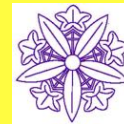


Daifukuji Soto Mission

Where Compassion Blooms



79-7241 Mamalahoa Hwy., Kealahakua, HI 96750

July, 2024

(808) 322-3524 www.daifukuji.org

See “archives” on our website for previous newsletters.



Daifukuji Soto Mission Bon Dance

“Celebrating Community & Honoring Ancestors”

Saturday, July 13, 2024

3:00 PM - 6:30 PM

Public Welcome

Free Admission

We invite you to join our Obon festivities and enjoy the dancing, taiko drumming, Zumba, and fellowship. The temple’s gift shop will be open. Purchase snacks and drinks at Kona Daifukuji Taiko’s food booth.

Free Bon Dance practice sessions from 7 p.m. - 8:30 p.m. will be offered by sensei Winnie Kimura in the Social Hall. Beginners are welcome.

Practice Sessions

June 4, 11 & 25 (No practice on June 18)

July 2, 4, 9, & 11

79-7241 Mamalahoa Hwy next to Teshima’s Restaurant in Honalo.
www.daifukuji.org (808) 322-3524

Help Needed

Set up will start at 8:00 a.m.
on Saturday, July 13.

Clean up will start at 9:00
a.m. on Sunday, July 14.

Parking and Food

If you are planning to arrive early before the Bon dance starts and to stay until the end, please park your vehicle along the road leading to the cemetery. Lights will be strung along this road by Larry Yoshiyama.

Kona Daifukuji Taiko will be selling teri burgers, hot dogs, coffee and assorted drinks at their food booth.

Questions? Call (808) 322-3524.



In Remembrance of Bishop Shugen Komagata

by Rev. Jikō Nakade

Aloha Sangha members and friends,

On the 7th of June, Bishop Shugen Komagata, peacefully passed away in Honolulu after being under hospice care for three days. He was a deeply loved and respected spiritual leader of our ten Hawai'i Soto Zen temples. His passing, at the age of 80, following several years of cancer treatment and, more recently, a series of strokes, is a great loss for all of us. We extend our sincere condolences to his family: Daishu Komagata, Ph.D. and Irina Vasileva, Ph.D. and their two children, and Rev. Shuji and Mrs. Jaymie Komagata and their two children, as well as to Bishop Komagata's sisters and large 'ohana. We send our love to the ministers, deacons, and members of the Soto Mission of Hawaii sangha, who benefitted daily from the Bishop's wise guidance during his tenure as the head priest of our main temple in Honolulu. It goes without saying that many hearts are hurting during this sorrowful time. Truly, let us encircle everyone with loving-kindness.

Because Bishop Komagata served as the resident minister of Daifukuji Soto Mission from 1976- 1981, many Daifukuji members benefitted from his spiritual guidance during this period and have fond memories of him and his late wife Mrs. Faye Komagata. He enjoyed having a cup (or many cups) of coffee and "talking story" with temple members. Always personable and kind, Komagata sensei endeared himself to those he met. Born in Niigata, Japan, he came from a long line of Soto Zen priests and valued the traditions and culture of Japan. At the same time, he understood American values and our unique Hawai'i ways, having gone to school both here in Hawai'i and in New Mexico. Encouraged by his Japanese-American wife, Faye, he made sure that women had a place on the temple board, something that was unheard of back in the day when men and only men held leadership positions on the board. More recently, he supported the UHSSWA's move to become gender inclusive, opening up this once all-women organization to persons of all genders. He did his best to move our organization in new directions.

On a personal note, Bishop Komagata was one of my senseis here at Daifukuji. During my teenage years when I loved hanging out at the temple, I absorbed what both Bishop and Mrs. Komagata taught me, and, from time to time, babysat their children, Daishu and Shuji. A most precious Dharma gift which I received from Komagata Sensei was the practice of zazen. He began our Young Buddhist Association meetings with zazen, a practice which is now part of my everyday life. My heart overflows with gratitude for Bishop Komagata, whose devotion to the Three Treasures and dedication to serving our Hawai'i sanghas have inspired me over the decades.

