



79-7241 Mamalahoa Hwy., Kealahou, HI 96750
(808) 322-3524 www.daifukuji.org

May, 2017
See "archives" on our website for previous newsletters.



Daifukuji Soto Mission

Sunday May 7, 2017

9:00 a.m. - 1:00 p.m.

79-7241 Mamalahola Hwy

located in Honalo next to
Teshima's Restaurant



A fundraiser for the Daifukuji Soto Mission Building Fund

For more information, call 322-3524

www.daifukuji.org

Bazaar Donations

From April 24 - May 5, items for the bazaar may be dropped off inside the Social Hall. Please see page 2 for donation guidelines.

Bazaar Set Up

We'll begin at 8 a.m. on Saturday, May 6. We humbly ask for your kokua.

Questions?

Please contact one of our bazaar co-chairs below or call the temple office at 322-3524.

Joyce (808) 329-3833

Stephen (808) 322-2543

Tōba Request Form

Please turn in tōba requests by June 1. See page 10.

Memorial Day Service & Blessing of Graduates

See page 3.



Daifukuji Bazaar Guidelines

1. Donations of clothing, books, toys, household items, arts and crafts, kitchenware, bags, footwear, and small appliances may be dropped off at the Daifukuji Hall from April 24 to May 5, 2017. Place items inside the hall. Write the donor's name and address on the donation sheet. We are NOT able to accept old computers and large electronic equipment, exercise equipment, appliances, or furniture.
2. **Please have all rummage items cleaned. Clothing should be washed.**
3. Donation of live plants may be dropped off on Saturday, May 6th or by 7:00 a.m. on Sunday, May 7th.
4. Donation of vegetables and other perishables may be dropped off Saturday, May 6th by 4:00 p.m.
5. Donation of baked goods and food items may be dropped off Sunday, May 7th by 7:00 a.m. Please label all food items and also include the donor's name.
6. All bazaar sale items are final: no refunds, returns or credits.
7. All members, please refrain from purchasing items until 11:00 a.m.
8. All members, please wear your Daifukuji T-shirts. See Rev. Jiko to purchase shirts. Shirts are available in children's and adult sizes in a variety of styles.
9. The Snack Shop and Temple Gift Shop will open at 8:00 a.m. on the day of the bazaar. All other units will open at 9:00 a.m.
10. Workers/members' vehicles should be parked in the cemetery area. Carpool if possible. If you need your car parked, please fill out and attach an identification tag to your keys for our parking staff. Key identification tags will be provided.
11. Lunch will be provided to all workers. Meal tickets will be issued to each Unit Chair by Avis Yamamoto.
12. At closing, each unit is responsible for cleaning its respective areas. Please assist other units as needed.
13. Monetary donations to the bazaar building fund may be mailed to: Daifukuji Soto Mission, P.O. Box 55, Kealahou, HI 96750.

Mahalo for supporting this year's bazaar!

Welcome,
New Members



With joy and gratitude, our sangha warmly welcomes:

Michael Keller

New members are always welcome. For information, see Rev. Jiko or visit our website: http://www.daifukuji.org/membership_brochure.pdf.

Monthly Services to Be Held at the Regency at Hualalai

Starting April 26, Rev. Jiko will be offering a monthly Buddhist service at the Regency at Hualalai on the 4th Wednesday of each month for residents of this retirement community in Kailua-Kona. Services will begin at 9:00 a.m. in the 4th floor Sunset Room. For more information, please contact Rev. Jiko at (808) 322-3524 or info@daifukuji.org.



Memorial Day Service & Blessing of Our High School Graduates

Sunday, May 28 9:30 a.m.

Prayers for world peace and a remembrance of our fallen soldiers and victims of war will be the focus of Daifukuji's Memorial Day service. A Dharma message will be given by Rev. Jiko Nakade. At the end of the service there will be a blessing of the high school graduates who are the children and grandchildren of temple members. Graduates belonging to our taiko group will also be honored.

We congratulate the following graduates of the Class of 2017: **Ian Denzer, Geoffrey Hand, and Vohn Yamaguchi**. If you know of any other graduate whose parents or grandparents belong to our sangha, please inform Rev. Jiko as soon as possible so that an invitation can be sent. Call (808) 322-3524 or send an email to info@daifukuji.org.

