

# Daifukuji Soto Mission

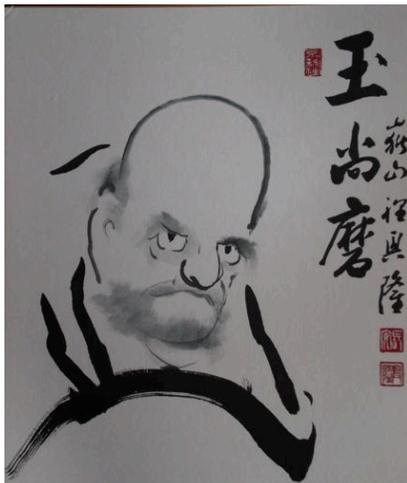
*Treasuring the Past, Embracing the Present    Looking forward to our 2014 centennial celebration!*



79-7241 Mamalahoa Hwy., Kealahou, HI 96750

October, 2012

(808) 322-3524    [www.daifukuji.org](http://www.daifukuji.org)



## Daruma-ki & Eitaikyo Service

*Sunday, October 7*

*9:30 a.m.*

All are invited to join our Sangha in observing Daruma-ki in remembrance of Bodhidharma or Bodai Daruma Daishi, the 28th Patriarch of our lineage. A sixth-century Indian Buddhist monk, Bodhidharma travelled from India to China, transmitting the essence of Zen.

An Eitaikyo service will held in memory of those whose names are recorded in the Daifukuji Eitaikyo record book.

*Eitaikyo* means “chanting the sutras in perpetuity” and is a way of honoring those who have left this world before us. This annual service ensures that departed loved ones are perpetually remembered even when family members are not present at the service. If you are interested in adding a family member’s name to the Eitaikyo book, please contact Rev. Jiko for information.

The Dharma message will be given by Rev. Jiko Nakade.

Please plan to stay for a simple lunch which will be prepared by our Fujinkai.

Donations of flowers are always appreciated. Flowers may be delivered to the temple by Friday, October 5. Donations of canned food for the Hawaii Island Food Basket may be brought to the temple on the morning of the service. The holiday season is approaching and a gift of canned foods is something that helps those in need.

## Fujinkai Field Trip October 27th

On **Saturday, October 27**, the Daifukuji Fujinkai temple women's group will be going on a field trip to the Waimea Town Farmers Market and to the "People's Orchids" cymbidium farm. This field trip is free for Fujinkai members. Fujinkai members may bring guests for a fee of \$10 - \$15 per person which includes lunch and transportation.

Fujinkai district representatives will be calling group members for a headcount. Those who are going should meet at the temple at **7:00 a.m.** on October 27.

For further information on the field trip or on becoming a Fujinkai member, call Fujinkai president Joyce St. Arnault at 329-3833.

The Fujinkai recently welcomed Mikie Keion Hanato-Wells as a new member. Thank you for joining, Miki!

## "Roll-and Buy" Sushi Workshop A Success



The sushi workshop sponsored by the Daifukuji Fujinkai on September 16 was a fun event in which participants were divided into three teams, each with a team leader who was skilled in the art of sushi rolling. A warm mahalo to Kellie Deguchi, Akemi Iwamoto, and Michiko Enomoto for serving as instructors and to the workshop organizers. Thank you also to sushi chef Kazuhiro Koyama for judging the rolled sushi and for a wonderful sushi demonstration. Congratulations to Group #3 for winning 1st place

in the sushi-rolling contest! What a fun and tasty event t h i s workshop turned out to be! Arigato!



## In Memoriam



To the family of the late **James Mason**, 59, who passed away August 18, 2012, we express our sincere condolences.

To the family of the late **Carey Ushijima**, 55, who passed away September 18, 2012, we extend our deepest sympathy.

*Namu Shakamuni Butsu.  
We surround you with our love.*

## Congratulations



Congratulations to **Abigail and Christopher Au** who were wedded at our temple on September 15, 2012.