A memorial service for Bishop Komagata will be held at the Soto Mission of Hawaii on Sunday, October 13 at 11 a.m. It will be open to the public. Messages of sympathy may be sent to: Soto Mission of Hawaii, Attn: Rev. Shuji Komagata, 1708 Nuuanu Avenue, Honolulu, HI 96817.

In gasshō,

Jikō Nakade

12th Resident Minister of Daifukuji Soto Mission

Fujinkai Helps Honaunau Elementary School

by Susie Seien Weaver, Fujinkai Vice-President



The day before Honaunau School started their summer session, administrators were informed that there would not be any school breakfast or school lunch for the kids until the following week. Breakfast and lunch were needed to feed sixty students for the next three days.

A request was put out to several community groups, Daifukuji included. When Rev. Jiko saw the email, she immediately notified me (I live near the school). I called up and talked to the school's secretary, Hala Medeiros, to ask what kind of food the kids would actually eat rather than toss. She let me know that like Daifukuji, Honaunau Elementary is part of the Blue Zones Project. She said that the kids love yogurt, fruit and bars without peanuts as they are also a peanut-free school. I called Joyce, our Fujinkai president, and she and the Fujinkai board immediately gave their support. In order to quickly get food to Honaunau elementary, my son Wiliwili Weaver was able to stop by Costco after work and pick up yogurts, fig bars, dried apricots and cutie tangerines for the 60 students. When temple member Smita Patel heard about this, her business, Patel's, made a nice donation to help cover the costs. With a little coordination, our Fujinkai was able to help provide some nutritious food for our local keikis' breakfast.

Within hours of the request for meals going out, several community groups took quick action and breakfast and lunches for the next three days got covered. They say that it takes a village to raise a child.....we are that village.

The Fujinkai welcomes new members. For information, pick up a brochure at the temple or visit https://www.daifukuji.org/activities/Fujinkai_Brochure_2022.pdf. Rev. Jiko would be happy to give you a membership form. Annual dues are \$10.



When
Friday, June 21, 2024
Place your order for pickup or delivery on Friday, June 21!

Where
Available at Panda Express locations nationwide
www.pandaexpress.com

How
Online orders only
Apply code **923856** in the Fundraiser Code box during online checkout at www.pandaexpress.com or via App

28% of sales will be donated to: UHSSWA

To foster and preserve the better understanding of Soto Zen Buddhism and cultural development.

You can help the UHSSWA (Statewide Fujinkai Association) by participating in the organization's one-day only Panda Express Virtual Community Fundraiser.

Friday, June 21, 2024

Any Panda Express Location Nationwide

ONLINE ORDERS ONLY

Go to www.pandaexpress.com or via App and apply code **923856** in the Fundraiser Code box during online checkout.

28% of sales will be donated to the UHSSWA, which promotes the development of Soto Zen Buddhism in Hawai'i.



From Kannon to Benzaiten: The Cultural Journey of a Buddhist Statue

A Talk by Professor Jessica Falcone

Saturday, July 6 11:30 a.m. Social Hall

All Welcome

Last summer, Daifukuji member, and cultural anthropologist, Jess Myoju Falcone, spent several weeks learning about museum anthropology at the Smithsonian in DC. In this talk, she will be sharing some lessons learned about the National Museum of Natural History's collection of Buddhist statues. If you are curious what "museum anthropology" is, and how anthropologists do research in museums, please come to the talk.

This talk will broadly discuss some art history about Kannon statues, but also delve deeper into the cultural biography of one specific item in the Smithsonian's collection that was misidentified for over a hundred years.

We'll have tea following the talk. Contributions of refreshments are welcome.

Living By Vow: A New Dharma Series to be Offered Via Zoom

Group 1: Thursdays from 11 a.m. to Noon HST — Starting September 26

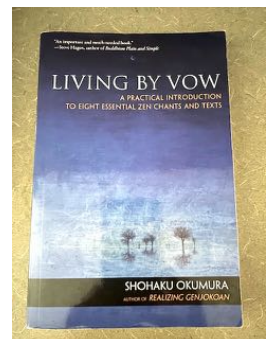
Group 2: Saturdays from 8 a.m. to 9 a.m. HST — Starting September 28

After the precepts classes are completed, Rev. Jiko will be starting a new series of Zoom Dharma classes using the book *Living By Vow: A Practical Introduction to Eight Essential Zen Chants and Texts* by Rev. Shohaku Okumura, a Soto Zen scholar-priest who founded the Sanshin Zen Community in Bloomington, Indiana and the author of several books on Soto Zen teachings and philosophy.

