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Daifukuji Soto Mission

Nurturing Spiritual Friendships

79-7241 Mamalahoa Hwy., Kealakekua, HI 96750

(808) 322-3524 <u>www.daifukuji.org</u>

See "archives" on our website for previous newsletters.

All are invited to join our Sangha in observing Daruma-ki in remembrance of Bodhidharma, the 28th patriarch in our lineage. Also known as Bodai Daruma Daishi, this 6th-century Indian Buddhist monk transmitted Zen from India to China. We honor him on the day of his memorial.

Sunday, October 20, 2024

A Dharma presentation on Keizan Zenji will be given by Teri Jigen Hollowell. Jigen serves as the corresponding secretary on both the Daifukuji Board and the Fujinkai Board. She is also a member of the Zazenkai, Baikako, Samu and Dharma study groups. She is heading the board's project to have the altar figures of Dogen Zenji and Keizan Zenji cleaned and repaired.

All are invited to stay for lunch which will be prepared by the Sangha Sisters group. We request that you bring your own reusable plate, utensils, and mug or cup.

The Gift Shop will be open.



Keizan Jokin Zenji



October, 2024

10:00 a.m.





Bodhidharma Service (Daruma-ki)

All are welcome

A Message from Rev. Jikō

Aloha Daifukuji members and friends,

September is here and even in Hawai'i there is a hint of autumn in the air. Still, the heat of summer lingers as if to murmur that summer is not yet over.

It was in this lingering heat that dedicated Sangha volunteers,



Rev. Jikō blessing the WWII memorial in the rain.

under the experienced leadership of co-chairs Barb and Joyce, put out a burst of sustained energy to power through the temple's recent online auction, which required several weeks of continuous work. With hands in gasshō, I extend my heartfelt mahalo to the donors, bidders, and volunteers without whom our fundraiser would not have been the great success that it turned out to be. Thank you so much, everyone. The funds raised will be used with care to benefit both our temple and community.

On Labor Day, I had the privilege and honor of offering a Buddhist blessing at the dedication ceremony of a stately World War II memorial at the West Hawai'i Veterans Cemetery. Blessings were also offered by Father Arnel Soriano and Kahu Danny Akaka, Jr. after the monument was unveiled. As the names of the soldiers were read, I recognized the names of Daifukuji members; on the slideshow that was shown, I saw their faces, as well as the faces of others related to our temple and community. My heart grew heavy.

Peace. We must always aspire to create a peaceful world, even when it seems that peace is far away. The bodhisattva path is a path of peace. Our daily practice is to live peacefully and mindfully, guided by the teachings of the Buddha. Let us take refuge in Buddha, Dharma and Sangha daily on this path of peace.

Namu kie butsu. Namu kie hō. Namu kie sō.

In gassho,

jíkō Nakade

Kannon-kō and Eitaikyō Service

Wednesday, October 16 10:00 a.m

In conjunction with the October Kannon-kō service, an Eitaikyō service will be held in memory of those whose names are recorded in the Daifukuji Eitaikyō record book. The Japanese word *eitaikyō* means "chanting the sutras in perpetuity." This annual service ensures that prayers are offered for the departed, even when family members of the deceased cannot be present for the service. If you are interested in having an individual or family's name entered into Daifukuji's Eitaikyo book, please contact Rev. Jiko (808-322-3524, rev.jiko@daifukuji.org). A one-time donation of \$250 per entry is requested.

This is one way to remember and express perpetual gratitude to one's deceased spouse, parents, grandparents, and departed loved ones.

In Loving Memory

Shari Ann Imai Ogi August 16, 2024

Age 61

Faith Kurihara Schill

September 1, 2024

Age 73

We express our deepest sympathy to their families. Namu daihi Kanzeon Bosatsu.



New Members

Our Sangha warmly welcomes Paula Kehaulani Chiplis.

The Daifukuji Fujinkai welcomes Glen Perez, Beth Poepoe, and Sarah Hathaway.



On September 2, 2024, Rev. Jiko participated in the blessing of a World War II Memorial at the West Hawai'i Veterans Cemetery. An impressive tribute to those who sacrificed their lives in the war, the memorial is a place to reflect and remember their service to our country. Daifukuji members were among those whose names and photos were shared at the event. October Activities (More activities listed at https://www.daifukuji.org/activities.html)

Dharma Keiki — Two Sundays, October 6 and October 27 from 9:30 a.m. to 10:15 a.m. There is a ZOOM option for the first Sunday. A Dharma program for children of preschool age to grade 3 and their parents. Siblings welcome. By donation. Bring a healthy snack to share. New families are welcome. Contact Rev. Jiko at rev.jiko@daifukuji.org for information.

