

# Daifukuji Soto Mission

Practicing the Four Kinds of Wisdom

Giving, Kind Speech, Beneficial Deeds, Empathy



79-7241 Mamalahoa Hwy., Kealahou, HI 96750

November, 2018

(808) 322-3524 [www.daifukuji.org](http://www.daifukuji.org)

See "archives" on our website for previous newsletters.

## Thanksgiving Service



*Sunday, November 18 9:30 a.m*

*Guest speaker: Rev. Ryokei Ishii*

All are invited to Daifukuji's Thanksgiving service. The Dharma message will be given by Rev. Ryokei Ishii, resident minister of Waipahu Soto Zen Temple Taiyoji.

The service will be followed by light refreshments. Flowers for the altar are appreciated and may be delivered on Friday, November 16.

Donations of canned foods for the Hawaii Island Food Basket may be brought to the service.

The temple's gift shop will be open before and after the service.

**Zazenkai members**, there will be a meeting in the social hall at 11:00 to further plan the January 5th Zen retreat.

## Temple & Grounds Clean Up



*Sunday, November 25 8:00 a.m*

Members and temple groups, would you please pitch in and lend a hand? Please join us in cleaning our temple, hall, columbarium, and grounds in preparation for Bodhi Day and the new year.

We will begin with a short blessing service inside the temple at 8:00 a.m. Please bring rags, buckets, garden tools and gloves, all labelled with your name.

Refreshments will be prepared by the Daifukuji Family Sangha.

Any amount of time you can contribute would be very much appreciated. Questions? Please call clean-up day chairperson Shaun Roth at 808-936-9815.

MOCHI ORDER FORM — Page 11

The mochitsuki will be held on Saturday, December 29. See form for details.

## November Programs



**Dharma Study Classes - Tuesdays, November 6, 13, 20, & 27 3:30 - 5:00 p.m. Kannon Hall**  
*Zen Mind, Beginners Mind* by Shunryu Suzuki Roshi is the subject of study. All sessions begin at 3:30 p.m. with 30 minutes of zazen followed by an hour of Dharma sharing. Please plan on arriving before 3:30. Late arrivals, please do your zazen sitting in the pews & remain outside the meditation room. One may purchase a book for \$8.50. Contact Rev. Jiko for information: [info@daifukuji.org](mailto:info@daifukuji.org), (808) 322-3524. All are welcome. (No study classes will be held in December. Classes will resume January 8, 2019)

**Family Sangha: A Dharma Program for Children - Sunday, November 11 at 9:30 a.m.**  
Child-friendly 45-minute services which include yoga, zazen, chanting, singing, & Dharma lessons. For children of all ages and their parents & grandparents. Call Rev. Jiko for information: (808) 322-3524.

### **Zazen (Meditation)**

- \* Every Wednesday morning from 6 a.m. - 7:20 a.m.
- \* Thursdays, November 8 & 15 from 6:00 p.m. - 7:20 p.m.

Both morning and evening sessions include 20 minutes of chanting. Donations may be placed in the box on the incense table. All are welcome. Please arrive at least 5 minutes before starting time. Call ahead if you are new to zazen practice. (808) 322-3524

**Shakyo & Shabutsu Art Meditation - Saturday, November 10** from 8:00 a.m. - 9:30 a.m.

Mindfully tracing the Heart Sutra & pictures of buddhas and bodhisattvas in silence unifies body, breath, and mind. All supplies provided. By donation. Call Rev. Jiko at (808) 322-3524.

**Baikako Plum Blossom Choir Practice - Sunday, November 11** from 7:45 a.m. to 9:00 a.m. Beginners classes on November 8, 15, & 29 from 9 a.m. to 10 a.m. Call Rev. Jiko at 322-3524 for information.

**The Gay Sangha - Friday, November 2 6:00 - 7:30 p.m.**

A Buddhist group open to all, with a particular invitation to gay women and men and their families and friends. Meetings are the first Fridays of each month at 6:00 pm. Meditation and discussion. Call Clear or Steve at (808) 328-0329.

