

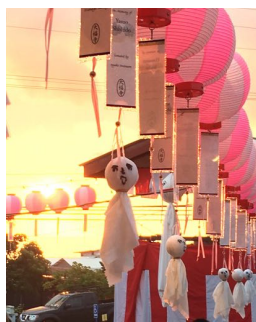


79-7241 Mamalahoa Hwy., Kealahou, HI 96750

June, 2018

(808) 322-3524 www.daifukuji.org

See "archives" on our website for previous newsletters.



Obon Service

Sunday, June 24 9:30 a.m.

Guest Speaker: Rev. Shinsho Hata

Throughout the summer season of Obon, Buddhists remember their departed loved ones and family ancestors with gratitude and offer prayers and toba in their memory. As a Sangha, we gather to offer our support to those who are observing their departed family member's first Obon or hatsubon.

The following are the names of the departed for whom this will be a first Obon:

Alfreida Fujita, Grace Miyamoto, Kaneyasu Enomoto, Susumu Oshima, Miyeko Miyose, Chizuko Kudo, Schayle Kigen Hanato-Wells, Howard Araki, Gilbert Ashikawa, Vivian Ontai, Eleanor Yokomoto, Tomeyo Torioka

All are invited to attend Daifukuji's Obon service on June 24th at 9:30 a.m. The Dharma message will be given by Rev. Shinsho Hata, minister of the Hilo Taishoji Soto Mission. Please join us and plan to stay for the fellowship luncheon following the service. If you'd like to help with the cooking, please contact Merle at 323-3553. Donations of desserts are welcome.

Donations of flowers are appreciated. Please drop off flowers by Friday, June 22.

Toba request forms are due June 1. Please see or call Rev. Jiko (322-3524) if you need a form. The form is available on the last page of the May newsletter and on the temple website. Go to www.daifukuji.org & click on "archives" to find the May newsletter.



June Dharma Programs

Dharma Study Classes - Tuesdays, June 5, 12, 19, & 26 4:00 - 5:00 p.m. Temple library

We meet to share our thoughts on the book *Mindfulness* by Domyo Sater Burk, a Soto Zen teacher at Bright Way Zen in Portland, Oregon. These sessions are open to all. Books are available for a special price of \$11. Call Rev. Jiko at (808) 322-3524 for further information.

Buddhist Movie “Ajanta: The History & Mystery” Thursday, June 21 7:00 p.m. Kannon Hall

The Ajanta Caves are a UNESCO World Heritage Site. 56 minutes. Bring a mug for tea.

Family Sangha Services: Sharing the Dharma with Children - Sunday, June 3 at 9:30 a.m. Child-friendly 45-minute services which include yoga, zazen, chanting, singing, & Dharma lessons. For children of all ages and their parents & grandparents. Note: The Family Sangha will be on summer break during the months of June & July after June 3. Family services will resume on **August 19**.

Zazen (Meditation)

* Every Wednesday morning from 6 a.m. - 7:20 a.m.

* Thursdays, **June 14 & June 28** from 6:00 p.m. - 7:20 p.m.

Both morning and evening sessions include a short service. Donations may be placed in the box on the incense table. All are welcome. Please arrive at least 5-10 minutes before starting time.

Shakyo & Shabutsu Art Meditation - Saturday, June 2 from 8:00 a.m. - 9:30 a.m.

Mindfully tracing the Heart Sutra & pictures of buddhas and bodhisattvas in silence unifies body, breath, and mind. All supplies provided. By donation.

Baikako Plum Blossom Choir Practice - Sunday, June 17 from 7:45 a.m. to 9:00 a.m.

The Gay Sangha - Friday, June 1 6:00 - 7:30 p.m.

A Buddhist group open to all, with a particular invitation to gay women and men and their families and friends. Meditation, kinhin, and discussion. Call (808) 328-0329 for information.

T'ai Chi

Every Thursday from 9:00 - 10:00 a.m. in the Hisashi Kimura Cultural Hall. Call instructor Philip Kakuho Hema for information: (808) 345-1492.



Soto Zen Buddhist Confirmation Ceremony to be Held

Sunday, June 3 3:00 p.m.