Zazen (Meditation) - Zazen is offered in person and via Zoom every Wednesday and Friday from 6:00 a.m. - 7:00 a.m. Wednesday zazen is followed by 20 minutes of chanting. Sunset meditation is held on Monday evenings from 6:00 p.m. - 7:00 p.m. Practitioners are asked to arrive 10-15 prior to the starting time. Contact Rev. Jiko at rev.jiko@daifukuji.org to receive the Zoom link for the morning zazen sessions.

Shakyo (Tracing the Sutras) & Shabutsu (tracing pictures of buddhas) - No shakyo session will be held in October. Please join us on November 2 from 9:30 a.m. to 11:00 a.m.

Daifukuji Gay Sangha Discontinued - "I'm letting go of some of my commitments and the Gay Sangha is something that I'll no longer be participating in. It will discontinue. Sincere thanks to everyone." (Clear Houn Englebert)

Sangha Sisters Women's Spirituality Circle - Meetings are held in person and via Zoom on the second Friday of the month at 5:30 p.m. Call Susie at (808) 936-5817 for information.

T'ai Chi - All classes are one hour and held inside the Hisashi Kimura Cultural Hall. \$5.00 per class. Call instructor Philip Kakuho Hema for schedule and other information: (808) 345-1492.

Soleful Strutters - T'ai Chi warm-up & walking on temple grounds at 9:00 a.m. on Tuesdays. For information, please contact Hannah Israel at (408) 421-8845 or Reverend Jiko at (808) 322-3524.

Samu Fridays - Volunteers are needed for temple cleaning and grounds maintenance on Friday mornings from 8 a.m. - 10 a.m. Coffee hour & fellowship follows. Bring a snack to share.

Yoga — Mondays from 8:30 - 9:30 a.m. in the Hisashi Kimura Cultural Hall. No fee, but donations accepted. Bring a mat or towel. Call instructor Liz Aschenbrenner: (808) 345-1270 or <u>liz217a@hotmail.com</u>. Note: No classes will be held on October 28 and throughout the month of November. Classes will resume December 2, 2024.



All are welcome. www.daifukuji.org Pre-register: 79-7241 Mamalahoa Highway (in Honalo next to Teshima's.) A donation of \$15 is suggested. Arrival & check-in at 8:30. Wear loose, comfortable clothes in subdued colors that cover your legs and shoulders, and avoid fragrances. Consider bringing a vegetarian dish (808)322-3524 or to share at lunch.



Zen Retreat Schedule (Limited to the first 30 registrants)



pure zen, just sitting

)editation a one-hour class

Daifukuji Soto Zen temple will offer a one-hour class on meditation on Sunday, October 27, at 2:00 pm.

You'll learn correct posture and etiquette, and what to do with your mind during meditation. There will be readings from teachers Dogen and Keizan, and time to practice meditation. The class is free, but preregistration is required.

To register please call the temple at 808-322-3524 or send an email to info@daifukuji.org

Daifukuji is at 79-7241 Mamalahoa Hwy, Honalo, next to Teshima's restaurant. www.daifukuji.org

8:30 a.m.	Arrive and check in	Restroom/Water break				
9:00 a.m	Opening circle	1:30 p.m.	Zazen			
9:10 a.m.	Basic Instructions	1:55 p.m.	Kinhin			
9:30 a.m.	Zazen (seated meditation)	2:05 p.m.	Zazen			
9:55 a.m.	Kinhin (walking meditation)	2:30 p.m.	Closing circle, Group Photo,			
10:05 a.m.	Zazen		Tea and Fellowship, Gift Shop open.			
10:30 a.m.	Restroom/Water break	3:00 p.m.	Clean up by Daifukuji Zazenkai			
10:35 a.m.	Go to Social Hall	I	members			
10:40 a.m.	Shakyo & Shabutsu (Art meditation)					
11:30 a.m.	Lunch in silence	Meditation cushions (zafu) and chairs will be provided. Please let us know if you have any special needs. You may register by using the QR code on the flyer above, sending an email to <u>info@daifukuji.org</u> , or calling (808) 322-3524.				
12:30 p.m.	Chair yoga inside temple					
12:50 p.m.	Dharma sharing by Zazenkai members					



Online Auction Mahalo

by Barbara Shōshin Bosz, Co-chair

Another success! I am so pleased with the responses and support we received. Amazing donations from members, friends and community! The most expensive items were the curly mango tenor ukulele followed by the Royal Kona Resort two-night stay. We got good bids on them, too.

