fujinkai's two centenarians, Fujiko Akamatsu and Faye Osako.

One could feel the sparkling energy of happiness pervade the room. Sitting before the Buddha with palms in *gassho*, Fujinkai members were together at last. In her address, Rev. Jiko expressed her joy at seeing everyone and remarked that the Daifukuji Fujinkai would emerge from the pandemic with renewed faith and vitality, as well as a fresh vision to bring in new members and do good works to benefit both temple and community.

Women age 18 and up interested in joining the Fujinkai are asked to contact Merle (808) 323-3553, Joyce (808) 329-3833, or Rev. Jiko (808) 322-3524.



Obon Greetings from Rev. Jikō

Dear Daifukuji members and friends,

Deacon Jikai joins me in sending you warm summer greetings, along with good wishes for a peaceful Obon. This will be another quiet summer without Bon dances. However, our ancestors will not be forgotten. Bon services will be held with prayers dedicated to family ancestors and departed loved ones, making this the season of remembrance that it has always been. All are invited to watch Daifukuji's Bon service on June 27, which will be live-streamed. (See page 3.)

Because of the horrible toll that it's taken on human life, I sense that the pandemic has caused a shift in human consciousness. Personally, it's helped me move from a local mindset to a global one. I no longer think of Daifukuji being a somewhat isolated temple on an island in the Pacific Ocean. Particularly with the advent of Zoom, I feel that our Daifukuji sangha is truly connected to a great global sangha that spans the planet.

The May We Gather National Buddhist Memorial Ceremony for Asian American Ancestors, live-streamed from the Higashi Hongwanji in Los Angeles on May 4th, was a reflection of this great global sangha. Its message of healing, peace, and compassion in a world afflicted by racial tensions continues to reverberate in my heart-mind much like the lingering sound from a large temple bell. I did not know beforehand that my grandfather Kanسابuro Oshima's story would be told and that he would be remembered among those who lost their lives through racial and religious animus. At the end of the ceremony, I was moved by the sight of Buddhist priests from various traditions, literally connected to each other by threads, exiting the temple. If you missed the ceremony, you can watch it on YouTube.

A positive consequence of the pandemic is that it has accelerated the popularity of online events which bring people together for good purposes. I am seeing this in the work which I am doing for the Hawaii Association of International Buddhists (HAIB), which is offering a free Vesak Day online event on May 26. This event is a wonderful opportunity to listen to talks given by two Theravadan Buddhist teachers. (See flyer on page 10.) The more we listen, the more we understand; the more we understand, the greater our compassion and appreciation for people, cultures, and traditions different from our own.

We can be both local and global at the same time. Daifukuji is a local temple with unique qualities. Like other Hawaii Buddhist temples, our practices reflect the people, culture, and ethnic traditions of Hawaii. At the same time, we are part of a vast global network of sanghas. This pandemic is showing us that we are a node in an intricate web that binds the universe together and that what we do at our small country temple in mauka Kona affects the entire web. Our love, aloha, and respect for each other do make a difference. May our practice be of benefit to all beings throughout the world.

Dear friends, please take care and have a safe and pleasant summer. Thank you very much for your love and kindness.

In gassho with warm aloha to all,
Jiko Nakade



Honoring Our High School Graduates

Graduates of the Class of 2021, who are the children and grandchildren of Daifukuji members, have been invited to a blessing to be held on Sunday, May 30. To date, the following graduates will be attending the blessing:

D'Marco Mireles, son of Carlo and Jane Mireles

Sarah Kimura, daughter of Dr. Bradon Kimura and Lisa Taniguchi

Sangha members are welcome to drop off gifts, leis, and cards for the graduates prior to May 30. Please call Rev. Jiko at (808) 322-3524 to arrange a time.

Toba Memorial Dedications for Obon

Due to seating capacity limitations, only Hatsubon families have been invited to Daifukuji's Obon service on June 27. We ask for everyone's understanding during this time when Covid restrictions are still in place.

All are invited to view this service, which will begin at 10 a.m. HST and will be live-streamed via Daifukuji's YouTube channel. <https://www.youtube.com/c/DaifukujiSotoZenHawaii>

The Dharma message will be given by Reverend Shinsho Hata from Hilo Taishoji Soto Mission.