All are cordially invited to this service and to stay for the baccalaureate luncheon following the service. Thank you in advance to Fujinkai Team 2 members and volunteers.

Let's remember....

that the bazaar is more than a fundraiser. Yes, it is a time of hard work. But it's also an opportunity for fellowship and sangha building, an opportunity for getting to know others better, an opportunity for working together, helping each other, and celebrating the blessings of community. A bazaar is so much more than a fundraiser. It's also a fun-raiser. So, let's enjoy ourselves & not stress out.

Library News

By Clear Houn Englebert



Our library now has a very readable edition of *Guide to the Bodhisattva's Way Of Life* by Shantideva. Neil Elliott is the translator, and it replaces an edition that was more poetic, but less understandable. This classic poem is the basis for two unique novels by Janet Etele which are now in the library: *How Generosity Works* and *How the Root of Kindness Works*.

There are three new books by Thich Nhat Hanh: *A Handful of Quiet*, *Fidelity*, and *Peaceful Action, Open Heart*. The first one is for children, and the last one is a fabulous commentary on the Lotus Sutra.

Enso by Audrey Seo is absolutely wonderful! The *enso* is the big circle that Zen masters paint. It is perhaps the most common subject of Zen calligraphy. Seo has selected 56 of these circles by great masters, and she includes translations of the poetry that always accompanies the circle.

Zen Chants by Kazuaki Tanahashi is a very special book. Tanahashi carefully explains the scriptures that we chant regularly at Daifukuji—the ones that are in our sutra books.

When I saw *Cookies of Zen* by Myo Vong at the Hilo bookstore, Big Island BookBuyers, I thought it was a Buddhist-themed cookbook. Not so—this is one excellent Dharma book—unique, too! It's Korean Zen and our library doesn't have room for a very large Korean section, but we'll somehow make room for this book. The Dharma that's presented is very pure, very deep, and very beautiful. Plus the cover is lovely and inviting—that's a big plus in any book, and a great blessing for a Dharma book. When you see it, you will feel invited to take it home.

The other new arrivals are:

The Great Spring by Natalie Goldberg

Imagine All the People by Dalai Lama

Meeting Faith by Faith Adiele

Adventures with the Buddha edited by Jeffery Paine

Buddhist Remains in Afghanistan by R.B. Narain

Our latest DVD is *Kona Daifukuji New Year's Party 2017* by Aki Imai. Thank you to Aki for his many contributions to our library.



Big Island Taiko Festival 2017

University of Hawaii at Hilo Theater

Saturday, June 3 7:30pm

Sunday, June 4 2:00pm

Call the Box Office 932-7495 or order online at artscenter.uhh.hawaii.edu.

May Dharma Programs



Dharma Study Classes - Tuesdays, May 9, 16, 23, & 30 4:00 - 5:00 p.m No class on May 2

This series of classes is based on the book *Zen Living* by Domyo Sater Burk. There is 1 copy left for sale. All are welcome to join these classes. Call Rev. Jiko at (808) 322-3524 for further information.

Family Sangha Services: Sharing the Dharma with Children - **Sundays, May 14 and 21** at 9:30 a.m. Child-friendly 45-minute services which include yoga, zazen, chanting, singing, & Dharma lessons. For children of all ages and their parents & grandparents.

Buddhist Movie Night — Thursday, May 18 7:00 p.m. Kannon Hall

Zen Buddhist teacher, the late John Daido Loori Roshi, will be featured in the next segment of the DVD “Eastern Mystics: Discovering the Sacred in the Ordinary.” There’s no charge. Bring a mug for tea.

Zazen (Meditation)

* Every Wednesday morning from 6 a.m. - 7:20 a.m.

* Thursdays, **May 11 & 25** from 6:30 p.m. - 8:00 p.m.

Both morning and evening sessions include 20 minutes of chanting. Donations may be placed in the box on the incense table.

Shakyo & Shabutsu Art Meditation - Saturday, May 13 from 8:00 a.m. - 9:30 a.m.

Mindfully tracing the Heart Sutra & pictures of buddhas and bodhisattvas in silence unifies body, breath, and mind. All supplies provided. By donation.

Baikako Plum Blossom Choir Practice - Sunday, May 21 from 7:45 a.m. to 9:00 a.m.