Stats: We had 285 items posted and raised \$13,977 (very close to our goal.) Of that, \$879 were donations. More came during pick-ups and tent sale, but I don't have those numbers yet. Only 29 items went unsold. We had 153 persons signed up to bid. The hottest items were the Asian horse & the *netsuke* pieces. Bids were flying back and forth! From start to end, the auction was smooth, organized and very rewarding! Thank you, volunteers.

We did have a few bumps with Covid attacking the crew and keeping some of them home, but others stepped up. We tried the "extended bidding" time which surprised some. Since the auction ended at 5 pm on a Friday, we were concerned about those driving home from work and used this auction option. We will discuss this for the next auction.

I want to thank all my crew which included my co-chair Joyce St. Arnault, as well as Jeri Hall, Kym Gentry, Cheryl Pennell, Andrea and Phil Shea, Linda and Tony Takai, Betsy Morrigan, Stephen Tanaka, Suzie Weaver, Shirlene Yoneyama, Nancy Osako, Hannah Israel, Teri Hollowell, Laura Brown, Sensei Jikō and Mike Nakade. Hope I didn't miss anyone! Thanks to all who offered to help.

The rummage tent did well, too! More on the amounts next month.

I love holding the auction. Yes, I'm frazzled by the end, but it is good fun and exciting. Please let me know if you have any comments or concerns about it.

A big mahalo to all!

In Gasshō,

Barbara Shōshin

barbarainkona@gmail.com, 808-987-2673





Daifukuji Zazenkai's Retreat Planning Breakfast Meeting

Wednesday, October 2 7:15 a.m. Vegetarian Potluck Breakfast

Zazenkai members, please attend this meeting to finalize the planning of the October 5th public Zen retreat. Also, please bring your own set of tableware and something for the potluck breakfast if possible.

Pray for the Flowers and They Bloom

from the book Kappa No Hitorigoto

by Daito Noda Roshi



(translated by Michael Nakade; edited by Leslie Ozawa; printed with permission of the author)

"Pray for the flowers, and they bloom." This phrase belongs to a Buddhist poet Shinmin Sakamura living in Ehime Prefecture.

"Pray for the flowers, and they bloom." What a sweet and powerful resonance this saying generates! This saying tells us about the spirit of never stopping to pray for good things, no matter where we are.

This, however, should not to be confused with prayer as a means to make flowers bloom. "It means simply that flowers bloom naturally when we pray for them." This is the spirit of "praying for flowers." Results are not what's expected at all when praying for flowers. This thinking is fundamentally different from our self-centered wishes for getting what we want.

Unless we are careful, we can easily keep wanting things. For example, we want cars and clothes. Furthermore, this "wanting more" never ends. Even though we work long and hard to buy a new car, we find ourselves wanting to buy an even newer car, because we get bored after driving it for six months. Our self-centered desires never let us say, "I've had enough." Human desires make us live in a world of constant hunger and craving.

None of our desires exist apart from our individual self. The world of "praying deeply," on the other hand, transcends the sense of self and exists outside the realm of "what's in it for me." When flowers bloom, this natural phenomenon doesn't result in one person's enjoyment or joy. This event is what brings joy to the many who view their beauty. This is what is enjoyment.

The kanji, "nen" (念) – thinking deeply or praying sincerely -- is formed with two kanj: "now" (今) and "heart" (心). Now, with sincere hearts, we should pray continuously for the joy of others.

Pray for the flowers, and they bloom. I wonder what you will pray for?

Library News

by Clear Houn Englebert



Here are the new arrivals:

More Than a Game edited by Brian Niiya is subtitled *Sport in the Japanese American Community* and is published by the Japanese American National Museum in Los Angeles. It's a wonderful book! There's sumo, kendo, and judo, as well as Western sports such as baseball, basketball, and bowling including both women's and men's teams. One of the things that makes this book so neat is that it's loaded with vintage photos.

Meetings with Remarkable Women and *Being Bodies* are both edited by Lenore Friedman and concern women and Buddhism.