Congratulations to Kitao Hanato-Wells and Kuuleinani Taketa upon the blessing of their baby daughter **Kealohi Hanato-Wells**.

Congratulations to Justin and Sharon Kimura upon the blessing of their baby daughter **Ellie Kimura**.

## Library News

*by Clear Houn Englebert*

The library has received four very unique items. One is the Bon Dance DVD for this year, thanks to Randy Magnus. Not every temple gets a video of its Bon Dance and we are quite grateful.

The other DVD is "Aloha Buddha" which I had heard about several months ago, and have been eager to see. It's the history of Japanese Buddhism in Hawaii and was recently shown on movie night. I can now emphatically say, "Every person reading this article should watch this film!" You will be

touched, amazed, and educated. The gift shop is also carrying the DVD for \$20, and I believe our shop is the first retail outlet where it is being sold. It deserves to be a bestseller.

"A Journey Through Japan" is a narrative of Alan Booth's 1977 walk from Cape Soya in the north of Japan to Cape Sata in the south. It's illustrated with photographs and maps, and it's a quick, wonderful read -- only 80 pages long. He attended O-Bon in the small town of Mamurokawa and says, "The real O-Bon. There is nothing like it in the cities." He stayed at Eiheiji during the worst typhoon of the year.

The last item is certainly not the least -- in fact, it's the rarest. It's a set of six small haiku books by Paul Reps called "6 Books in a Bag." They're from 1984 and were originally available from Unity Church in Honolulu. Reps was America's first haiku poet and during part of the 60's and 70's he lived on the Big Island.





### Youth Taiko Classes for Beginners

Kona Daifukuji Taiko Group will be starting a new series of classes for youth which will run from **Saturday, October 13, 2012** (new starting date) through Saturday, January 12, 2013. In this introductory series, students will learn the basics of taiko and a song or two, and will have fun hanging out with other kids similar in age & finding out what Daifukuji Taiko is all about. Classes will be every Saturday from 9:30 - 11:00 a.m. in the temple's Hisashi Kimura Cultural Hall. If you know anyone between the ages of 9-18 years old who's interested in signing up or if you have questions, please give taiko instructor Akemi Iwamoto a call at 989-8194.

### Daifukuji Temple Tour October 21



There will be a free tour of Daifukuji Temple on Sunday, October 21. It will begin at 2:00 pm and last approximately an hour or so with time for questions. Chairs will be provided for those who prefer to sit. The tour will be guided by Rev. Jiko Nakade and Clear Houn Englebert. The history and meaning of the objects in and around the temple will be explained, as well as the architectural features of the building.

A similar tour was held several years ago and it's back by popular demand. Both newcomers and old-timers have questions about the unique things the temple contains, and here's your chance to ask those questions and learn. What is the origin of the two crests (mon) that are standardly used in Sotoshu? Why does an incense burner have three legs? What are the little dangly things that hang from the main light fixture?

The symbolism of the objects and their design is often a reminder of a Dharma lesson. Those lessons will be expounded in the tour so that being at the temple can be more meaningful. After the tour there will be time for tea and the gift shop will be open. The public is welcome.



## Project Dana News

Look at everyone holding up their orange geckos! At the Project Dana gathering in September, Gail Ching-Lee and Sid Nakamoto taught the group beadwork. Thank you, Gail and Sid, for putting smiles on everyone's faces!

On **October 10th**, our temple kupuna and volunteers will be celebrating Project Dana's 5th anniversary. October's the month of Halloween, so, everyone, be sure to bring your costumes that day.

At Project Dana, kupuna and volunteers all have a great time together.

Temple members age 65 and older are invited to join this monthly gathering, which includes snacks and lunch, at no charge. Call Rev. Jiko at 322-3524 for more information.



