

Daifukuji Soto Mission

In the Light of the Hawai'i Kannon



79-7241 Mamalahoa Hwy., Kealahou, HI 96750

November, 2022

(808) 322-3524 www.daifukuji.org

See "archives" on our website for previous newsletters.

Daifukuji Soto Mission

Online Auction

Oct. 26, 2022 - Nov. 2, 2022

<https://www.32auctions.com/Tempkokua>

A fundraiser for the Daifukuji Soto Mission
For more information, call (808) 322-3524
www.daifukuji.org

Please tell family and friends about our fundraiser. Mahalo!

Donations of items are accepted October 13 - 23.

Auction is live online from October 26 - November 2. Use this link to see items and bid.
<https://www.32auctions.com/Tempkokua>

Item pick up by top bidders:

Nov. 4 11 a.m. - 2 p.m.

Nov. 5 10 a.m. - 2 p.m.

Nov. 6 11 a.m. - 2 p.m.

Questions? Contact Barb Bosz.

barbarainkona@gmail.com

808-987-2673, text & phone



Greetings from Rev. Jikō

Dear Sangha members and friends,

During this season of Thanksgiving, I send each one of you an ocean of thanks and a mountain of mahalos. Our temple is filled with light because of you. Our Buddhist practice is steady because of you. Our commitment to serving our community is strong because of you. We are a diverse and caring sangha 'ohana because of you.

Thank you for generously supporting Daifukuji Soto Mission with your love and aloha. May the Buddha, Dharma, and Sangha illuminate your lives and bring you peace. I wish you a happy Thanksgiving and look forward to seeing many of you at our Thanksgiving service on November 20th.

In Gassho,

Jiko Nakade



Thanksgiving Service

Sunday, November 20

10:00 a.m.

All are invited to Daifukuji's Thanksgiving service. The Dharma message will be given by Rev. Jikō.

The service will be followed by light refreshments. Flowers for the altar are appreciated and may be delivered the morning of Friday, November 18.

We are collecting donations of canned foods for the Hawaii Island Food Basket.

The temple's gift shop will be open before and after the service.

Temple & Grounds Clean Up

Sunday, November 27

8:00 a.m.

Members and temple groups, please pitch in and lend a hand on November 27. Please help clean our temple, halls, columbarium, and grounds in preparation for Bodhi Day and the new year.

We will begin with a short blessing inside the temple at 8:00 a.m. Please bring rags, buckets, garden tools and gloves, all labelled with your name. Any amount of time you can contribute would be very much appreciated. Refreshments will be provided.

Questions? Please call Shaun at (808) 936-9815.

In Memoriam



We wish to express our deepest sympathy to sangha members who have recently lost loved ones.

Nathan Sasaki, beloved son of Donald & Diane Sasaki
September 16 Age 2

Raymond Yanagi, beloved husband of Doris Yanagi
September 18 Age 93

Makoto "Mac" Morihara, beloved husband of Sumiko Morihara
September 21 Age 93

Namu Kanzeon Bosatsu

Videos

We are sorry to announce that there will be no *mochitsuki* (mochi making) again this year. If you'd like to make your own mochi, Rev. Jiko's video "An Easy Way to Make Mochi for the New Year" is available on YouTube:

<https://www.youtube.com/watch?v=dJno1VdIOwE>

Rev. Jiko's talk "The Healing of Intergenerational Pain," given at the Daruma-ki Service, is also available on YouTube:

<https://www.youtube.com/watch?v=RH0gq8PqbYI&t=320s>



Gift Shop News: Mugs and Cards

Tina Cintron's artwork from The 33 Kannon Triptych is featured on new greeting cards. The cards are in beautiful color and they are only \$2 each. More of Tina's artwork from the Triptych is on ceramic mugs, which are \$15 each.

The Gift Shop is open on Fridays from 10 a.m. to 1 p.m. and on Saturdays from 11 a.m. to 2 p.m. It is also open before and after major monthly services. <http://www.daifukuji.org/giftshop.html>



The Fujinkai's Autumn Field Trip

by Lorraine Jitoku Tanimoto, Fujinkai field trip coordinator

On a sunny, humid Saturday morning, twenty-nine Fujinkai members and guests visited a vanilla farm called The Vanillerie, located on six acres overlooking the Ellison Onizuka Kona International Airport.