**Japanese Conversation Class October 22 (date changed) & November 26 7:00 - 7:50 p.m.**  
Temple Library All are welcome. Contact Takako sensei: (808) 989-8085, [oxleyj002@gmail.com](mailto:oxleyj002@gmail.com).

### **T'ai Chi**

Tuesdays at 9 a.m., Wednesdays at 12 noon, Thursdays at 9 a.m. All classes are one hour. \$5.00 per class. No prior experience is necessary. Call instructor Philip Kakuho Hema : (808) 345-1492.

### **Yoga**

See schedule on page 4.



## Lecture & Lunch: Zen Cooking by Naoko Moller

Saturday, December 8 11:00 a.m. Daifukuji Social Hall

\$25 (Reservation Required)

Thanks to the generosity of the United Hawaii Soto Shu Women's Association (UHSSWA), sensei Naoko Moller is offering a lecture at Daifukuji on Zen cooking, which will be followed by a Zen vegetarian lunch (shojin-ryori).

Naoko Moller, the younger sister of Bishop Shugen Komagata, was born in a Soto Zen temple in Niigata, Japan. Growing up, she helped her mother prepare meals for the monks. In so doing, she learned the art of Zen vegetarian cuisine.

Naoko will be bringing with her 20 sets of *oryoki* bowls. Thus, attendance is limited to 20. At the time of the event, \$25 for this lecture & lunch is requested. Naoko sensei is generously volunteering her time and is requesting that this donation go to Daifukuji Soto Mission.

Reservations will be taken on a first-come-first-served basis. Please call or email Rev. Jiko to put in your reservation: (808) 322-3524 or [info@daifukuji.org](mailto:info@daifukuji.org).

## Next Strategic Planning Meeting to Be Held November 13

**6:30 p.m. Temple Library All are welcome and all ideas are welcome!**

Here is the list of ideas generated at the September 20th meeting:

Tiny Homes for visitors, Create project managers or directors for various tasks, Hire an assistant for Rev. Jiko, Increased membership means more duties and will need more staff, Brick Garden, Community Garden for mauka lands, Encourage volunteerism, possible booths at fairs to recruit membership, Live stream Dharma sessions, Different fee schedule for new members, Charge groups for usage of facilities, Consider professional advertising and consulting, Groups should promote membership or support of the temple, convert crematory into zen center, 10 year plan needs to be spelled out, Bigger internet presence, Increase zen classes and then advertise them (with fees), Subdivide or sell mauka properties (coffee land mauka of the crematorium), Elderly housing, Purchase property next to the temple for a parking lot.

Kona Coffee Festival's Lantern Parade is Friday, November 9 at 6 p.m. The parade starts at the pier and ends at Hale Halawai. Sangha members who would like to join in walking with the taiko group, please contact Barbara Shoshin Bosz: (808) 987-2673, Barbarainkona@gmail.com. Wear a happi coat or Daifukuji tee-shirt, the Coffee Festival hachimaki, & good walking shoes. Share Daifukuji's message of peace.

## Yoga Classes in November



<b>Mondays 8:30 - 9:30 a.m.</b>	<b>Cultural Hall</b>	
<b>Thursdays 7:30 - 8:30 a.m.;</b>	<b>Kannon Hall</b>	<b>11/8, 15, 29</b>
<b>Sundays 4:30 - 6 p.m</b>	<b>Kannon Hall</b>	<b>11/11, 18</b>

Daifukuji member and Hatha yoga instructor Liz Aschenbrenner is offering Monday morning classes from 8:30 a.m. - 9:30 a.m. in the Hisashi Kimura Cultural Hall. For information, contact Liz at 345-1270 or Liz217a@hotmail.com.

Daifukuji member, returning from India yogini, Ambika "JōAn" Rose is offering select Thursday morning classes from 7:30 a.m. - 8:30 a.m. and select Sunday evening classes from 4:30 - 6 p.m. in Kannon Hall. For information, contact Ambika at 430-2620 or ambika@amrityoga.org

These classes are open to temple members, as well as the general community.

No fees are charged. However, monetary donations to both the instructor and the temple may be given.