Daifukuji members **Harold Hall, Leilani Lewis, Donna Ryngala, Eliana Sattler, and Yukiko Tomidokoro** will be receiving the sixteen precepts along with their Buddhist names in a Soto Zen Buddhist Lay Confirmation Ceremony officiated by Rev. Jiko and assisted by Deacon Jikai Nakade on Sunday, June 3rd at 3:00 p.m.

Sangha members and friends are cordially invited to attend the ceremony.

Temple & Grounds Clean Up

Saturday, June 23 8:00 a.m.



Members and temple groups, kindly lend us a hand in cleaning our temple and grounds for O-Bon. We'll begin with a short meditation inside the temple at 8:00 a.m.

Please bring rags, buckets, gloves, and garden tools labelled with your name. Refreshments will be provided.

Any amount of time that you are able to offer will be appreciated. These big clean up days are held twice a year and many volunteers are needed. Questions? Call Shaun at 936-9815.

Baika for Beginners



The Daifukuji Baikako Plum Blossom Choir, will be starting Baikaryu Eisanka (Buddhist hymns sung with bell accompaniment) classes for beginners in the fall of this year. Classes will be taught by Michiko Enomoto. The ability to read Japanese is useful, but not required. Our Daifukuji Baikako offers soothing Buddhist music at major services & funerals.

If you are interested or would like more information, please contact Rev. Jiko at (808) 322-3524 or rev.jiko@daifukuji.org. You may also visit: <https://global.sotozen-net.or.jp/eng/practice/baikaryu/index.html>.



Soleful Strutters Reach Ten-Week Goal

by Hannah Horan Israel, Moai Leader

In our May newsletter, we learned that Daifukuji became the first faith-based organization in West Hawaii to receive the Blue Zones Project approved status. Back in March under the direction of Reverend Jiko and Kirstin Kahaloa, the Community Engagement Lead with the Blue Zones Project, we formed a Walking Moai to assist Daifukuji in becoming Blue Zones Project approved. Our goal was to complete ten weeks of walking, and our first meeting was at 9:00 Monday morning on March 5, 2018. I was amazed and delighted that on that first Monday morning, 18 very motivated and excited walkers appeared at Daifukuji's door ready to go. At that first meeting, we decided upon the name of our group, the Daifukuji Soleful Strutters, and we decided to meet at 8:30. Kindness Israel suggested that we should stretch before we walk, and he offered to lead us in a Ta'i Chi warm-up exercise. That part of the morning actually became everyone's favorite thing to do.

On that first day in March after the T'ai Chi warm-up, we walked for 30 minutes. Thereafter, on every Monday morning, rain or shine, we met at Daifukuji in our bright Blue Zones Project tee shirts to exercise, walk, and very importantly, talk and laugh as we walked. A few times we had to exercise and walk in the Social Hall because of rain, but that did not dampen our spirits. We had a goal in mind of helping Reverend Jiko and Daifukuji accomplish the goal of becoming Blue Zones Project approved. As the weeks went by, we gained more members, and by the end of March, we had 27 members. Plus we had so much fun as we worked toward our goal. We all got to know each other better, even those who were well acquainted with one another. Each Monday, I felt so inspired and invigorated to have experienced this friendly socializing and exercise.

On Monday, May 7, 2018, we celebrated reaching our ten-week goal. Kirstin Kahaloa gave a wonderful appreciation speech and presented each of us with a certificate of completion and a prize of our choice. Following this, we had the most scrumptious potluck brunch that I've ever had. Everyone shared their delicious dishes, and we ate all that we could possibly eat. Now because the Blue Zones Project has a goal of eating mindfully and to stop eating at 80%, we all felt compelled to try and do so.

The Soleful Strutters are not finished. We will continue walking for five more weeks, and then we will decide upon what we want to do after that. So if you have not joined us in our Monday morning activities, you can still join us at Daifukuji

every Monday would love for

E komo mai!

For more call Rev. Jiko at



at Daifukuji at 8:30 a.m. We you to join us.

information, (808) 322-3524.

Library News

By Clear Houn Englebert



Here are the new arrivals:

Women of the Way by Sallie Tisdale contains the biographies of 50 Buddhist women teachers from the time of the Buddha until now. It even includes my own teacher Rev. Jiyu Kennett.