Upon arrival, we were divided into two groups and were guided into four shade houses where there were thousands of vanilla vines wrapped around tall poles providing support, water, and nutrients to the plants. Many vines carrying sprouts of vanilla beans reached the top of the shade houses. We were told that, typically in the spring, each vanilla flower blooms once and only for a few hours. During this short window of time, the blooms must be found and pollinated by hand. It was a learning experience to see first hand the processing of vanilla and to find out that Hawai'i is the only state that grows vanilla commercially. A fitting ending to our tour was savoring vanilla ice cream made for The Vanillerie and only sold there.

After the tour many enjoyed shopping in the gift shop, which sold everything from vanilla body wash to do-it-yourself vanilla extract kits. Also enjoyed were the bento lunches which were consumed on picnic tables inside the shade houses.

To sum everything up, our field trip was wonderfully "vanillerie." Mahalo to the drivers who volunteered driving members that day and to Merle Uyeda for taking care of lunch.





November Programs

New time! Art meditation Shakyo (Tracing the Sutras) & Shabutsu (tracing pictures of buddhas) - Saturday, November 12 from 9:30 a.m. to 11:00 a.m. All are welcome. By donation.

Zazen - Zazen is offered in person and via Zoom every Wednesday and Friday from 6:00 a.m. - 7:00 a.m. On Wednesdays, zazen is followed by 20 minutes of chanting. Practitioners are asked to arrive at 5:45 a.m. Contact Rev. Jiko at rev.jiko@daifukuji.org to receive the Zoom link for zazen sessions.

Daifukuji Gay Sangha - 1st Friday of the month at 5:30 p.m. Meditation and discussion. All are welcome. For information, call Clear Houn at (808) 328-0329.

Sangha Sisters Women's Spirituality Circle - Meetings are held on the second Friday of the month at 6:00 p.m. Call Susie at (808) 936-5817 for information.

T'ai Chi - Tuesdays - Beginners, Wednesdays - Intermediate, Thursdays - Advanced. All classes are one hour and start at 9:00 a.m. inside the Hisashi Kimura Cultural Hall. \$5.00 per class. Call instructor Philip Kakuho Hema : (808) 345-1492.

Soleful Strutters - T'ai Chi warm-up and walking on temple grounds at 8:30 a.m. on Tuesdays. For information, please contact Hannah Israel at (408) 421-8845 or Reverend Jiko at (808) 322-3524.

Yoga — Mondays from 8:30 - 9:30 a.m. in the Hisashi Kimura Cultural Hall. No fee, but donations accepted. Bring a mat or towel. Call instructor Liz Aschenbrenner: (808) 345-1270 or liz217a@hotmail.com. Note: No class on November 14

Yoga via Zoom (November 3 - December 15) 6-week series

Thursdays from 8:00 - 9:00 a.m. HST. Welcome and Warm-up from 7:45 - 8 a.m. HST. ZOOM Yoga from 8:00 - 9:00 a.m. HST. Optional Chat from 9:00- 9:20 a.m. Drop in or whole series. What's needed: Yoga mat, loose clothing, water, towel, empty stomach. "Dana"=Temple Offering by mail or at: <http://www.daifukuji.org/donation/index.html>.

Instructor: Ambika "Jō-An" Rose, who has been teaching yoga for 45 years. For inquiry about this series and future yoga classes: (808) 430-2620. Email for Registration & Zoom Link: ambikarose@hawaiiantel.net.



Meditation for Teens

A Break From All the Noise: Peaceful Moments for Middle and High School Students

Two Sundays a Month from 10 a.m. to 11:15 a.m.

October 16, November 6, November 13, December 4, December 18

- Learn to meditate and become friends with silence.
- Practice slowing down and relaxing into the present moment.
- Develop skills for mindful listening, mindful speech, mindful actions.
- Ask questions in a safe, non-judgmental group setting facilitated by Rev. Jikō.
- Interact with other youth through projects & discussions.
- Have an opportunity to join the Y.B.A. (Young Buddhist Association)
- Bring a friend.

For more information or to register, contact Rev. Jiko at (808) 322-3524, rev.jiko@daifukuji.org. Parents are welcome to attend.

In person and on Zoom



Rohatsu Sesshin to be Held December 1 - 8

Morning zazen (Dec. 1-8) 6:00 a.m. - 7:20 a.m.

Evening zazen (Dec. 1-7) 6:00 p.m. - 7:00 p.m.

The Rohatsu Sesshin is a period of meditation that honors the Buddha Shakyamuni's enlightenment, which in Japanese Buddhism, is observed on the 8th of December as Bodhi Day. Rohatsu means "the 8th day of the 12th month." In Zen, a *sesshin* is a period of intensive meditation. At Daifukuji, we'll be sitting in the morning and again in the evening. One is welcome to come to any number of sessions.