Students will be asked to sign a waiver at their first class. Bring a yoga mat or towel.



## Project Dana News

9:00 a.m. is the starting time for Project Dana, Daifukuji's monthly activity program for temple seniors age 60 and up, which is held on the 2nd Wednesday of the month. Not an early riser? Not a problem. Seniors are welcome to mosey in after 9 a.m. It's perfectly okay! Just let Rev. Jiko know that you'll be coming.

Project Dana is a program for temple members that's funded by Daifukuji Soto Mission. There is no charge. Volunteers prepare nutritious snacks and lunches, help with activities such as chair exercises, bingo, presentations, and seasonal celebrations, pick up and drop off seniors who need transportation, give massages and haircuts, and clean up after everything is pau around noon. On November 14, we'll be observing Thanksgiving. Temple member Kindness Isshin will be giving a presentation on drones.

Seniors, we invite you to give Project Dana a try. Join us for fun, exercise, yummy meals, and fellowship. Need a ride? Call Rev. Jiko (322-3524).

# 2 Zen Classes



## **Meditation**

**Saturday, November 3  
From 1:00 to 2:30 pm**

## **Mindfulness**

**Saturday, December 1  
From 1:00 to 2:30 pm**

**Both classes are free  
DAIFUKUJI SOTO MISSION  
Honalo, next to Teshima's Restaurant  
322-3524 [info@daifukuji.org](mailto:info@daifukuji.org)**

**Call or e-mail to register and to request copies of the class materials**

## Two Zen Classes at Daifukuji

By Clear Houn Englebert

Daifukuji Soto Mission will offer two free classes: Mindfulness on Saturday, November 3, and Zen Meditation on Saturday, December 1. Each class is from 1:00 pm until 2:30 pm and preregistration is required. The classes will be taught by Clear Houn Englebert and there will be time for questions. There will also be a review of the related resources in the temple library.

Mindfulness is the simple, repetitive effort of bringing one's attention back to the task at hand throughout the day and, although it's simple to define, doing one thing at a time is difficult to practice. The class will include: suggestions for recentering oneself, being mindful in difficult situations, and dealing with bothersome thoughts.

The meditation class will include correct posture on a cushion, bench, or chair and etiquette in a meditation hall. There will be special emphasis on what to do with your mind during meditation. The main form of meditation in Soto Zen is shikantaza---just sitting. It is simple but difficult, because there is nothing to rely on except your own mindfulness. This class will end with a meditation session.

These practices are essential parts of Zen training and, together with keeping the precepts, lead to the "goalless goal" of awakening. To register, call 322-3524 or send an email to [info@daifukuji.org](mailto:info@daifukuji.org).



Daifukuji Family Sangha's field trip to Kona Koyasan Daishiji Mission in Holualoa. Mahalo to Rev. Miyazaki & the Daishiji sangha!

## Wishing You a Happy Thanksgiving

Dear sangha members and friends,

Thanksgiving is just one of the many times of the year when I give thanks for all of you. You are the reason I am here. I enjoy serving our temple community and thank you for walking this path of the Buddha with me. Mahalo for your love, confidence, and support. May you enjoy a bountiful & peaceful holiday.

I warmly invite you to Daifukuji's Thanksgiving Service on November 18. Please join our sangha in welcoming Rev. Ryohei Ishii, who will be flying in from Waipahu to give the Dharma message at the service.

Recently, a member of our sangha told me that he always has feelings of peace and happiness when he's on temple grounds. I hope that the same holds true for you.

Namu kie butsu. Namu kie hō. Namu kie sō. Together, may we take refuge in Buddha, Dharma, and Sangha.

Warm aloha, in gassho,

*Rev. Jiko*



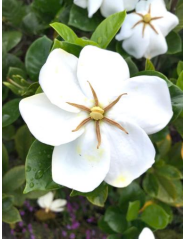
Blue Zones Walking Group    Tuesdays    8:30 a.m. - 9:15 a.m.

As you probably remember, Daifukuji Soto Mission became certified as an approved Blue Zones Project faith-based group in May 2018. One of the suggested activities for completing our application to obtain certification was to form a Blue Zones Project Moai (Mow-eye) or walking club, and our group name became the Soleful Strutters.