Buddhism in Practice edited by Donald Lopez is a massive (over 600 pages) anthology showing the diversity of Buddhist practice. Each entry is fairly short and quite readable, so it's not at all intimidating once you get over how big the whole book is.

The Unknown Hsuan-tsang edited by D. Devahuti tells of the life of the great Buddhist pilgrim when he returned to China. Hsuan Tsang is famous for bringing a huge trove of Buddhist scriptures from India to China in the seventh century AD. As this book makes clear, his story didn't stop there—he then translated and supervised the translation of many of those scriptures.

The Kuan Yin Chronicles by Martin Palmer and Jay Ramsay is a unique book about this famous bodhisattva, known as Kannon or Kanzeon in Japan.

These last two books are almost too good to believe—but seeing is believing...

The Art of Zen by Stephen Addiss is published by Abrams, the best art book publisher in the United States. Most of the reproductions are in color—even the paintings that were done in black ink. It's amazing how much more character comes across when those paintings are reproduced in color.

The Illustrated Encyclopedia of Zen Buddhism by Helen Baroni is large, but not a “coffee table book”. It's comprehensive and there are some black & white photos, but it's mostly text. The size of the print is one of the things that's super nice about this book. It's not too big & not too small—it's inviting!

Daifukuji Fujinkai Women's Association News



Fujinkai members, please save the dates below.

Saturday, October 20 at 10 a.m. - Fujinkai General Membership Meeting & Potluck Lunch

All Fujinkai members are invited to this annual meeting. Important topics will be discussed.

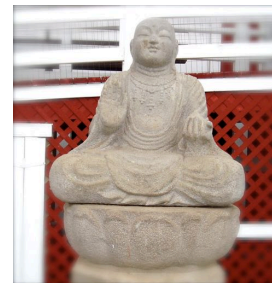
Saturday, October 27 - Autumn Field Trip

This year, our Fujinkai will be heading out to Honokaa to take a farm tour of Mauna Kea Tea, an organic tea farm founded by Taka and Kimberly Ino. Also on the itinerary is a visit to the gravesite of Katsu Goto, a sugar cane plantation labor advocate known as the “Honokaa Hero.” At the general membership meeting on October 20, a video of his life will be shown. Lunch will be at Sushi Shiono at the Mauna Lani Resort Golf Clubhouse. More information will follow. For now, ladies, please save the date!

Jizo and Kannon-ko Services

Wednesday, June 20 10 a.m.

Every year in June, a service is held in honor of Jizo Bosatsu whose great compassion is depicted in the form of the stone bodhisattva which sits in the beautiful red shine outside the temple. Jizo Bosatsu, also known as Ojizosama, is regarded as the protector of travelers and children. Portrayed as a pilgrim monk, he holds in his hand a wish-fulfilling gem. Kotoba will be read in memory of deceased babies and children. To offer a prayer for a deceased baby or child, please give his or her name to Rev. Jiko prior to the service. The Jizo-ko service is held in front of the Jizo shrine outside.



The Jizo-ko service will be followed by the regular monthly Kannon-ko service. All are welcome.

Donations of refreshments are appreciated.



Classes on Zen Meditation and Mindfulness: June 9 & 16

8:00 a.m. - 9:30 a.m.

Daifukuji Soto Mission will offer two free classes in June: “Mindfulness” on Saturday, June 9, and “Zen Meditation” on Saturday, June 16. Each class is from 8 a.m. to 9:30 a.m. and preregistration is required. The classes will be taught by **Clear Houn Englebert**. There will be time for questions. There will also be a review of the related resources in the temple library.

Mindfulness is the simple, repetitive effort of bringing one’s attention back to the task at hand throughout the day and, although it’s simple to define, doing one thing at a time is difficult to practice. Mindfulness is “where the rubber meets the road” for Buddhist practice. The class will include: suggestions for re-centering oneself, being mindful in difficult situations, and dealing with bothersome thoughts.

The meditation class will include correct posture on a cushion, bench, or chair and etiquette in a meditation hall. There will be special emphasis on what to do with your mind during meditation. The main form of meditation in Soto Zen is shikantaza---just sitting. This class will end with a meditation session.