“This immensely useful book explores Zen's rich tradition of chanted liturgy and the powerful ways that such chants support meditation, expressing and helping us truly uphold our heartfelt vows to live a life of freedom and compassion.”

Class participants may purchase a copy of this book at the discounted price of \$10 through the Daifukuji Gift Shop, where the book is currently available for purchase. The gift shop is unable to handle mail orders. The book is readily available for order online.

To register for the fall series of study sessions or ask questions about the series, please contact Rev. Jiko at rev.jiko@daifukuji.org or call (808) 322-3524. Choose group 1 or group 2. These classes will be offered free of charge. However, if one wishes, one may make a donation to Daifukuji Soto Mission. Donations are appreciated.



Welcome, New Members



The Daifukuji sangha warmly welcomes the following new members:

Esther Jenkins, Ron and Leilani Umehira, Minoru and Shari Ann Yamamoto and family, Dr. Sarah Hathaway, and Swami Om.

Our various temple groups are always happy to receive new members. For information about group activities, please visit <https://www.daifukuji.org/activities.html>. Information regarding temple membership may be found online at https://www.daifukuji.org/membership_brochure.pdf or by calling the temple office at (808) 322-3524. Our Sangha welcomes you.



Barb surrounded by auction items in 2022.

Online Auction to be Held in August

by Barb Shōshin Bosz

We've got exciting news for you! Daifukuji is having an online auction. This will be our annual fundraiser for the temple's general fund — an auction instead of a bazaar this year.

Here are the dates to keep in mind and the auction website link

www.32auctions.com/templemalama

August 17 -23 Collection of donated items. Items need to be clean, new or lightly used. We will not accept heavy items or computer equipment. Please bring items to our social hall.

August 24-30 Auction is live online. Bids are placed.

September 1 & 2 Winnings can be picked up.

We'd like to ask Daifukuji members and friends to help us put this on.

Shifts for being at the social hall to collect, prep, & ready items for photographing are available.

Asking for donations from the community is extremely helpful. For example, gift cards are popular items.

If you like taking photos and can help, let us know. If you're comfortable making shift schedules, we need you. If you would like to help in some way, please give us a call.

More information will be available in next month's newsletter.

Please call Barb at (808) 987-2673, Joyce at (808) 329-3833, or Rev. Jiko at (808) 322-3524 to let us know that you would like to help with this temple fundraiser or if you have questions.

Mindfulness and Walking Meditation

Daifukuji Buddhist Temple in Honalo will offer a one-hour class on mindfulness and walking meditation on Saturday, July 20 at 10:00am. Mindfulness is the simple, repetitive effort of bringing one's attention back to the task at hand throughout the day. It is an essential part of Zen training.

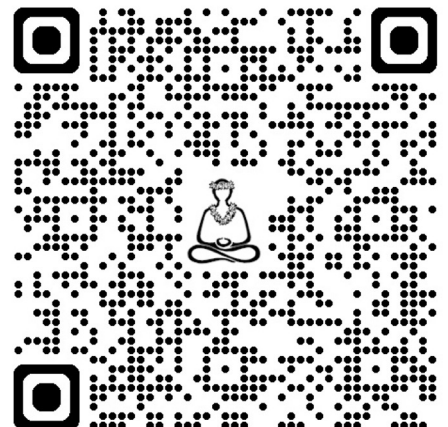
The class will include suggestions for recentering oneself, being mindful in difficult situations, and dealing with bothersome thoughts, as well as time to practice walking meditation - an exercise in mindfulness.



The class is free, but preregistration is required. Scan to register, or call 808-322-3524, or email to info@daifukuji.org.

Daifukuji is at 79-7241 Mamalahoa Hwy. In Honalo, next to Teshima's restaurant.

www.daifukuji.org



July Activities (More activities listed at <https://www.daifukuji.org/activities.html>)

Dharma Keiki - Two Sundays, July 7 and July 21 from 9:30 a.m. to 10:15 a.m. A Dharma program for children of preschool age to grade 3 and their parents. Siblings welcome. By donation. Bring a healthy snack to share. Contact Rev. Jiko at rev.jiko@daifukuji.org for information or to register your child.