Once again this year, Rev. Jiko will be preparing an o-toba (large toba) for each of the Hatsubon deceased. Daifukuji members and friends are invited to submit requests for ko-toba or small toba., which are done on paper. A donation of \$5 per ko-toba is requested.

An order form was included in last month's newsletter. Please contact the temple should you need a form. info@daifukuji.org, (808) 322-3524

This Obon, our sangha will be honoring the following deceased members for whom this will be a first Obon:

Yaeko Hakoda

Ernest Teshima

Tsuru Arakaki

John McLaughlin

Larry Sasaki

Naoko Ide

Sachiko Harai

Morris Ota

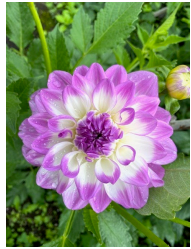
Yayoko Inaba

Amy Nishimoto

Charles Chuck Koseda

Sadly, this will be another year without a Daifukuji Bon Dance.

Welcome, New Members



With warm aloha, our sangha welcomes the following new members:

Marlo & Dwayne Ota

New members are always welcome. For membership information, please visit our website http://www.daifukuji.org/membership_brochure.pdf. or send an email to info@daifukuji.org.

Kannon-ko Services to Resume in July

Wednesday, July 21

10:00 a.m.



Starting July 21, Kannon-ko services will once more be held on the third Wednesday of the month starting at 10 a.m.

All are invited. Masks and social distancing are required. For now, no refreshments will be served.

A Report from the Daifukuji Board of Directors

by Steve Hoshin Mann, Corresponding Secretary

The Daifukuji Board of Directors met, as it has every month during the pandemic, via Zoom, on May 6.

Wade Yasuda gave a presentation on the workings and status of the Legacy Endowment Fund. It is growing well; he suggested that we leave the funds in it for now, since the Building Fund has a good balance for current projects.

The Board has been evaluating options and bids for replacing the paneling and screens in the Social Hall during our shutdown period. We decided to tap the Building Fund to install paintable smart panels, with members Kai Ioh and Bobby Command authorized to finalize arrangements with contractor Glenn Uchimura. (When the time comes, we expect to solicit volunteers to do the prep and the painting, in order to keep costs down.)

Work continues on the orchard space; a fence will be installed where it rises to meet the cemetery road. The Gift Shop / basement entry area has a new railing and gate, and will get gravel fill to keep it safe and dry. A rotating group of volunteers is doing regular fire ant treatments. Harold Jiho Hall solicited feedback as the work of the Long Range Planning committee gets underway.

As more activities resume at the temple, we decided to keep the mask requirement and group size limits in place, following the most conservative advice, probably for the next few months. Again this year, in-person Obon observance will be limited to the hatsubon families. There will be no Bon dance.



June Programs

Zazen - Wednesday morning zazen and service is being offered both in-person and via Zoom from 6 a.m. - 7:20 a.m. Participants are requested to arrive at 5:45 a.m. Masks are required.

The twice-a-month Thursday evening service and zazen (**June 10 & June 24**) will continue to only be offered via Zoom from 6 p.m. - 7:20 p.m. until further notice. Contact Rev. Jiko to receive the ZOOM link, (808) 322-3524, info@daifukuji.org.

Zoom Dharma Study: Zen Seeds

We are reading the book *Zen Seeds: 60 Essential Buddhist Teachings on Effort, Gratitude, and Happiness* by Shundo Aoyama Roshi. Facilitated by Rev. Jikō, these weekly Dharma sessions offer participants a chance to read the material and share their thoughts, reflections, and life experiences in an online atmosphere that is kind, respectful, and compassionate.

One may join either group 1 or group 2.

Group 1: Tuesdays from 3:00 - 4:00 p.m.

Group 2: Saturdays from 8:00 - 9:00 a.m.

Books are available through the Daifukuji Gift Shop at the special price of \$10 for class participants. Those living outside Kona may order the book online. For more information or to join, please contact Rev. Jikō at (808) 322-3524, rev.jiko@daifukuji.org.