During this period of meditation which is held annually from December 1- 8, zazen & morning service will be held each morning from 6:00 a.m. to 7:20 a.m.

Zazen only will be held each evening from 6:00 - 7:00 p.m. from December 1 through December 7. Zafu (cushions) and chairs will be provided.

Please keep the following points in mind: plan on arriving at least 10 minutes early and be seated before the starting time. Should you arrive late, it is best to sit on a pew & join the group during *kinhin* (walking meditation). Please do not bring food, drinks, or electronic devices into the meditation hall. Please do not wear shorts or tank tops. Socks are okay.

The *sesshin* will end after morning service on December 8th and will be followed by breakfast. Questions? Please contact Rev. Jiko at (808) 322-3524 or rev.jiko@daifukuji.org.

Zazenkai Meeting and Vegetarian Potluck Breakfast

Wednesday, November 16

7:00 a.m. after zazen

Zazenkai members are invited. Topics of discussion include the Rohatsu Sesshin, Chenxing Han's lecture, and January's joint retreat. Paper goods will be available, but bring your *oryoki* if possible.



The Cause of Me

By Michael Keller

I saw a commercial a few days ago in which there was a young woman who jumped up exultantly and exclaimed, "I am the cause of me!" She had gotten this happy revelation. The commercial may have been for an ocean cruise of some sort, and the exultant young woman was to have realized that she was her own boss and could take such an adventuresome cruise if she wanted.

The idea that we are "the cause of me" won't survive much introspection. On an obvious level, we don't choose our nuclear family or the country in which we are born. Many years ago, having studied Buddhism for some time, I asked myself how I became a university English teacher. I discovered a web of factors, some having to do with innate proclivities and others with outside influences, none of which I had had any control over. These discoveries put completely out of the question that I could say "I am the cause of me" in respect to my profession as teacher.

The Hindu sage, Ramana Maharshi (d. 1950), said, ". . .The supreme power of God makes all things move." In the Christian tradition, the mystic, Julian of Norwich (d. after 1416), said that "God does all things, even the very least." In Buddhism, the principle of dependent co-arising, in my understanding, betokens the march of inevitable cause and effect through our lives entirely independent of "free" human agency. Aside from plain observation, there is a considerable weight of spiritual opinion against the notion that anyone is "the cause of me."

For some it is satisfying to think that we run our own lives, and they may bristle at the idea that we are not self-powered. Many zazen practitioners, though, probably sense the truth of the alternative, which is that we are other-powered. Another renowned teacher from the Hindu tradition, Nisargadatta (d. 1981), said that it is a sign of spiritual progress "when one stops thinking that one is living, and gets the feeling that one is being lived, that whatever one is doing, one is not doing, but one is made to do" As ego gradually becomes less pressing in the zazen practitioner, the truth of being other-powered becomes more apparent.



Twenty-two sangha members and friends participated in the “Ring Your Bell for Peace Day” virtual event held on September 21. Mahalo to Warren Ikeda for providing tech support.

Library News

by Clear Houn Englebert

Most of the new arrivals are by Thich Nhat Hanh:

Answers from the Heart: Practical Responses to Life’s Burning Questions

Thundering Silence: Sutra on Knowing the Better Way to Catch a Snake

Path of Compassion: Stories from the Buddha’s Life

Zen Keys: A Guide to Zen Practice

Under the Rose Apple Tree for adolescents

One Buddha is Not Enough: A Story of Collective Awakening

The Sun My Heart: Reflections on Mindfulness, Concentration, and Insight

Keeping the Peace: Mindfulness and Public Service

At Home in the World: Stories and Essential Teachings from a Monk’s Life

Hermitage Among the Clouds: A Historical Novel of Fourteenth Century Vietnam

Finding Our True Home: Living in the Pure Land Here and Now

The World We Have: A Buddhist Approach to Peace and Ecology

The other new arrivals are:

Tragedy of Okinawa, From Nameless Harbor: 33 Years of Hardship by Shigeo Nakasone, a resident of Kona.

Two issues of Zen Buddhist journals: *The Journal of the Order of Buddhist Contemplatives, 2010* and *The Journal of the Zen Mission Society, 1974*. They are unassuming treasures.

Report from the Temple Board

by Steve Hoshin Mann, secretary

The Daifukuji Board of Directors met Thursday, October 6 via Zoom.