Zazen (Meditation) - Zazen is offered in person and via Zoom every Wednesday and Friday from 6:00 a.m. - 7:00 a.m. Wednesday zazen is followed by 20 minutes of chanting. Sunset meditation is held on Monday evenings from 6:00 p.m. - 7:00 p.m. Practitioners are asked to arrive 10-15 prior to the starting time. Contact Rev. Jiko at rev.jiko@daifukuji.org to receive the Zoom link for the morning zazen sessions.

Shakyo (Tracing the Sutras) & Shabutsu (tracing pictures of buddhas) - **Saturday, July 6** from 9:30 a.m. to 11:00 a.m. in the Social Hall. All are welcome. By donation.

Daifukuji Gay Sangha - 1st Friday of the month at 5:30 p.m. Meditation and discussion. All welcome. For information, call Clear Houn at (808) 328-0329.

Sangha Sisters Women's Spirituality Circle - Meetings are held in person and via Zoom on the second Friday of the month at 4:30 p.m. Call Susie at (808) 936-5817 for information.

T'ai Chi - All classes are one hour and held inside the Hisashi Kimura Cultural Hall. \$5.00 per class. Call instructor Philip Kakuho Hema for schedule and other information: (808) 345-1492.

Soleful Strutters - T'ai Chi warm-up & walking on temple grounds at 9:00 a.m. on Tuesdays. For information, please contact Hannah Israel at (408) 421-8845 or Reverend Jiko at (808) 322-3524.

Samu Fridays - Volunteers are welcome for temple cleaning and grounds maintenance on Friday mornings from 8 a.m. - 10 a.m. Coffee hour & fellowship follows. Bring a snack to share.

Yoga via Zoom — 6 Thursdays from July 11 - August 21 from 8:00 - 9:00 a.m. HST.. Drop in or whole series. What's needed: Yoga mat, loose clothing, water, towel, empty stomach. Temple Offering by mail or at <https://www.daifukuji.org/donation/index.html>. Instructor: Ambika "Jō-An" Rose, (808) 430-2620. Email for Registration & Zoom Link: ambikarose@hawaiiantel.net.

In-person Yoga — Every Monday from 8:30 a.m. - 9:30 a.m. in the Hisashi Kimura Cultural Hall. No fee, but donations accepted. Bring a mat or towel. Call instructor Liz Aschenbrenner: (808) 345-1270 or liz217a@hotmail.com. No yoga class on July 8.

Library News

By Clear Hōun Englebert



Here are the new arrivals:

Tea with a Zen Nun by Shundo Aoyama is a gift to Daifukuji from the author. Yukiko Murano is the translator. The book is subtitled *Twelve Lessons from the Japanese Tea Ceremony*.

Zen and the Ten Oxherding Pictures by Demi is a beautiful children's book.

More Old Time Kona Stories III by Kona Japanese Civic Association is another of their collections of people's remembering Kona's past.

Kona Coffee Days by Tomoe Nimori and Millicent Towata Grand is another glimpse back in time, but this book has photos that are practically guaranteed to impress you with not only their age but also how beautifully the pictures are reproduced. They look worthy of framing.

Love for Imperfect Things is by Haemin Sunim, a Korean Zen monk.

The Revolutionary Life of Freda Bedi by Vicki Mackenzie is a wonderful biography of the first Western woman to be fully ordained as a Tibetan Buddhist nun. She lived from 1911 to 1977 and the book has lots of nice photos.

Mourning the Unborn Dead by Jeff Wilson is about the ceremony for aborted or miscarried fetuses. Abortion is safe, common, and accepted in Japan and over the past forty years the ceremony (*mizuko kuyo*) has gradually come to the West.

Heartwood by Barbara Becker is the latest Dharma Study book.

We have two new books in Japanese. They are both translated by Kozo Otani:

The Dalai Lama Explains the Mystery of Death and *The Dalai Lama Speaks on the Heart Sutra*.

Now I've saved the best for last.