These practices are essential parts of Zen training and, together with keeping the precepts, lead to the “goalless goal” of awakening.

Please call the temple office to register (808) 322-3524 or send an email to info@daifukuji.org.

Daifukuji Bon Dance

Saturday, July 14

Snack Shop opens at 6:00 p.m.

Opening Service at 6:30 p.m.

Dancing from 6:50 p.m. until 10 p.m.



Bon Dance Snack Shop

Kona Daifukuji Taiko will be selling teri burgers, veggie burgers, hot dogs, curry stew with rice, preserved fruits, baked goods, and assorted drinks. Please support this fundraiser for our temple's youth taiko group.

Volunteers Needed (Onegai shimasu)

Bon Dance Set Up - July 14 at 8 a.m.

Clean Up - July 15 at 8 a.m.

Questions? Please call Bon Dance chairpersons Wade (808-315-2364) or Bobby (808-895-2416).



Bon Dance Classes for Everyone

Daifukuji's Bon Dance sensei Winifred Kimura will be offering free classes on the following dates from 7:00 p.m. - 8:30 p.m. in the temple's social hall. All are welcome.

May 21 June 18 July 3 July 5 July 10 July 12

Are you a beginner? Don't worry. Winifred Sensei will help you get started. Just enter the circle of dancers and follow along the best you can. Dancers of all ages and abilities are welcome. Refreshments are welcome, too.

For more information, call Winifred at (808) 322-3296.

Bon Dance Schedule

Bon Festival at Keauhou Shopping Center... ..June 9	Daifukuji Bon Dance.....July 14
Keei Buddhist Church Bon Dance.....July 21	Kona Hongwanji Bon Dance.....July 28
Hilo Taishoji Bon Dance.....August 4	Kona Koyasan Daishiji Bon Dance... August 11



Left to right: Mrs. Faye Komagata, Sensei Mushim Ikeda, Deacon Amy Jikai, Bishop Shugen Komagata

Arigato, Arigato, Ariga——to!

Aloha and mahalo to all Fujinkai members, temple members, & friends,

We are truly grateful for your enthusiastic participation, dedication, and help in making our recent 53rd Annual United Hawaii Soto Shu Women's Association conference, which was held here in Kona, a most enjoyable, relaxing, inspiring, and successful event.

Renewing friendships and making new ones was priceless. Your many donations of Kona coffee, mac nuts, avocados, jaboticaba, rum cakes, t-shirts, and shoe covers for the country store; generous monetary gifts to the temple and Fujinkai; beautiful floral bouquets for the services; tea cups & coffee with cloth cups & pot holders for omiyage; origami shirt pins for the conference bags & goodie bags and snacks for the Sunday farewell luncheon, as well as other contributions were very much appreciated. We'd like to give special recognition to the following people: Rev. Jiko for her awesome guidance and leadership; all committee leaders & helpers; Gilbert Kaneko for his PA system expertise; Mako Yamamoto & Makana Ioh, our young, talented, & beautiful service emcees; Brian & Avis Yamamoto for the wonderful conference photos, and lastly, Stephen Tanaka and Mike Asada for being our right-hand guys.

We could not have accomplished such a great undertaking without everyone's tremendous cooperation and camaraderie . A big SHAKA to our wonderful sangha as we walk together, warm hand to warm hand and warm heart to warm heart!



With heartfelt gratitude, in gassho,

Cindy Asada, Elaine Fernandez, and Joyce St. Arnault

Fujinkai Conference Co-chairs

Mahalo Nui Loa

Thank you to Shiraki Dry Cleaners for donating the laundering of the temple's 33 Kannon floor runners and table cloths.

Dharma for Children, Dharma for All

by Richard Gentei Diedrichs



(Gentei Sensei gives Dharma lessons at our Sunday family services. A new Dharma school year will begin on August 19. Children of all ages, together with their parents and grandparents, are welcome.)