## Coming up in November....

Baikako Workshop	November 12 - 13
Thanksgiving Service	November 18
Year-end General Clean Up Day	November 25



Rev. Jiko, Akemi Ueoka, & Rev. Kenji Oyama  
Mantokuji Soto Mission of Paia, Maui

## The Paramitas in Our Daily Lives

by Rev. Jiko Nakade

Can you feel the changing of the seasons? The other night I took out an extra futon to keep warm. This is the time of the autumn equinox, the time of year when Buddhists observe *Higan* or *Ohigan*. In his essay “Higan: The Festival of Virtue,” my university professor and mentor, Dr. Alfred Bloom, writes: “The observance is held two times in the year, the Spring and Fall equinox, when time is divided evenly between light and dark and the seasons change. This equal division symbolizes the Buddhist middle path which instructs us to strike the balance between two extremes such as hedonism (the quest for pleasure) and asceticism. Buddhism is a teaching of moderation. Also the equinox calls attention to the Buddhist principle of equality. The length of day and night is equal and suggests the perfection of the order of things.”

*Higan* is the ideal time to reflect upon and practice the Six Paramitas, otherwise known as the “Six Perfections of the Heart.” *Param*, a Sanskrit term, refers to Nirvana, the Other Shore, while *ita* means “to go.” The six paramitas are: (1) selfless giving or generosity, (2) the practice of the precepts, (3) patient endurance and inclusiveness, (4) effort, energy, and vigor, (5) meditation, and (6) wisdom. Through the diligent practice of these six virtues, one finds oneself crossing over to the shore of peace, freedom, and enlightenment.

The practice of the paramitas sounds like a lofty pursuit, but if one looks around, one notices that it’s simply a practice that comes out of our daily lives.

For example, I recently had to go to the West Hawaii Civic Center to renew my driver’s license. After reading in the newspaper about how stressful the process had become and hearing numerous complaints about the long wait, I was somewhat apprehensive about going there and had to remind myself to keep an open mind.

I gathered all of the required I.D. documents and set out on a clear Tuesday morning. When I arrived, I saw people sitting around on benches outside the Motor Vehicle and Licensing Division office. I stood in a short line, received tag number #16, and sat down on a bench. Number 8 was being called. *Not bad*, I thought, *this should go quickly*.

It didn’t take long for me to realize that those who were called to enter the office did not come out for a long time. It was going to be a long wait after all. Luckily, it was a sunny, breezy day and there was a spectacular view of the coastline from the Civic Center. The temperature was neither too hot nor too cold. Perfect Ohigan weather. I sat there, enjoying the breeze and thinking of how lucky I was to be living in such a place as Hawaii.



I observed what was happening directly at the table in front of me. An employee of the licensing department was standing behind a tall table. Clipped to her clothes was a tag with the name “Cheryl” written on it. Cheryl was a joy to watch. She greeted each person with a smile and appeared genuinely committed to providing the best service she could provide. Whether she was approached by a jittery teenager there to take a road test or an elderly person looking confused and uncertain, Cheryl calmly and cordially attended to each person with a sense of true

presence. During their encounter with her, people seemed to relax. They thanked her. “You’re welcome. You’re welcome,” she kept saying with a smile. She was the perfect embodiment of the first paramita -- *dana*. Giving, as you know, doesn’t have to be the giving of material things. One can easily give of oneself, sharing one’s time, kindness, empathy, and stability. Cheryl gave of her true presence and that made all the difference.

The second paramita is the perfection of the practice of the Buddhist precepts of which there are sixteen in our Soto Zen tradition. In the everyday living out of our lives, the precepts help us to be mindful of our thoughts, words, and actions, especially those that have the potential to create suffering for ourselves and others. Not taking that which is not given. Not speaking falsehoods. Not engaging in sexual misconduct. Not taking life. Not ingesting substances that cloud our minds. These precepts are what the Venerable Thich Nhat Hanh refers to as “mindfulness trainings.” The practice of mindfulness is peacefully liberating.