Treasury of the True Dharma Eye: Dogen's Shobogenzo is translated by the Soto Zen Text Project and produced by Sotoshu Shumicho in Japan. It's an eight-volume set, hot-off-the-press and quite deluxe. It's currently not available for checkout because it's irreplaceable. It will however be published in paperback in November by the University of Hawaii Press, and the gift shop already has copies on order and will then offer them at very near the wholesale cost (which is still going to be around \$130—but worth it—*totally* worth it).



Bottom Dropping Out of the Bucket

by Michael Keller

The Zen expression, “the bottom drops out of the bucket,” is an image of an enlightenment experience, in which the sense of personal self leaves the mind. The website of the Tree Top Zen Center indicates that the expression springs from the story of a certain Chiyono, a servant in a Zen monastery, who was advised by a nun to practice zazen. Chiyono was enlightened after only a few months while carrying water from a monastery well. She wrote about her enlightenment, “With this and that I tried to keep the bucket together, and then the bottom fell out.”

The bottom falling out is more than an image; it is a physical description of what a zazen practitioner may experience as he or she, without aiming for it, awaits enlightenment. In my own case, as I sit, I am aware of a shifting force-field in my body, part of whose activity is to put a kind of shell of energy around me. For that shell to dissolve would be to have the bottom drop out of the bucket.

Whether the bottom will drop out of the bucket is problematic. A practitioner would be well advised not to aim for it, because that would constitute the “gaining idea” that Suzuki Roshi warns against in *Zen Mind, Beginner’s Mind*, saying, “If you are trying to attain enlightenment, . . . you are wasting your time on your black cushion.” In truth there is nothing a practitioner can do to trigger falling through the bottom of the bucket.

Even so, for a practitioner, as the sense of self gradually falls into the background and he becomes aware of his buddhanature, he lives in contentment and peace and usually drops any preoccupation with enlightenment.

Fire Safety Tips

Here are some of the tips which we gathered from fire inspector John Requelman’s fire safety presentation in May. (Follow Hawaii Fire Department on Instagram and on YouTube. <https://www.youtube.com/@HawaiiFireDepartment>)

Smoke alarms

- Have one in every bedroom, one close to kitchen and in hallway at highest point.
- Test once a month. Change every 10 years. Check expiration date.
- Change battery once a year. (New ones don’t require as much maintenance.)

We watched this video by the Fire Safety Research Institute which opened our eyes to the importance of sleeping with one’s bedroom door closed. <https://www.youtube.com/watch?v=bSP03BE74WA>

July 2024

- Zazen

Sangha Sisters

Youth Taiko

Adult Taiko

Major Service
- Happy Strummers

Temple Board

Fujinkai

Kannon-ko Service

Project Dana
- Orchid Club

Samu

Special Events

Baikako Practice

Dharma Study
- Home

Work

Offsite Backup

Bon Dance Group

Teen Sangha
- Youth Taiko

Adult Taiko

Family Service

Major Service and 15 more...