Donations to Daifukuji Soto Mission are appreciated and may be given through the temple's website: <http://www.daifukuji.org/donation/index.html> or mailed to Daifukuji Soto Mission, P.O. Box 55, Kealakekua, HI 96750.

Sangha Sister's Women's Spirituality Circle - Meetings are held on the second Friday of the month at 7:00 p.m. Call Susie at (808) 936-5817 for information.

Bare Bones Writers Group - Meetings are held on the second Tuesday of the month at 9:00 a.m. Call Kathryn at (808) 345-2976 for information.

Daifukuji Yoga - Please see page 6 for information on both in-person yoga and yoga by Zoom.

Yoga Classes

In-person Yoga at Daifukuji

Hatha Yoga by donation offered Mondays 8:30-9:30 am. inside the Daifukuji Social Hall. Please bring yoga mat, blanket, water, and any other props you like to use. Mask, temperature check, & social distancing required. Arrive 10 minutes early to sign in and complete a waiver.

Call or text questions to Liz, 808-345-1127.

Zoom Yoga June 10 - July 15

Thursdays from 8:00 - 9:00 a.m. HST

Welcome warmup from 7:45 - 8 a.m. HST. Optional chat from 9:00 - 9:20 a.m. HST.

Drop in or whole series.

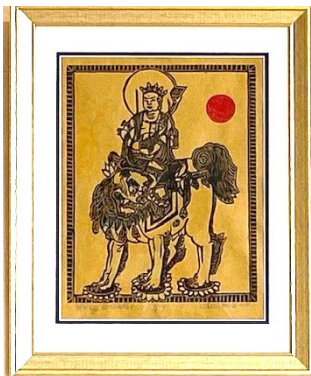
What's needed: Yoga mat, loose clothing, water, towel, empty stomach

"Dana"=Temple Offering by mail or at: <http://www.daifukuji.org/donation/index.html>

Suggested Sliding Scale for 6 classes: \$60 to \$120, as a "Love Offering" from your heart.

Instructor: Ambika "Jō-An" Rose For inquiry: (808) 430-2620

Email for Registration & Zoom Link: ambikarose@hawaiiantel.net



Bodhisattva of Wisdom

No Zen meditation hall is complete without an image of Monju Bosatsu, the Bodhisattva of Wisdom. Thanks to the generosity of artist Faith Stone, our Kannon meditation hall is now graced by a gold woodblock print of the bodhisattva riding a lion.

A member of our temple, Faith Stone has a personal mission to revive the art form of Buddha woodblocks. She uses Japanese *mokuhanga* printing methods, merging Japanese and Tibetan styles with contemporary influences.

Monju Bosatsu, known as Manjusri in Sanskrit, is portrayed holding a sutra and a sword. The sutra represents the teachings and the sword cuts through delusion. The lion represents the wild and untamed mind, which is subdued by practicing the Buddhadharma and cultivating wisdom.

Faith Stone's books and works of art are available for sale in the Daifukuji Gift Shop. We thank Faith for her generosity to our temple.

Soleful Strutters Walking Moai

by Hannah Horan Israel

Aloha,

It is time to dust off our walking shoes and find our Blue Zones tee shirts because we have been given permission to resume our weekly Soleful Strutters' Walking Moai. On Tuesday, May 4, 2021 the group began meeting at 8:30 a.m. at Daifukuji. Everyone was so very happy to be doing T'ai Chi and walking once again.



Due to Daifukuji pandemic restrictions, wearing a mask, social distancing, using hand sanitizer, temperature checks, and having outside activities are still required to safely meet at this time.

You probably recall that the Daifukuji Blue Zones Walking Moai began in early 2018 when Reverend Jiko and Jien McLaughlin formed a Wellness Committee to explore the idea of becoming Blue Zones recognized. The Committee along with the guidance of Kirstin Kahaloa, the West Hawaii Community Lead for Blue Zones, directed the effort.

The Blue Zones Project message of Live Longer Better inspired Daifukuji to strive to become Blue Zones Project approved, but first 32 out of 49 pledge requirements had to be completed. Not surprisingly, Daifukuji met many of those requirements, but to complete the recognition, Kirstin suggested that we form a walking moai, which would help us obtain a healthy lifestyle by walking but also to help create new friendships and strengthen existing ones.