As we discovered in the spring, our Moai was very beneficial to everyone. As our program grew, we added an additional form of exercise, a short Tai Chi warmup, which we all enjoyed. Since we would like to continue these healthy activities, the Daifukuji Soleful Strutters will be offering the opportunity to walk and practice T'ai Chi again this fall and would like to invite you to join us.

The Daifukuji Soleful Strutters meets for 45 minutes each Tuesday morning from 8:30 a.m. until 9:15 a.m. We begin the mornings with the T'ai Chi warmup, and then we walk around Daifukuji's front yard and parking area, where the ground is level. Once again, those who would like a greater challenge can walk up the hill toward the cemetery and back. All in all, we can help motivate one another, create and strengthen our friendships, and get some great exercise. Please consider joining our Moai.

If you are interested, please call Hannah at (408) 421-8845 or Rev. Jiko at (808) 322-3524.



## Daifukuji Soto Mission Legacy Endowment Fund

Aloha Members & Friends of Daifukuji

Thank You for your continued support of the Legacy Endowment Fund. Donations have been received in cash, real property, stocks, IRA required minimum distributions and other forms. Many donors have made multiple contributions. We are deeply grateful for each and every one. Every penny of our endowment stays right here at Daifukuji and will only be used for the upkeep of our Temple. That includes the Nokotsudo, the Daifukuji grounds, the minister's residence, the social & cultural halls and the cemetery.

### **Recent Donors:**

**Setsuyo Oshima in Memory of Susumu Oshima, Nancy Osako in Memory of Vivian Ontai, Katherine Sweetser, John Hamm & Mary Anne Seibert in Honor of the Daifukuji Sangha, Stanley M. Kimura, Nancy Osako in Memory of Ruby Kuroiwa Taki - Ed Kaneko - Morris Kimura & Gary Akamatsu, Shirlene Yoneyama in Honor of Harold Murata's 85th Birthday, Shirlene Yoneyama & Harold Murata in Memory of Mildred Tsutae Murata, Wende Kumara, Multiple Anonymous Donors.**

Recently I had help in upgrading our Daifukuji sound system from my good friend Eric. We've known each other since high school and even played in a band together for several years. I value his expertise in sound systems, but more importantly of course, his friendship. He always offers help and support and he knows I am there to reciprocate. Politically however, we tend to be opposites. I've been told to never mix religion & politics but I think this may be of some interest: he tends to vote Republican, I tend to vote Democrat. And these days it seems that you must be on this side or that side; you must be with us or against us; you belong to our tribe, or you are the enemy. I do not believe in this absolute divisiveness because I have proof this is false in my friendship with my brother Eric. And I absolutely believe the reason he and I have this bond and can see past our differences is because we both ascribe to Buddhist philosophy. He and his wife belong to another temple but the same values of tolerance, peace and compassion are universal; we may disagree on the means, but the ends are the same. If we do not judge, and do not assume things about each other, it leads to a revelation. These are things I learned here at Daifukuji. So when I see the chaos that seems to surround us almost daily, I take refuge in the fact that Daifukuji and its values are a beacon of hope and good. This is why our endowment and its mission to ensure that the Temple is here to perpetuate these values well into the future is so important. If Eric and I can do it, we all can.

Thank you for your continued support of Daifukuji and our Legacy Endowment Fund.

In Gassho,

Wade Yasuda, Chairman

Daifukuji Soto Mission Legacy Endowment Fund Board of Trustees

Avis Yamamoto, Brian Yamamoto, Keith Olson, Wade Yasuda



## Bazaar Mahalo from the bazaar co-hairs.....

Aloha and mahalo to our Daifukuji Sangha and friends for countless months, weeks, days, and hours of preparation for a most successful 23rd Annual Building Maintenance Fund Bazaar on September 9. Your generous monetary gifts and donations of items, precious time, hard work and dedication were greatly appreciated. A special thank you to Brent Sasaki for Cal Kona's donations of fruits and vegetables for the bazaar and other events over the years. It was heartwarming to see the youngsters and elders working together in harmony, with respect and compassion for each other, while setting up for the bazaar and cleaning up at the end. After the bazaar, carloads of unsold items were given to the Konawaena High School senior class for their fundraiser. Thus, your donations benefitted not just one group, but two!