*Be here now.* That’s what Buddhism is all about. It was a joy to watch the staff at the licensing office mindfully going about their daily tasks.

I didn’t hear any loud complaining and was appreciative of the people who were patiently waiting their turn. I recalled the vibe of agitation which I had felt at the Department of Motor Vehicles in the Bay Area where my family once lived. The vibe at the Civic Center was pleasant. Hawaii people are good practitioners of the third paramita.

The Buddha offered this image. If you take a handful of salt and pour it in a small bowl of water, the water would be too salty to drink. However, if you take that same amount of salt and pour it into a river, the river water would still be drinkable. In essence, if one’s heart is small, any little thing would disturb it, but if one’s heart is big, it will have the capacity to accept what comes along, transforming it through compassion and wisdom.

It must be challenging, I thought, to have to repeatedly deal with all kinds of people hour after hour, day after day. To be able to handle such a job requires constant energy and effort, nothing less than the practice of the fourth paramita -- *virya*. Cheryl, Sheila, and the man, whose name I don’t remember, who put my information into the computer, gave me the eye test, and took my picture were all doing their work with such focus and calm effort that I was amazed.



Furthermore, sitting on a bench for an hour and a half gave me a chance to practice the fifth paramita -- meditation. One can practice zazen anywhere and time spent waiting can be a good opportunity. Over the summer, my son Ryan took a trip to Colorado and decided to stay at a youth hostel in Boulder where he was given the key to a room which he was to share with a group of guys he didn't know. One night, some friends took him out and when he returned to the hostel at 11 p.m., he discovered that his key didn't work. He knocked on the door and called out, but no one opened the door. Also, there was no one at the front desk. Ryan called me from the lobby to tell me about the situation he was in. "What do you plan to do?" I asked. "Well," he replied, "there are some chairs and a sofa in the lobby. I think I'll sit and meditate until the front desk person comes in the morning." "Okay," I said, "that sounds like a plan." It turned out that our friends who live in Boulder returned to the hostel to pick up Ryan and take him back to their apartment for the night. Ryan learned the next day that the hostel staff did try contacting him to inform him that the lock on the door had been changed while he was out. However, the cell phone number which he had left on the check-in form was not clear, so he couldn't be reached. The moral of this story is: Don't panic. When in a bind, just sit and meditate. Write legibly when filling out forms.

Back to the Civic Center. Sitting there on the bench outside the Motor Vehicles and Licensing office, I felt a sense of wonder and oneness with the people around me. The sixth paramita, Prajna paramita, the perfection of wisdom -- free of all knowledge, concepts, views and ideas -- was being revealed. Everything was just as it was.

After waiting for an hour and a half in the breeze, I had to use the restroom. As luck would have it, number 16 was called while I was doing that. On my way back, I could hear my number being called and see people looking around for me. Fortunately, the woman who had been sitting next to me knew where I had gone, so she had let them know that I had not left. "Number 16!" "I'm here!" I called. People were smiling. A silent camaraderie had developed among those waiting together.

Two hours after I arrived at the Civic Center, I left with my temporary license in hand. I had experienced the Six Perfections of the Heart all in one morning and seen their benefits. Generosity, mindful living, patience, energy and effort, meditation, and wisdom. Our practice of these paramitas in our everyday lives is the canoe that takes us **all** to the shore of enlightenment.

*Namu kie butsu. Namu kie ho. Namu kie so.*



## October Dharma Programs

### Zen Meditation (zazen) and Chanting

- \* Every Wednesday morning from 6 a.m. to 7:15 a.m. in the Kannon Hall
- \* The following two Thursday evenings from 7:00 p.m. to 8:30 p.m. in the Kannon Hall:  
October 11 and October 25

Please arrive a few minutes early. Beginners are welcome. Call Rev. Jiko at 322-3524 for further information or to arrange an appointment for instruction.