| June 2024 | | | | | | | July 2024 | | | | | | | August 2024 | | | | | | | | | | | | | | | | | | | | |
|-----------|----|----|----|----|----|----|-----------|---|---|---|---|---|---|-------------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
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| 9 | 10 | 11 | 12 | 13 | 14 | 15 | | | | | | | | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | | | | | | | |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 | | | | | | | | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | | | | | | | |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 | | | | | | | | 28 | 29 | 30 | 31 | | | | | | | | | | | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| 30 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|--|---|---|
| <div>30</div> <div>Obon Service 10 am</div> | <div>1</div> <div>8:30 AM Yoga with Liz</div> <div>5:00 PM Youth Taiko</div> <div>6:00 PM Sunset Meditation</div> | <div>2</div> <div>Bon Dance Class 7 pm</div> <div>9:00 AM Soleful Strutters Moai</div> <div>6:00 PM Zen Taiko</div> | <div>3</div> <div>6:00 AM Zazen & Service</div> <div>5:00 PM Youth Taiko</div> | <div>4</div> <div>Bon Dance Class 7 pm</div> <div>9:00 AM Tai Chi</div> <div>9:00 AM Library Staff Meeting</div> <div>6:00 PM Zen Taiko</div> | <div>5</div> <div>6:00 AM Zazen</div> <div>8:00 AM Samu</div> <div>10:00 AM Gift shop 10am-1pm</div> <div>5:30 PM Gay Sangha</div> | <div>6</div> <div>Talk by Jess F...one 11:30 am</div> <div>Shakyo 9:30 am</div> <div>8:00 AM Precepts Class</div> <div>10:15 AM Youth Taiko</div> <div>11:00 AM Gift Shop 11am-5pm</div> |
| <div>7</div> <div>Dharma Keiki 9:30 am</div> | <div>8</div> <div>5:00 PM Youth Taiko</div> <div>6:00 PM Sunset Meditation</div> | <div>9</div> <div>Bon Dance Class 7 pm</div> <div>9:00 AM Soleful Strutters Moai</div> <div>6:00 PM Zen Taiko</div> | <div>10</div> <div>Project Dana 9:30 AM</div> <div>6:00 AM Zazen & Service</div> <div>5:00 PM Youth Taiko</div> <div>6:30 PM Orchid Club</div> | <div>11</div> <div>Bon Dance Class 7 pm</div> <div>8:00 AM Zoom Yoga with Ambika</div> <div>9:00 AM Tai Chi</div> <div>6:00 PM Zen Taiko</div> | <div>12</div> <div>6:00 AM Zazen</div> <div>8:00 AM Samu</div> <div>10:00 AM Gift shop 10am-1pm</div> <div>4:30 PM Sangha Sisters</div> | <div>13</div> <div>Our Bon Dance 3-6:30 pm</div> <div>Bon Dance Set Up 8 am</div> <div>10:15 AM Youth Taiko</div> <div>11:00 AM Gift Shop 11am-5pm</div> |
| <div>14</div> <div>Bon dance clean up 9 am</div> | <div>15</div> <div>8:30 AM Yoga with Liz</div> <div>6:00 PM Sunset Meditation</div> | <div>16</div> <div>9:00 AM Soleful Strutters Moai</div> <div>6:00 PM Zen Taiko</div> | <div>17</div> <div>Kannon-ko 10 am</div> <div>6:00 AM Zazen & Service</div> | <div>18</div> <div>8:00 AM Zoom Yoga with Ambika</div> <div>9:00 AM Tai Chi</div> <div>6:00 PM Zen Taiko</div> <div>7:00 PM Temple Board</div> | <div>19</div> <div>6:00 AM Zazen</div> <div>8:00 AM Samu</div> <div>10:00 AM Gift shop 10am-1pm</div> <div>4:00 PM Fujinkai Board</div> | <div>20</div> <div>Mindfulness Class 10 am</div> <div>8:00 AM Precepts Class</div> <div>10:15 AM Youth Taiko</div> <div>11:00 AM Gift Shop 11am-5pm</div> <div>6:00 PM Keei Bon Dance</div> |
| <div>21</div> <div>Dharma Keiki 9:30 am</div> <div>Baikako Practice 7:45 am</div> <div>2:00 PM Happy Strummers</div> | <div>22</div> <div>8:30 AM Yoga with Liz</div> <div>5:00 PM Youth Taiko</div> <div>6:00 PM Sunset Meditation</div> | <div>23</div> <div>9:00 AM Soleful Strutters Moai</div> <div>6:00 PM Zen Taiko</div> | <div>24</div> <div>6:00 AM Zazen & Service</div> | <div>25</div> <div>8:00 AM Zoom Yoga with Ambika</div> <div>9:00 AM Tai Chi</div> <div>6:00 PM Zen Taiko</div> | <div>26</div> <div>6:00 AM Zazen</div> <div>8:00 AM Samu</div> <div>10:00 AM Gift shop 10am-1pm</div> | <div>27</div> <div>8:00 AM Precepts Class</div> <div>10:15 AM Youth Taiko</div> <div>11:00 AM Gift Shop 11am-5pm</div> <div>6:00 PM Kona Hongwanji's Bon Dance</div> |
| <div>28</div> <div>10:00 AM Taishoji's Bon Service</div> | <div>29</div> <div>8:30 AM Yoga with Liz</div> <div>5:00 PM Youth Taiko</div> <div>6:00 PM Sunset Meditation</div> | <div>30</div> <div>9:00 AM Soleful Strutters Moai</div> <div>6:00 PM Zen Taiko</div> | <div>31</div> <div>6:00 AM Zazen & Service</div> <div>5:00 PM Youth Taiko</div> | <div>1</div> <div>8:00 AM Zoom Yoga with Ambika</div> <div>9:00 AM Tai Chi</div> <div>6:00 PM Zen Taiko</div> | <div>2</div> <div>6:00 AM Zazen</div> <div>8:00 AM Samu</div> <div>10:00 AM Gift shop 10am-1pm</div> <div>5:30 PM Gay Sangha</div> | <div>3</div> <div>8:00 AM Precepts Class</div> <div>10:15 AM Youth Taiko</div> <div>11:00 AM Gift Shop 11am-5pm</div> |