We learned that Dr. Stephen Denzer and Dr. Robin Seto have retained artist Dawn Sagar to do the restoration of the social hall stage curtain.

We granted Hawaii Telecom an easement to run a guy wire down near the front north hedge to support a new utility pole.

We had already relaxed our COVID rules; we decided to take down the face shields at the podiums in the main hall. They remain available if a particular speaker should want to use them. Temple groups remain free to set their own COVID precautions.

Great news on the roof repainting: Our application for a \$100,000 grant to do the work has been approved by the Historic Hawaii Foundation. Thanks to Teri Jigen Hollowell, with an assist from Mary Kakuju Park, for handling the grant application. Work is scheduled to begin November 1. We're still waiting for materials to be available to complete repair of the handicap ramp. Stephen Shodo Tanaka and Kai Ioh will be working with the contractors to find a way to get that project moving.

We scheduled the New Year's party for January 29; this will also be the date for the Annual Meeting of the membership, with the installation of a new Board. Times and details will be worked out later.

Chenxing Han
Writing Refuge
Listening Refuge
Being Refuge

A lecture and book signing at Daifukuji (www.daifukuji.org) Saturday, Dec. 10 at 2:00

Chenxing will sign copies of her book ***Be The Refuge: Raising the Voices of Asian American Buddhists***

Photo Sarah Deragon

Chenxing Han's lecture on December 10 is being sponsored by Daifukuji Soto Mission and Kona Hongwanji Buddhist Temple. It is open to the public. 2 p.m. - 3:30 p.m.

We would love to have you join us in person. However, if you are unable to do so, Chenxing's talk will also be offered via Zoom to the first 100 attendees on a first-come-first-served basis. To receive the Zoom link, send an email to info@daifukuji.org.

Chenxing Han is a writer and chaplaincy-trained educator who speaks at Buddhist communities around the nation.

www.chenxinghan.com

November 2022

October 2022							November 2022							December 2022							
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30	31																				

- Sangha Sisters
- Youth Taiko
- Adult Taiko
- Teen Sangha
- Major Service
- Temple Board
- Fujinkai
- Kannon-ko Service
- Project Dana
- Zazen
- Samu
- Special Events
- Baikako Practice
- Dharma Study
- Happy Strummers
- Work
- Offsite Backup
- Bon Dance Group
- Orchid Club
- Family Service
- Major Service
- Home
- and 16 more...

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 ... Auction is Live!	31 ... Auction is Live! 8:30 AM Yoga with Liz 5:00 PM Youth Taiko	1 ... Auction is Live! 8:30 AM Soleful Strutters Moai 9:00 AM Tai Chi 6:00 PM Zen Taiko	2 ... Auction is Live! 6:00 AM Zazen & Service 9:00 AM Tai Chi 5:00 PM Youth Taiko	3 8:00 AM Zoom Yoga with Ambika 9:00 AM Tai Chi 1:00 PM Zoom Dharma Study 6:00 PM Zen Taiko 7:00 PM Temple Board	4 Gift shop 10am - 1 pm 6:00 AM Zazen 8:00 AM Samu 11:00 AM Auction Items Pick Up 5:30 PM Gay Sangha	5 Gift Shop 11am-2pm ... Auction Items Pick Up 8:00 AM Zoom Dharma Study 10:15 AM Youth Taiko
6 ... Auction Items Pick Up 7:45 AM Baikako Practice 10:00 AM Meditation for Teens 2:00 PM Happy Strummers	7 8:30 AM Yoga with Liz 5:00 PM Youth Taiko	8 8:30 AM Soleful Strutters Moai 9:00 AM Tai Chi 6:00 PM Zen Taiko	9 Project Dana 9:30 AM 6:00 AM Zazen & Service 9:00 AM Tai Chi 5:00 PM Youth Taiko 6:30 PM Orchid Club	10 8:00 AM Zoom Yoga with Ambika 9:00 AM Tai Chi 1:00 PM Zoom Dharma Study 6:00 PM Zen Taiko	11 Gift shop 10am - 1 pm 6:00 AM Zazen 8:00 AM Samu 6:00 PM Sangha Sisters	12 Gift Shop 11am-2pm 8:00 AM Zoom Dharma Study 9:30 AM Shakyō 10:15 AM Youth Taiko
13 10:00 AM Meditation for Teens	14 5:00 PM Youth Taiko	15 8:30 AM Soleful Strutters Moai 9:00 AM Tai Chi 6:00 PM Zen Taiko	16 Kannon-ko 10 am 6:00 AM Zazen 7:00 AM Zazenkaï Break-fast Meeting 9:00 AM Tai Chi 5:00 PM Youth Taiko	17 8:00 AM Zoom Yoga with Ambika 9:00 AM Tai Chi 1:00 PM Zoom Dharma Study 6:00 PM Zen Taiko	18 Gift shop 10am - 1 pm 6:00 AM Zazen 8:00 AM Samu	19 Gift Shop 11am-2pm 8:00 AM Zoom Dharma Study 10:15 AM Youth Taiko
20 Thanksgiving Service 10:00 a.m. 9:30 AM Gift Shop 11:00 AM Gift Shop	21 8:30 AM Yoga with Liz 5:00 PM Youth Taiko	22 8:30 AM Soleful Strutters Moai 9:00 AM Tai Chi 6:00 PM Zen Taiko	23 6:00 AM Zazen & Service 9:00 AM Tai Chi 5:00 PM Youth Taiko	24 Happy Thanksgiving!	25 Gift shop 10am - 1 pm 6:00 AM Zazen	26 Gift Shop 11am-2pm 8:00 AM Zoom Dharma Study 10:15 AM Youth Taiko
27 Temple Clean Up 8:00 a.m.	28 8:30 AM Yoga with Liz 5:00 PM Youth Taiko	29 8:30 AM Soleful Strutters Moai 9:00 AM Tai Chi 6:00 PM Zen Taiko	30 6:00 AM Zazen & Service 9:00 AM Tai Chi 5:00 PM Youth Taiko	1 8:00 AM Zoom Yoga with Ambika 9:00 AM Tai Chi 1:00 PM Zoom Dharma Study 6:00 PM Zen Taiko	2 Gift shop 10am - 1 pm 6:00 AM Zazen 8:00 AM Samu	3 Gift Shop 11am-2pm 8:00 AM Zoom Dharma Study 10:15 AM Youth Taiko