Daifukuji responded wholeheartedly. Dedicated friends willingly met every week for ten weeks to exercise and socialize together. The group decided upon the group name *Soleful Strutters*. In addition to walking together, Kindness Israel led the group in a T'ai Chi warm-up, which quickly became an essential part of the Soleful Strutters program.



Kirstin Kahaloa supplied us with Blue Zone tee shirts and other goodies to keep us encouraged. And on April 8, 2018, Daifukuji received approved status from the Blue Zone Project. Daifukuji was the first faith-based organization in West Hawai'i to receive this recognition in the state of Hawaii.

And since that time, with the exception of last year's pandemic restrictions, the Soleful Strutters Walking Moai has remained active. We are so thankful to be together again after such a long absence. Thank you to all who make Soleful Strutters a resounding success.

If you would like to join the Soleful Strutters in our weekly exercise, please feel free to do so. For additional information or questions, please contact Hannah Israel at 408-421-8845 or Reverend Jiko at 808-322-3524.

*A night full of rain
Now diamonds sit quivering
Buddha's reflection.*

~ MaryAnne Seibert ~



Dropping the Self

by Michael Keller

I am a member of the dharma-study Zoom group that is reading *Zen Seeds*. There is an essay in that book that many in the group were drawn to called “Everyone is in the Palm of the Buddha’s Hand.” The essay says that to realize that we are in the Buddha’s hand is to feel that we are sustained through life by a supportive and benign force, “the great lifeforce of the universe.” The essay continues that we become aware of this force when “the frame around the self is removed.” The essay ends with a quote from Dogen’s Genjo Koan about forgetting the self.

This essay from *Zen Seeds* got me to thinking about the centrality of dropping the self in spiritual practice. Eroding the habitual idea of selfhood is embraced by the major mystical religions that I have some familiarity with. From the tradition of Soto Zen, Keizan, who is considered its “Great Patriarch,” says, “If you want to reach the true path clearly, you should give up your idea of self.” Within mystical Christianity, Meister Eckhart says to his assembled monks, “I must sometimes point out that the soul wanting to perceive God must forget itself and lose itself.” In the Hindu tradition, Nisargadatta, speaking of the core of spiritual practice, says, “All you need to do is to cease taking yourself to be within the field of consciousness.” In mystical Islam or Sufism, only when the idea of selfhood drops from the mind does the Friend, or Allah, enter the heart and fill it with love and bliss.

In the view of Adjashanti, a contemporary Zen teacher, enlightenment and dropping the self are synonymous. Adjashanti considers enlightenment, or awakening, to be the realization of non-separateness, and he says it occurs simultaneously with the disappearance of the idea of oneself from the mind. Of both “the oneness” and “the nothingness,” he says, “It all exists simultaneously.”

In Zen Buddhism, especially in Rinzai Zen, enlightenment is often spoken of as sudden. However, I suspect that far more often enlightenment, or dropping the self, is a gradual experience that occurs over the lifetime of a meditator. This gradual process is described by Nisargadatta, who says, “The dissolution of personality” is “like washing printed cloth. First the design fades, then the background, and in the end the cloth is plain white.”

To get to “plain white” may not happen in one’s lifetime, or it may happen and one not recognize it. Dogen says, “When buddhas are truly buddhas they do not necessarily notice that they are buddhas.” In other words, when the self is dropped, you just don’t think about yourself.

In my own experience, I have found that it is enough just to know the importance of dropping myself. I can work on it only in the casual way of waiving off self-preoccupation if I find myself engaging in it. Aside from this, I try to leave it to zazen to do the work for me and to remind myself of the advice of Thich Nhat Hanh: “Each seed ripens in its own time.” As the process of forgetting the self gradually unfolds, whether there is some grand culmination or not, the zazen practitioner feels lighter and freer, and there is always a gain.



Gift Shop News

by Clear Houn Englebert

The gift shop will reopen—we don't know quite when yet, probably sometime this fall. In preparation for that we have calendars ordered—all the usual calendars, but in smaller quantities. The shop is spiffed up with new merchandise and some sections rearranged. We have a new section of Daifukuji items—cards, and other smaller items. (The temple t-shirts are still on the shirt rack.)