With heartfelt gratitude,

Stephen and Joyce, co-chairs

## From the bazaar food department....

Thank you to the many volunteers who helped the 2018 bazaar food department in making the jars and jars of jams & jelly, cutting vegetables for pickles and *koko*, baking Daifukuji's popular manju, and rolling our delicious sushis and mochi! Also many thanks for the donated items that were sold in the bazaar's food & produce departments. Mahalo for the generous donations of ingredients, as well as monetary donations towards the purchasing of needed ingredients to create Daifukuji's specialities. Finally, thank you to CalKona for the most generous donation of produce!

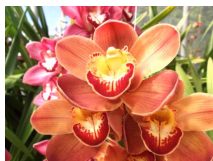


## Michiko and Ann, Food Department Co-chairs





## Welcome, New Members



Our sangha extends a warm aloha to the following new members:

**Cynthia Milani**

**Mark Morphew**

New members are always welcome. For information, see Rev. Jiko or visit our website: [http://www.daifukuji.org/membership\\_brochure.pdf](http://www.daifukuji.org/membership_brochure.pdf).

## For the Hawaii Island Food Basket

In addition to canned food, the Hawaii Island Food Basket accepts donations of toiletries such as facial tissue, shampoo & conditioner, toothpaste and toothbrushes. You may drop off these items at the temple at any time. When you enter the temple, you'll see the donation box for the Food Basket on the pew to your right. Mahalo!

## 2018 Bazaar Report

### SALES:

Auction	1,951.00
Book/Toys	856.77
Child activities	58.00
Clothing/Rummage	2,836.00
Crafts/Household	3,013.65
Food/Produce	7,478.05
Garden Shop	1,323.00
Massage	272.00
Snack Shop	810.92
Total sales	<u>\$18,599.39</u>

### EXPENSES:

West Hawaii Today Ads	348.95
General Excise Tax	743.97
Total Expenses	1,092.02
Sub-Totals	17,507.35

Cash Donations \$2,350.00

Total Revenue \$19,857.37

**Mahalo nui loa!**

## Coming up in December...

Rohatsu Sesshin..... December 1 - 8

Bodhi Day Service..... December 9

Speaker: Mayumi Oda

Project Dana..... December 12

Kannon-ko/Ofudayaki..... December 19

Regency Service.....December 26

Mochitsuki.....December 29



# November 2018

October 2018							November 2018							December 2018						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6		1	2	3	4	5	6	7	1	2	3	4	5	6	7
7	8	9	10	11	12	13	8	9	10	11	12	13	14	8	9	10	11	12	13	14
14	15	16	17	18	19	20	15	16	17	18	19	20	21	15	16	17	18	19	20	21
21	22	23	24	25	26	27	22	23	24	25	26	27	28	22	23	24	25	26	27	28
28	29	30	31				29	30	31					29	30	31				

- Major Service
- Home
- Work
- Work
- Work
- Zazen
- Sangha Sisters
- Adult Taiko
- Family Service
- Happy Strummers
- Temple Board
- Fujinkai
- Kannon-ko Service
- Project Dana
- Orchid Club
- Samu
- Found in Apps
- Offsite Backup
- Bon Dance Group
- Teen Sangha
- Special Events
- Baikako Practice
- Dharma Study