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79-7241 Mamalahoa Hwy, Kealahou, HI 96750 (808) 322-3524

🌸 2022 🌸

KONA DAIFUKUJI "ZOOM" YOGA 9.30.22

6 Thursdays 8-9 am HST Nov. 3,10,17 Dec. 1, 8, 15

- 7:45 – 8 am HST Welcome Warm-up
- 8:00 – 9 am "ZOOM" YOGA!
- 9:00 – 9:20am Chat (optional)
- 12:45 – 1 pm EST
- 1:00 – 2 pm
- 2:00 – 2:20 pm

**Open to: Members, Kona Community and ALL
Beginners & Experienced WELCOME!**

@Drop in or Whole Series@

ENERGY is our focus, so move to your body!

"Conscious Crossover" from timebound to timeless consciousness

Bring: Yoga mat, loose clothing, H2O, & towel, empty stomach

"Dana" = Temple Offering by mail or at: <http://www.daifukuji.org/donation/index.html>

Email for REGISTRATION & Link: ambikarose@hawaiiantel.net




Instructor: Ambika "Jō-An" Rose

I have taught yoga for 45 years. The "Style" is **Amrit Yoga** an authentic, meditative exploration of **Shakti [Chi] EnErGy** through intention, breath, alignment, extension & movement. Following postures, we pause: relax, breathe, and "let go!"
We **EXPLORE ENERGY!** For inquiry: **808-430-2620** 9.30.22

Chenxing Han

Writing Refuge Listening Refuge Being Refuge



A lecture and book signing open to the public at Daifukuji Buddhist temple Saturday, December 10 2:00-3:30pm HST

Chenxing will sign her book ***Be The Refuge: Raising the Voices of Asian American Buddhists.***

A writer and chaplaincy-trained educator who speaks at Buddhist communities around the nation, she is passionate about supporting young Asian American Buddhists in their creative and spiritual explorations. Learn more about her work at www.chenxinghan.com.

[Click to attend via zoom](#)
(Limited to first 100 attendees)

Event Sponsored by Daifukuji Soto Mission and Kona Hongwanji Buddhist Temple

Daifukuji is in Kona at 79-7241 Mamalahoa Hwy 808-322-3524

Photo by Sarah Deragon



the Gay Sangha

**a Buddhist group
open to all, with a
particular invitation to
gay women and men and
their families and friends**

**Daifukuji Soto Mission
Honalo, Kona
808-322-3524 daifukuji.org**

**Daifukuji Gay Sangha
808-328-0329**
Feel free to call, or join us there

**monthly meetings
first Fridays 5:30 to 7:30pm
meditation and discussion**