When we do reopen we'll celebrate with a special sale—all the non-Daifukuji cards will be 25% off and all the butsudans (home altars) will also be 25% off. The shop has accounts with the major Buddhist publishers such as Shambhala, Wisdom, and Parallax and they offer us generous discounts with no shipping charges. We pass that on to customers by offering their books at 25% off as our everyday price. That includes most of Thich Nhat Hanh's books.

Not only is the interior of the shop spiffed up, but also the area just outside the shop. It's been a little unsightly for awhile, but that's rapidly changing. Come see how nice it all is! You don't have to wait to shop—just call Barb Shoshin at (808) 936-0198 to make an appointment.

Library News

by Clear Houn Englebert

Sangha members, as well as members of temple groups, may call the temple at (808) 322-3524 to make an appointment to use the library. Here are the new arrivals:

"*Jizo Bodhisattva*" by Jan Chozen Bay is a nice explanation of this much-loved bodhisattva who is the guardian of children and travelers.

"*Luminous Emptiness*" by Francesca Fremantle is subtitled: *Understanding the Tibetan Book of the Dead*.

"*Preparing to Die*" by Andrew Holecek is a practical book, telling you what to do as you die, as well as what to do for others as they die. It also covers what to do after you die and what to do for others after they die. And there are sections on practical matters such as care for the body, burial, the death of a pet.

"*Zen Buddhism in the 20th Century*" is by Heinrich Dumoulin who is a well-respected scholar. It's very interesting to note that Dogen was basically "rediscovered" in the early 1920's.

"*Selling Water by the River*" by Jiyu Kennett is the original book that came out in 1972 and it is what led me to become a Buddhist.

"*Buddhist Texts Through the Ages*" edited by Edward Conze and Arthur Waley is a classic.

We have two new DVDs, both by John Bush: "*Journey into Buddhism: Prajna Earth*" and "*Journey into Buddhism: Vajra Sky Over Tibet*".



**Hawaii Association of
International
Buddhists**

“Unity in Diversity”

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Immediate Past Pres.
Margery Hamai
Vice President
Rev. Jiko Nakade
Secretary
Rev. Steve Toyoshima
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Thanh Huynh
Xuan Huynh
Co-Directors of
Buddhist Education
Joel Merchant
Lila Edwards
Director of Community
Relations & Membership
Poranee Natadecha-
Sponsel
Co- Directors of
Peace Activities
Rene Mansho
Roger Epstein

HAIB

**1170 Nuuanu Ave.
P.O. Box 37633,
Honolulu, HI 96837**



You're Invited!

**EVENT: “UNITED NATIONS INTERNATIONAL
DAY of VESAK”**

DATE: Wednesday, May 26, 2021

**TIME: 7:00 – 8:30 PM HST
10:00-11:30 PM PST
Thailand, 12:00-1:30 PM (May 27, 2021)**

PLACE: Zoom - FREE EVENT

REGISTER: <https://forms.gle/3E2swnGahKriwAHS9>

Please join us in commemoration of Buddha’s birth, enlightenment, and passing on the brightest full moon night in May. In 1999, the United Nations acknowledged Vesak Day internationally and recognized the contributions of Buddhism, in promoting peace for over 2,500 years.

PROGRAM

**Dharma Talks: “The History and Meaning of Vesak” by
Venerable Bhikkhunī Tathālokā Mahātherī**

An American-born fully ordained as bhikkhunī upasampadā, researches on Buddhist Environmentalism and HerStory, founder of Dhammadharini Sonoma Mountain Bhikkhuni Monastery, Northern California

**“Walk of Life” by
Venerable Bhikkhu Lynk Nattalakano**

A successful Thai architect in the US and in Thailand who left his profession to seek dharma in a strict Theravada monastic living, an author of Thai language dharma book (318p) with his own illustrations, available in prints and online at no cost

Please register by **May 22, 2021**. Zoom link will be sent to you on **May 24th**. We hope to see you and your friends and families to celebrate Vesak Day!