79-7241 Mamalahoa Hwy, Kealahou, HI 96750 (808) 322-3524

KONA DAIFUKUJI "ZOOM" YOGA^{6.9.24}

6 Thurs. 8-9 am HST July 11, 18, 25 Aug. 7, 14, 21

- | | | |
|-------------------|-----------------|--------------------|
| • 7:45 – 8 am HST | Welcome Warm-up | • 12:45 – 1 pm EST |
| • 8:00 – 9 am | "ZOOM" YOGA! | • 1:00 – 2 pm |
| • 9:00 – 9:20am | Chat (optional) | • 2:00 – 2:20 pm |

**Open to: Members, Kona Community and ALL
Beginners & Experienced WELCOME!**

@Drop in or Whole Series@

ENERGY is our focus, so move to your body!

Pt 1: Basic Amrit Asanas: "Patanjali's Yoga Sutra as our guide!"

Bring: Yoga mat, loose clothing, H2O, & towel, empty stomach

"Dana"=Temple Offering by mail or at: <http://www.daifukuji.org/donation/index.html>

Email for REGISTRATION & Link: ambikarose@hawaiiantel.net



Instructor: Ambika "Jō-An" Rose

I have taught yoga for 47 years. The "Style" is Amrit Yoga an authentic, meditative exploration of **Shakti [Chi] EnErGy** through intention, breath, alignment, extension & movement. Following postures, we pause: relax, breathe, and "let go!" We **EXPLORE ENERGY!** For inquiry: 808-430-2620 ^{6.9.24}



DHARMA KEIKI

BUDDHIST TEACHINGS FOR KIDS & THE YOUNG AT HEART

Supported by the Hawaii Soto Mission Association and administered by the
Hawaii Soto Mission Head Office

First Sunday of the Month

9:30 a.m. HST - 10:15 a.m. HST

**Via ZOOM at Your Local Hawai'i Soto Zen Buddhist Temple
or From Your Home**

- Registration is required and must be done online.
- A waiver and release of liability form must be signed.
- Adult participation is required. Zoom sessions will not be recorded by the host. Participants must agree to not record nor screenshot any part of the program or its participants.
- Children learn Buddhist teachings through music, meditation, songs, stories and mindful movement.
- Material is presented by experienced teachers.
- In support of this program, a donation may be given to one's local Hawai'i Soto Zen Temple.

FOR MORE INFORMATION, PLEASE CONTACT REVEREND JIKO. Call (808) 322-3524 or send an email to: rev.jiko@daifukuji.org.

TO REGISTER, PLEASE GO TO: <https://forms.gle/Azubjv2fbmEHUJZk6>

Summer 2024 Hawai'i Island BON DANCE & Tooro Nagashi Schedule

All bon dances are on Saturday, unless indicated otherwise (e.g., Celeb. Of Life, Life Care Center). Daijingu is on Sat. this year. Some dances are not in their usual weekend. Tooro Nagashi is the floating lantern ceremony (not a dance). Bon service is usually held before the dance, check with the temple's phone or website. Check dance's date/time, in case of last minute changes.

Some temples are not planning a bon dance this year. (Marked with ~~strikethrough~~.) -- Kona's Obon Fest moved from Keauhou to Old Kona Airport. Daytime dances: Celeb. Of Life, Kona Daifukuji, and Honohina/Papaaloa. New/returning dances: Hawi Jodo and Naalehu Hongwanji.