I have talked before about the fact that I do not like to kill cockroaches. I do not like cockroaches because I think they are ugly. I have heard that they are dirty and carry germs. When cockroaches come into my house, I always have confusion. I do not want to spray them with poison, but I also do not want them near me. I have fears. I imagine a cockroach on my food, or crawling on my furniture, or crawling on me.

I have seen people pick up cockroaches in their hands.

I saw a video about a nine-year-old girl named Shelby who collects cockroaches. She seemed pretty normal. She said she started with five and now she has thousands of cockroaches as pets. She says she thinks cockroaches are unique and special. They make her happy.

I cannot go that far. I'm not sure that cockroaches will ever make me happy. But maybe I'm wrong. I do not know.

I do know that Buddha taught the Eightfold Path.

When we follow the Eightfold Path, we get rid of misery and trouble in our lives. As part of the Eightfold Path is the step called Right Action. Practicing Right Action, Buddha told us to not kill living beings.

I practice Buddha's Eightfold Path, so I practice not killing living beings. Part of this practice is to watch and be aware when I do kill cockroaches. When I kill them, I am sorry, and I honor their life force. They are as much a part of life as I am. I practice trying not to kill cockroaches.

Recently, I went to my barbecue and lifted the lid. A cockroach jumped off and ran on the lanai. It went to a crack and stuck half of its body down in the crack. Its butt was sticking out in the air.

I had a decision. I could spray poison on the cockroach's rear end and kill it, or I could let it be. I realized that this is where practice shows itself to us. I keep practicing to not kill cockroaches and I had the opportunity to practice.

I did not kill the cockroach. I do not know what will happen when I see another cockroach in my house, but I am practicing in every moment. I will know in that moment. We can only know in the moment, and we do our best. We keep practicing.



Blooming Orchids, ‘OrchidGami’ on Display at Free KDOC Annual Show and Sale

Sunday, August 12 8 a.m. - 2 p.m.

By Fern Gavelek

The 36th annual Kona Daifukuji Orchid Club (KDOC) show and sale is 8 a.m.-2 p.m. Sunday, August 12 at the Daifukuji Soto Mission Hall. The free event offers attendees a complimentary orchid boutonniere corsage—while they last.

This year’s theme, “Conservation of Orchids Through Creativity,” illustrates how to display orchids using recycled materials and an unusual origami display of endangered North American orchids called “OrchidGami” by founding club member and historian Carol Zakahi.

In addition, there will be a guided tour through the on-site Orchid Grotto. The grotto demonstrates how to beautify a problematic space to be enjoyed from both inside and out.

Enjoy an elaborate and colorful display of live blooming cattleya, cymbidium, dendrobium, phalaenopsis, miltonia, vanda and more. Cameras are welcome.

Got growing questions? Veteran members staff a Question and Answer Booth where attendees can get expert advice on caring for orchids. The club boasts long-time members who have been growing orchids at different Kona elevations, Waimea and South Point.

The event offers an outdoor sale of high-quality orchid species and hybrids grown by club members and select Big Isle commercial growers. Club members will sell home-baked goods and drinks, and membership info will be available.

The Kona Daifukuji Orchid Club is West Hawai‘i’s oldest orchidaceae organization with a mission to learn and foster orchid culture and promote fellowship among orchid collectors. The club meets the second Wednesday of every month at the Daifukuji Soto Mission Hall. Get club updates at www.facebook.com/orchidsinparadise.

A Recipe for Tofu Pie

(Edna Yamane’s tofu pie was a hit at our walking moai potluck. Here’s the recipe for a cool & delicious dessert.)

1 Graham Cracker pie crust

Mix together and refrigerate until slightly thickened: 1 box (3 oz.) lemon jello, 1 cup boiling water, 1-2 tablespoons lemon juice, 1/2 teaspoon lemon extract.

Drain 10-ounce silken tofu and blend it with 4 ounces of Cool Whip (half an 8 oz. tub) using an electric mixer. Add jello mixture to the tofu mixture. Mix well. Pour into crust. Refrigerate.



Kuleana Education school field trip

E Komo Mai!

by Rev. Jikō Nakade

Community. Daifukuji Soto Mission is about community. Our open doors are an invitation to all. “Visitors Welcome” reads a sign on our window.