The Gay Sangha - Friday, May 5 6:00 - 7:30 p.m.

A Buddhist group open to all, with a particular invitation to gay women and men and their families and friends. Meditation and discussion. Call (808) 328-0329 for information.

T'ai Chi

Every Tuesday and Thursday from 9:00 - 10:00 a.m. and Wednesdays from noon to 1 p.m. in the Hisashi Kimura Cultural Hall. Call instructor Philip Kakuho Hema for information: (808) 345-1492.

The Four Wisdoms: Kind Speech 愛語 (ai-go)

by Rev. Jiko Nakade



“Aigo” by Mrs. Takako Sato

In January, I wrote about “giving,” the first of the Four Wisdoms described in Chapter Four of the sutra *Shushogi*. Today’s topic is the second wisdom: Kind Speech.

My mother once shared with me the story of the birth of her and my father’s much-awaited first child. It was the year 1958. When my mother went into labor and was admitted to Kona Hospital, my father was not allowed to enter the labor and delivery room. Labor was long and excruciating and my mother tried not to cry out in pain. When she could no longer bear the pain, she asked the nurse for help and was stung by her curt reply: “You’re not the only one in pain.” After hours of intense labor, it was determined that a C-section was needed, but all too late. A beautiful ten-pound baby girl entered the world with no heartbeat. She was stillborn. In her old age, my mother told me this story with tears in her eyes. She said that she was never able to forget the unkind words of the

nurse, words that had pierced her heart. We may never know why that nurse had spoken so harshly to a woman in labor, and that nurse may never know how much her words had hurt a woman whose baby died that day, so long ago.

In our practice, we are encouraged to be aware of the suffering caused by unkind speech. The Buddha’s teachings on “Right Speech” are found in the Eightfold Path. Teachings to be mindful of our speech are also found in our sixteen precepts.

In Chapter Four “Making the Vow to Benefit Beings” of the *Shushogi*, it is written:

“Kind speech” means, when meeting living beings, to think kindly of them and offer them affectionate words. To speak with a feeling of tenderness toward living beings, as if they were one’s own infant, is what is meant by kind speech. We should praise the virtuous and pity the virtueless. Kind speech is fundamental to mollifying one’s enemies and fostering harmony among one’s friends. Hearing kind speech to one’s face brightens one’s countenance and pleases one’s heart. Hearing kind speech indirectly leaves a deep impression. We should realize that kind speech has the power to move the heavens.

Words carry tremendous power. We can all recall the moments when we were moved by someone’s words. A few words tenderly spoken can instill comfort, joy, and hope. They can uplift one’s spirits and make one’s heart sing. A few words, carelessly spoken, can cause pain and sorrow. They can cause friction and division, and lead to trouble and suffering.

Let us, therefore, do our best to practice “ai-go,” speaking, as Dogen Zenji advises, “with a feeling of tenderness toward living beings, as if they were one’s own infant.”

Namu kie butsu. Namu kie hō. Namu kie sō.



Sprouts are Nutritional Powerhouses

by Jien McLaughlin, Daifukuji Wellness Committee

Did you know that when a vegetable is picked it loses up to 30% of its nutritional value after three days? Did you know that sprouts are up to 30 times more nutritious than organic vegetables? Sprouts are living plants with a tremendous amount of vitamins and enzymes. According to WebMD, "The simple process of sprouting brings out many enzymes in germinated seeds, legumes and grains, making them easier to digest. It also increases the amount and bioavailability of protein, vitamins and minerals, transforming them into nutritional powerhouses." This simply means that sprouts have more nutrition and that it is easier for the body to absorb all this nutrition.

Historically, civilizations knew the value of sprouts. The Chinese used to carry mung beans with them when they sailed for long journeys at sea. They used to sprout the mung beans which prevented them from getting scurvy. Mung bean sprouts have a high level of vitamin C which helped guard against scurvy.

Sprouting in your kitchen is like having your own little garden. It's easy and inexpensive to have fresh sprouts every day. All you need is a few seeds, a jar and a little mesh to cover the opening. We'll be learning about sprout growing at our April Project Dana and again as a Family Sangha activity on Sunday, April 16 after the 9:30 family service. You are welcome to join us.