Feel free to copy this schedule and share with temple members, friends, relatives, general public, tourist industry, and news media. --- Search on YouTube to learn how to dance, to get ideas to improve your Bon events, and to see bon dances on different islands and around the world.

| EVENT DATE & time | | LOCATION | PHONE |
|-------------------|---------------------|--|--------------|
| May 26 | Sun., 3:45 pm dance | Bon Dance (1 hr) & Tooro Nagashi @ Celebration of Life @ Reed's Bay in Hilo | 808-969-1733 |
| -- ? -- | - ? - | - ? - (<i>undecided</i>) Lili'uokalani Gardens in Hilo | 936-6186 |
| June 15 | 5 pm dance | Obon Fest @ Old Kona Airport (Makao) main pavilion | 323-2993 |
| June 15 | 6 pm dance | Papaikou Hongwanji Mission | 808-964-1640 |
| June 22 | 7 pm dance | Honomu Henjoji (Odaishisan) | 963-6308 |
| June -- | no dance | Honomu Hongwanji Mission | 963-6032 |
| June 29 | 5:30 pm dance | Kohala Hongwanji Mission | 808-798-2075 |
| July 6 | 6 pm dance | Puna Hongwanji Mission | 966-9981 |
| July -- | no dance | Kohala Jodo Mission | 987-8495 |
| July 13 | 3 pm dance | Kona Daifukuji Soto Mission | 322-3524 |
| July 13 | 7 pm dance | Honpa Hongwanji Hilo Betsuin | 961-6677 |
| July 13 | 7 pm dance | Paauilo Hongwanji Mission | 808-885-4481 |
| July 20 | 6 pm dance | Keei Buddhist Church | 808-896-4988 |
| July 20 | 7 pm dance | Honokaa Hongwanji Buddhist Temple | 808-798-2075 |
| July 20 | 7 pm dance | Hilo Meishoin | 935-6996 |
| July -- | no dance | Papaaloa Hongwanji Mission (<i>temple shut down, see Honohina, Aug. 24</i>) | 962-6340 |
| July 27 | 6:30 pm dance | Hilo Hooganji Mission (Odaishisan) | 935-8331 |
| July 28 | Sun., 7 pm | Tooro Nagashi @ Wailoa Harbor in Hilo (not a dance) | 935-8331 |
| July 27 | 6 pm dance | Kona Hongwanji Mission | 323-2993 |
| Aug 3 | ? pm dance | Taishoji Soto Mission in Hilo | 808-935-8407 |
| Aug 4 | Sun., 5 pm | Tooro Nagashi @ Wailoa Harbor in Hilo (not a dance) | 808-935-8407 |
| Aug 3 | 7 pm dance | Kurtistown Jodo Mission | 936-7828 |
| Aug 3 | 6 pm dance | Hawi Jodo Mission | 808-987-8495 |
| Aug 4 | Sun., 12 noon | Fune Nagashi @ Mahukona Beach Pk: for Hawi Jodo Mission (not a dance) | 808-987-8495 |
| Aug -- | no dance | Paauilo Kongoji Mission | 963-6308 |
| Aug 10 | 7 pm dance | Hilo Higashi Hongwanji Mission | 935-8968 |
| Aug 10 | 7 pm dance | Hamakua Jodo Mission | 808-775-0965 |
| Aug 10 | 6:30 pm dance | Kona Koyasan Daishiji | 324-1741 |
| Aug 16 | Fri., 6 pm dance | Life Care Center in Hilo | 808-959-9151 |
| Aug 17 | 7 pm dance | Hakalau Jodo Mission | 936-7828 |
| Aug 17 | 7 pm dance | Kamuela Hongwanji Mission | 808-885-4481 |
| Aug -- | no dance | Pahoa Kaikan | 966-9981 |
| Aug 24 | 2 pm dance | Honohina-Papaaloa Hongwanji (at Honohina) | 963-6451 |
| Aug 25 | Sun., 5 pm | Tooro Nagashi by N.Hawaii Hospice @Fairmont Orchid Hotel (not a dance) | 808-885-7547 |
| Aug 31 | Sat., 7 pm | Hilo Daijingu , 10 Anela St. | 959-8611 |
| Sep 14 | Sat., 5:30 pm | <u>combined</u> Pahala & Naalehu Hongwanji @ Naalehu | 966-9981 |