### Monthly movie night featuring “Living Your Dying”



Rev. Dr. Mitsuo  
Aoki

At 7:00 p.m. on Thursday, October 18, we will be watching a 57-minute film about the life work of the late Rev. Dr. Mitsuo Aoki, theologian, minister, college professor, and founder of the University of Hawai'i Department of Religion, who for four decades, helped others through the dying process. *This film explores his personal journey and the stories of four courageous individuals who faced the challenge of “living their dying.”* Rev. Jiko took Dr. Aoki's “Death and Dying” course when she was a student at U.H. Manoa and highly recommends watching this film. Bring a mug for tea.

### Shakyo and Shabutsu: Tracing the Sutras and Pictures of Buddhas

On Saturday, October 20, a shakyo session will be held in the Kannon Hall from 9:00 a.m. to 10:30 a.m. Done in silence, shakyo is a meditation that brings one into the present moment. Brushes, ink, and paper are provided. Join us for an activity that brings tranquility to body and mind.

*Dharma sessions are open to everyone at no charge.*

*Donations to the temple are gratefully accepted.*

# October 2012

September 2012							October 2012							November 2012							
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30																					

- Sangha Sisters
- Youth Taiko
- Adult Taiko
- Family Service
- Major Service
- Temple Board
- Fujinkai
- Kannon-ko Service
- Project Dana
- Zazen
- Samu
- Special Events
- Baikako Practice
- Dharma Study
- Happy Strummers
- Offsite Backup
- Bon Dance Group
- Teen Sangha
- Orchid Club

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 8:00 AM Baikako Practice 9:30 AM Family Service	1 2:00 PM Offsite Backup 5:00 PM Youth Taiko 7:30 PM Happy Strummers	2 5:00 PM Zen Taiko	3 6:00 AM Zazen 5:00 PM Youth Taiko 7:00 PM Fujinkai Board	4 9:00 AM Tai Chi Practice 5:00 PM Zen Taiko 7:00 PM Temple Board	5 8:00 AM Samu	6
7 Daruma-ki 9:30 am	8 5:00 PM Youth Taiko	9 5:00 PM Zen Taiko	10 Project Dana 8:30 am 6:00 AM Zazen 5:00 PM Youth Taiko 7:00 PM Orchid Club 7:00 PM Taiko Board	11 9:00 AM Tai Chi Practice 5:00 PM Zen Taiko 7:00 PM Evening zazen	12 8:00 AM Samu 7:00 PM Sangha Sisters	13 9:00 AM Ministers Meeting 9:30 AM Beginners Youth Taiko 3:00 PM HSMA Conference
14 9:00 AM HSMA Conference	15 5:00 PM Youth Taiko	16 5:00 PM Zen Taiko	17 Kannon-ko 10 AM 6:00 AM Zazen 5:00 PM Youth Taiko	18 9:00 AM Tai Chi Practice 5:00 PM Zen Taiko 7:00 PM Movie "Living Your Dying"	19 8:00 AM Samu	20 9:00 AM Shakyo 9:30 AM Beginners Youth Taiko 10:00 AM Uchida Farm Open House
21 Temple Tour 2 pm 8:00 AM Baikako Practice 9:30 AM Family Service	22 5:00 PM Youth Taiko	23 5:00 PM Zen Taiko	24 6:00 AM Zazen 5:00 PM Youth Taiko	25 9:00 AM Tai Chi Practice 5:00 PM Zen Taiko 7:00 PM Evening zazen	26 8:00 AM Samu	27 Fujinkai Field Trip 9:30 AM Beginners Youth Taiko
28 9:30 AM Family Service	29 5:00 PM Youth Taiko	30 8:00 AM Interfaith Ministers Meeting 5:00 PM Zen Taiko	31 6:00 AM Zazen 5:00 PM Youth Taiko	1 9:00 AM Tai Chi Practice 5:00 PM Zen Taiko	2 8:00 AM Samu	3 9:30 AM Beginners Youth Taiko