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 9:30 AM Family Sangha	29 8:30 AM Yoga 5:00 PM Youth Taiko 7:00 PM Japanese Song Class	30 8:30 AM Walking Moai 9:00 AM T'ai chi 3:30 PM Dharma Study 5:30 PM Zen Taiko	31 6:00 AM Zazen 12:00 PM T'ai chi 5:00 PM Youth Taiko	1 9:00 AM T'ai chi 5:30 PM Zen Taiko	2 7:30 AM Samu 9:00 AM New Event 6:00 PM Gay Sangha	3 Meditation Class 1 p.m. 9:30 AM Youth Taiko
4 9:00 AM Taiheiji's Centennial	5 8:30 AM Yoga 5:00 PM Youth Taiko 7:30 PM Happy Strummers	6 8:30 AM Walking Moai 9:00 AM T'ai chi 3:30 PM Dharma Study 5:30 PM Zen Taiko	7 6:00 AM Zazen 12:00 PM T'ai chi 5:00 PM Youth Taiko 7:00 PM Fujinkai Board	8 7:30 AM Yoga 9:00 AM T'ai chi 9:00 AM Beginning Baika 5:30 PM Zen Taiko 6:00 PM Zazen	9 7:30 AM Samu 7:00 PM Sangha Sisters	10 8:00 AM Shakyo 9:30 AM Youth Taiko
11 7:45 AM Baika Practice 9:30 AM Family Sangha 4:30 PM Yoga	12 8:30 AM Yoga 5:00 PM Youth Taiko	13 Planning Meeting 6:30pm 8:30 AM Walking 9:00 AM Bare Bones 9:00 AM T'ai chi 3:30 PM Dharma Study 5:30 PM Zen Taiko	14 Project Dana 9:00 am 6:00 AM Zazen 12:00 PM T'ai chi 5:00 PM Youth Taiko 6:30 PM Orchid Club	15 7:30 AM Yoga 9:00 AM T'ai chi 9:00 AM Beginning Baika 5:30 PM Zen Taiko 6:00 PM Zazen	16 7:30 AM Samu	17 9:30 AM Youth Taiko
18 Thanksgiving Service 9:30 Zazen meeting 11 a.m. 4:30 PM Yoga	19 8:30 AM Yoga 5:00 PM Youth Taiko	20 8:30 AM Walking Moai 9:00 AM T'ai chi 3:30 PM Dharma Study 5:30 PM Zen Taiko	21 Kannon-ko 10 am 6:00 AM Zazen 12:00 PM T'ai chi 5:00 PM Youth Taiko	22 Happy Thanksgiving!	23	24 9:30 AM Youth Taiko
25 Temple Clean Up 8:00 a.m.	26 8:30 AM Yoga 5:00 PM Youth Taiko 7:00 PM Japanese Conversation Class	27 8:30 AM Walking Moai 9:00 AM T'ai chi 3:30 PM Dharma Study 5:30 PM Zen Taiko	28 Regency Service 9 am 6:00 AM Zazen 12:00 PM T'ai chi 5:00 PM Youth Taiko	29 7:30 AM Yoga 9:00 AM T'ai chi 9:00 AM Beg. Baika 5:30 PM Zen Taiko 7:00 PM Temple Board	30 7:30 AM Samu	1 9:30 AM Youth Taiko

2018 Daifukuji Mochi Order Form  
*A fundraiser for the Youth Taiko Group & Youth Activities*

**Mochi Tsuki is scheduled for : Saturday, December 29, 2018**  
**Pick up from 9:30.a.m. – 2:00 p.m.**

We will be taking orders and payment at the Jodo-E service on December 9. You can also complete the information below and pre-pay. Please call the temple, 322-3524, with any questions.

While every effort will be made to accommodate our members and long-time customers, we will process orders on a first-come-first-served basis. When we are sold out, names will be added to a Wait List. Once we determine that we have extra mochi, we will call individuals from this list.

We enjoy being a part of your New Year tradition, and we truly appreciate your support!

*We humbly ask for volunteers to help with our Mochi Tsuki. It has been said that Mochi Tsuki helps to keep everyone together because the mochi is so sticky. Although we will be starting at 5:00 a.m., we would welcome help throughout the day. Please stop by and join us.*

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Quantity Ordered	Item	Price	Total
	 Kagami Mochi	\$8.00 per set	\$

	Ko Mochi	\$8.00 tray of 10	\$
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Grand Total	\$
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Return form to: Daifukuji Soto Mission  
 79-7241 Mamalahoa Hwy.  
 Kealahou, HI 96750  
 ATTN: Mochi Order

***Please make checks out to: Daifukuji YBA***