What's an ō- tōba? 大塔婆

At the time of O-Bon, Buddhists offer long wooden memorial tablets called ō-tōba for the benefit of the deceased. The Japanese word "tōba" comes from the Sanskrit word "stupa." In India, the relics of Shakyamuni Buddha were kept in burial mounds called stupas. Over time, the stupa developed into a variety of forms as Buddhism travelled across Asia. Among these forms was the five-storied pagoda.

The top section of the ō-tōba ("O" meaning "large") is cut into a pagoda of five levels with each level depicted by a particular shape. Starting at the bottom, there is a square representing earth, then a circle representing water, followed by a triangle representing fire, a semicircle representing wind, and a jewel of fulfillment at the top representing space. Everything in the universe, including our human bodies, are made up of these five elements, which are constantly changing.

At the O-bon service, the tōba memorial dedications are chanted by the minister and the merit dedicated to the deceased. Departed loved ones and family ancestors are remembered with gratitude. It is our prayer that all be liberated from suffering and brought to great peace. See tōba request form on page 10.



Bon Dance Season: It's Just Around the Corner



With the June 10th O-Bon Festival at the Keauhou Shopping Center being the kickoff, the season of Bon dancing is just around the corner. It will soon be time to get out your happi coats and yukatas for another summer of “dancing with your ancestors,” which is what Bon dances are all about.

Daifukuji’s Bon Dance teacher, Winifred Kimura, will be offering free Bon Dance classes as follows:

| | | |
|-----------------|-------------------|------------------|
| Monday, May 15 | Tuesday, June 27 | Tuesday, July 4 |
| Monday, June 19 | Thursday, June 29 | Thursday, July 6 |

Classes will be held from 7:00 - 8:30 p.m. in the Daifukuji Social Hall. All are welcome. Beginners, here’s your chance! For more information, please call Winifred at (808) 322-3296.

“The Kona Coffee Story: Along the Hawaii Belt Road”

Through the month of November, you’ll be able to view an award-winning exhibit at the H.N. Greenwell Store Museum in Kealakekua. “The Kona Coffee Story: Along the Hawaii Belt Road” is open from 10 a.m. to 2 p.m. on Mondays, Tuesdays, Thursdays, and the first Saturday of each month.

Historic photographs and artifacts, as well the personal stories of our hardworking Kona coffee farmers, are featured. Admission is \$5.

For information, call the Kona Historical Society at (808) 323-3222 or go to <http://www.konahistorical.org>.

Coming Up in June...

| | |
|------------------------------|---------|
| Lay Confirmation Ceremony... | June 4 |
| Keauhou Bon Festival..... | June 10 |
| General Clean Up..... | June 11 |
| Project Dana..... | June 14 |
| Jizo-ko & Kannon-ko..... | June 21 |
| O-Bon Service..... | June 25 |

An Invitation from Taishoji Soto Mission

Rev. Shinsho and Mrs. Mamiko Hata and the members of Taishoji Soto Mission are inviting Daifukuji members to Taishoji’s Bon Dance on July 29 and Bon Service on July 30. Rev. Hata will be the guest speaker at Daifukuji’s Bon Service on June 25.

May 2017

| April 2017 | | | | | | | May 2017 | | | | | | | June 2017 | | | | | | | | |
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| 9 | 10 | 11 | 12 | 13 | 14 | 15 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | | |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | | |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 | 28 | 29 | 30 | 31 | | | | 25 | 26 | 27 | 28 | 29 | 30 | | | |
| 30 | | | | | | | | | | | | | | | | | | | | | | |

- Major Service
- Home
- Work
- Work
- Work
- Zazen
- Sangha Sisters
- Youth Taiko
- Adult Taiko
- Family Service
- Happy Strummers
- Temple Board
- Fujinkai
- Kannon-ko Service
- Project Dana
- Orchid Club
- Samu
- Special Events
- Baikako Practice
- Dharma Study
- US Holidays
- Found in Apps
- Offsite Backup
- Bon Dance Group
- Teen Sangha