For information: rev.jiko@daifukuji.org
Ph: 808-322-3524





79-7241 Mamalahoa Hwy, Kealahou, HI 96750 (808) 322-3524



KONA DAIFUKUJI "ZOOM" YOGA^{5.13.21}

6 Thurs. 8-9 am HST June 10, 17, 24 July 1, 8, 15

- 7:45 – 8 am HST Welcome Warmup
- 8:00 – 9 am "ZOOM" YOGA!
- 9:00 – 9:20am Chat (optional)
- 1:45 – 2 pm EST
- 2:00 – 3 pm
- 3:00 – 3:20 pm

**Open to: Members, Kona Community and ALL
Beginners & Experienced WELCOME!**

@Drop in or Whole Series@

EnErGy is our focus, so move to your body!

Consciously Crossing over to the Inner Source of Self!

Bring: Yoga mat, loose clothing, H2O, & towel, empty stomach

"Dana" = Temple Offering by mail or at: <http://www.daifukuji.org/donation/index.html>

Email for REGISTRATION & Link: ambikarose@hawaiiantel.net



Instructor: Ambika "Jō-An" Rose

I have taught yoga for 44 years. The "Style" is **Amrit Yoga** an authentic, meditative exploration of Shakti [Chi] Energy through intention, breath, alignment, extension & movement. Following postures, we pause: relax, breathe, and "let go!" We **EXPLORE ENERGY!** For inquiry: **808-430-2620** 5.13.21

June 2021

May 2021							June 2021							July 2021							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
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23	24	25	26	27	28	29	27	28	29	30				25	26	27	28	29	30	31	
30	31																				

- Adult Taiko
- Family Service
- Major Service
- Home
- Work
- Kannon-ko Service
- Project Dana
- Zazen
- Sangha Sisters
- Youth Taiko
- Baikako Practice
- Dharma Study
- Happy Strummers
- Temple Board
- Fujinkai
- Bon Dance Group
- Teen Sangha
- Orchid Club
- Samu
- Special Events
- Offsite Backup

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 Blessing of Graduates	31 8:30 AM Yoga with Liz 5:00 PM Youth Taiko	1	2 6:00 AM In-person & Zoom Zazen 10:00 AM Zoom Dharma Study 5:00 PM Youth Taiko	3 8:00 AM Zoom Yoga with Ambika 7:00 PM Temple Board	4 8:00 AM Samu	5 8:00 AM Zoom Dharma Study 9:00 AM Youth Taiko
6	7 8:30 AM Yoga with Liz 5:00 PM Youth Taiko	8 9:00 AM Zoom Bare Bones Writers 3:00 PM Zoom Dharma Study	9 6:00 AM In-person & Zoom Zazen 5:00 PM Youth Taiko	10 8:00 AM Zoom Yoga with Ambika 6:00 PM Zazen	11 8:00 AM Samu	12 8:00 AM Zoom Dharma Study 9:00 AM Youth Taiko
13	14 8:30 AM Yoga with Liz 5:00 PM Youth Taiko	15 3:00 PM Zoom Dharma Study	16 6:00 AM In-person & Zoom Zazen 5:00 PM Youth Taiko	17 8:00 AM Zoom Yoga with Ambika	18 8:00 AM Samu	19 8:00 AM Zoom Dharma Study 9:00 AM Youth Taiko
20	21 8:30 AM Yoga with Liz 5:00 PM Youth Taiko	22 3:00 PM Zoom Dharma Study	23 6:00 AM In-person & Zoom Zazen 5:00 PM Youth Taiko	24 8:00 AM Zoom Yoga with Ambika 6:00 PM Zazen	25 8:00 AM Samu	26 8:00 AM Zoom Dharma Study 9:00 AM Youth Taiko
27 10:00 AM Obon Service	28 8:30 AM Yoga with Liz 5:00 PM Youth Taiko	29 3:00 PM Zoom Dharma Study	30 6:00 AM In-person & Zoom Zazen 5:00 PM Youth Taiko	1 8:00 AM Zoom Yoga with Ambika 7:00 PM Daifukuji Board Meeting	2 8:00 AM Samu	3 8:00 AM Zoom Dharma Study 9:00 AM Youth Taiko