One of my pleasures is receiving school groups. So far this year I’ve spent time with students from Hawai‘i Community College Pālanui, Hawaii Preparatory Academy, and Kuleana Education. In addition to learning the temple’s history & the role

it plays in our community, the students ask questions about Buddhism, sit with me in zazen, and practice shakyo (art meditation). I enjoy their youthful energy and curiosity. Inevitably, a student always asks, “What’s that bib around your neck for?” referring to my *rakusu*. What follows is a short lesson on the kinds of robes worn by Buddhist ministers.

The practice of mindfulness and meditation in the classroom is becoming increasingly popular. There are schools that now have “Mindfulness Rooms,” where students go for meditation when a time out is needed. Even a few minutes of sitting and breathing have been shown to make a difference. Here’s an inspiring CNN video about this: <https://www.cnn.com/2016/11/04/health/meditation-in-schools-baltimore/index.html>.

Another video which inspires me is about Soto Zen Buddhism in South America and how one temple there shares its Zen practice with many young people. May it inspire you, too: <https://global.sotozen-net.or.jp/eng/>



Coming up in July...

Project Dana..... July 11

Daifukuji Bon Dance....July 14

Kannon-ko Service.....July 18

Regency at Hualalai Service.....July 25

June 2018

May 2018							June 2018							July 2018						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
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- Major Service
- Home
- Work
- Work
- Work
- Zazen
- Sangha Sisters
- Youth Taiko
- Adult Taiko
- Family Service
- Happy Strummers
- Temple Board
- Fujinkai
- Kannon-ko Service
- Project Dana
- Orchid Club
- Samu
- Special Events
- Baikako Practice
- Dharma Study
- Found in Apps
- Offsite Backup
- Bon Dance Group
- Teen Sangha

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 MemorialDayService9:30 Blessing of Graduates	28 8:30 AM Walking Moai 5:00 PM Youth Taiko	29 4:00 PM Dharma Study 5:30 PM Zen Taiko	30 6:00 AM Zazen 5:00 PM Youth Taiko	31 9:00 AM T'ai chi 3:00 PM Precepts Study 5:30 PM Zen Taiko	1 7:30 AM Samu 6:00 PM Gay Sangha	2 8:00 AM Shakyo
3 Precepts Ceremony 3:00 p.m. 9:30 AM Family Service	4 8:30 AM Walking Moai 5:00 PM Youth Taiko 7:30 PM Happy Strummers	5 4:00 PM Dharma Study 5:30 PM Zen Taiko	6 6:00 AM Zazen 5:00 PM Youth Taiko 7:00 PM Fujinkai Board	7 9:00 AM T'ai chi 5:30 PM Zen Taiko 6:30 PM Orchid Club 7:00 PM Temple Board	8 7:30 AM Samu 7:00 PM Sangha Sisters	9 Mindfulness Class 8 am Keauhou Bon Festival
10	11 5:00 PM Youth Taiko	12 9:00 AM Bare Bones Writers 4:00 PM Dharma Study 5:30 PM Zen Taiko	13 Project Dana 8:30 am 6:00 AM Zazen 5:00 PM Youth Taiko	14 9:00 AM T'ai chi 5:30 PM Zen Taiko 6:00 PM Zazen	15 7:30 AM Samu	16 Meditation Class 8 am 9:30 AM Youth Taiko
17 7:45 AM Baikako Practice	18 5:00 PM Youth Taiko 7:00 PM Bon Dance Class	19 4:00 PM Dharma Study 5:30 PM Zen Taiko	20 Jizo&Kannon-ko 10 am 6:00 AM Zazen 5:00 PM Youth Taiko	21 Buddhist Movie 7 pm 9:00 AM T'ai chi 5:30 PM Zen Taiko	22	23 General Clean Up 8 am 9:30 AM Youth Taiko
24 Obon Service 9:30	25 5:00 PM Youth Taiko	26 4:00 PM Dharma Study 5:30 PM Zen Taiko	27 Regency Service 9 am 6:00 AM Zazen 5:00 PM Youth Taiko	28 9:00 AM T'ai chi 5:30 PM Zen Taiko 6:00 PM Zazen	29 7:30 AM Samu	30 9:30 AM Youth Taiko