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|--|--|---|
| 30 ... Bazaar items accepted 9:30 AM Family Service 4:00 PM Youth Taiko | 1 ... Bazaar items accepted 5:00 PM Precepts Study 7:30 PM Happy Strummers | 2 ... Bazaar items accepted 9:00 AM T'ai Chi 5:30 PM Zen Taiko | 3 ... Bazaar items accepted 6:00 AM Zazen 12:00 PM T'ai Chi 7:00 PM Fujinkai Board | 4 ... Bazaar items accepted 9:00 AM T'ai Chi 5:30 PM Zen Taiko | 5 ... Bazaar items accepted 7:30 AM Samu 6:00 PM Gay Sangha | 6 Bazaar Set Up 8am |
| 7 BAZAAR 9 a.m. to 1 p.m. | 8 5:00 PM Precepts Study | 9 9:00 AM T'ai Chi 9:00 AM Bare Bones Writers 4:00 PM Dharma Study 5:30 PM Zen Taiko | 10 Project Dana 8:30 am 6:00 AM Zazen 12:00 PM T'ai Chi 7:00 PM Orchid Club | 11 9:00 AM T'ai Chi 5:30 PM Zen Taiko 6:30 PM Evening Zazen | 12 7:30 AM Samu 7:00 PM Sangha Sisters | 13 8:00 AM Shakyo 9:30 AM Youth Taiko |
| 14 Mother's Day 9:30 AM Family Service 4:00 PM Youth Taiko | 15 5:00 PM Precepts Study 7:00 PM Bon Dance Class | 16 9:00 AM T'ai Chi 4:00 PM Dharma Study 5:30 PM Zen Taiko | 17 Kannon-ko 10 am 6:00 AM Zazen 12:00 PM T'ai Chi | 18 9:00 AM T'ai Chi 5:30 PM Zen Taiko 7:00 PM Buddhist Movie | 19 7:30 AM Samu | 20 9:30 AM Youth Taiko |
| 21 7:30 AM Baikako 9:30 AM Family Service 4:00 PM Youth Taiko | 22 5:00 PM Precepts Study | 23 9:00 AM T'ai Chi 4:00 PM Dharma Study 5:30 PM Zen Taiko | 24 6:00 AM Zazen 9:00 AM Service at Regency at Hualalai 12:00 PM T'ai Chi | 25 9:00 AM T'ai Chi 10:00 AM Library Staff 5:30 PM Zen Taiko 6:30 PM Evening Zazen | 26 7:30 AM Samu | 27 9:30 AM Youth Taiko |
| 28 Memorial Day Service 9:30 Blessing of Graduates 4:00 PM Youth Taiko | 29 Memorial Day | 30 9:00 AM T'ai Chi 4:00 PM Dharma Study 5:30 PM Zen Taiko | 31 6:00 AM Zazen 12:00 PM T'ai Chi | 1 9:00 AM T'ai Chi 5:30 PM Zen Taiko | 2 7:30 AM Samu 6:00 PM Gay Sangha | 3 9:30 AM Youth Taiko |

Daifukuji Soto Mission O-Toba and Ko-Toba Request Form
Please turn in by June 1, 2017

YOUR NAME _____

At Obon, Buddhists express their gratitude to their ancestors by making prayer offerings in the form of TOBA. The names of the deceased will be read by the minister during the Obon Service to which you are invited on June 25, 2017. Please send or bring your request form to Daifukuji no later than **June 1** and make checks payable to **Daifukuji Soto Mission**. If you have any questions, please call Rev. Jiko at (808) 322-3524.

PHONE NUMBER _____ **E-MAIL ADDRESS** _____

O-TOBA (written on wooden boards)..... Donation \$10.00 per request

O-TOBA are offered in remembrance of:

1. Your family ancestors as a group (example: The Nakade Family Ancestors)
2. A deceased family member or friend for whom this is a first Obon (hatsubon)

PLEASE PRINT NAMES CLEARLY.

I dedicate the merit of these prayers to.....

1. _____
 2. _____
 3. _____
 4. _____
-

KO-TOBA (written on paper)..... Donation \$2.00 per request

KO-TOBA are similar to O-toba, but are written on paper instead of wood and are a second option. Please print names clearly. *I dedicate the merit of these prayers to.....*

- | | |
|----------|----------|
| 1. _____ | 2. _____ |
| 3. _____ | 4. _____ |
| 5. _____ | 6. _____ |

Your Name _____

Total enclosed _____