The next three books concern impermance:

Birth & Death by Rev. Leandra Robertshaw is wonderfully readable yet quite profound, two qualities that do not always show up in the same book.

Buddhist Care for the Dying and Bereaved edited by Jonathan Watts and Yoshiharu Tomatsu is an anthology of teachings from different teachers, different countries, and different traditions.

Wholesome Fear by Zopa Rinpoche is subtitled *Transforming Your Anxiety about Impermanence & Death* is from the Tibetan tradition which is famous for its teachings on the subject.

The rest of the new arrivals are all children's books:

A Peaceful Piggy's Guide to Sickness and Death, Sadness and Love by Kerry MacLean also concerns impermanence.

The Day the Buddha Woke Up by Andrea Miller and illustrated by Rima Fujita is a board book for very young children. It's the first Buddhist board book I've ever seen.

No Ordinary Pizza by Sara Marlowe and illustrated by Philip Pascuzzo is about interconnection.

See, Hear, Feel by Patricia Murphey and illustrated by Mathilde Gatinois is about mindfulness for children.

Ziji and the Very Scary Man by Yongey Mingyur and Torey Hayden concerns fear and using mindfulness and meditation to deal with it.



Immortal Sea By Michael Keller

I am a member of a Dharma-study group that is presently reading a book called *Heartwood* (2021). In one of the chapters of that book, its author, Barbara Becker, speaks of being troubled by the condition of many of her older relatives, who have contracted Alzheimer's disease. A Zen monk gives her a koan to ponder in order to ease her mind: "What is bigger than Alzheimer's?"

Reading this koan, I was put in mind of a reality experienced by many zazen practitioners, and available to all. This reality is hard to describe, but it is very well alluded to by William Wordsworth, the 19th-century English poet. At the end of the ninth stanza of his poem, "Intimations of Immortality," the poet says,

Hence in a season of calm weather Though inland far we be, Our souls have sight of that immortal sea Which brought us hither, Can in a moment travel thither,

And see the Children sport upon the shore,

And hear the mighty waters rolling evermore.

The "immortal sea" is supportive and sustaining for a zazen practitioner who experiences it. It may come to him or her in times of trouble and bear him along through them.

To read more essays by Michael Keller, visit his website <u>https://www.zazenessays.com/</u>.

Coming up in November.....

Shakyo.....November 2

Baika practice, Dharma Keiki, and Happy Strummers.....November 3

Project Dana.....November 13

Baika practice, Dharma Keiki.....November 17

Thanksgiving Service.....November 24



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6 Dharma Keiki 9:30 AM - 7:45AM Baika Prac- tice - 2:00PM Happy Strummers	7 = 8:30AM Yoga with Liz = 9:30AM Shakyo = 5:00PM Youth Taiko = 6:00PM Sunset Medi- tation	8 9:00AM Soleful Strutters Moai 6:00PM Zen Taiko	9 Project Dana 9:30 am = 6:00AM Zazen & Ser- vice = 5:00PM Youth Taiko = 6:30PM Orchid Club	10 9:00AM Tai Chi 11:00AM Zoom Dharma Study 6:00PM Zen Taiko	11 = 6:00AM Zazen = 8:00AM Samu = 10:00AM Gift shop 10am-1pm = 4:30PM Sangha Sis- ters	12 = 10:15AM Youth Taiko = 11:00AM Gift Shop 11am-5pm = 12:00PM HSMA Meeting, Bishop's In-
13 = 11:00AM Bishop Shugen Komagata's Funeral	14 = 8:30AM Yoga with Liz = 5:00PM Youth Taiko = 6:00PM Sunset Medi- tation	15 9:00AM Soleful Strutters Moai 6:00PM Zen Taiko	16 Kannon-ko & Eitaikyo 1 e 6:00AM Zazen & Ser- vice = 5:00PM Youth Taiko		18 = 6:00AM Zazen = 8:00AM Samu = 10:00AM Gift shop 10am-1pm	19 = 8:00AM Zoom Dhar- ma Study = 10:15AM Youth Taiko = 11:00AM Gift Shop 11am-5pm
20 Bodhidharma Service 10 Lunch to follow		22 = 9:00AM Soleful Strutters Moai = 6:00PM Zen Taiko	23 = 6:00AM Zazen & Ser- vice = 5:00PM Youth Taiko	24 = 9:00AM Tai Chi = 11:00AM Zoom Dharma Study = 6:00PM Zen Taiko	25 = 6:00AM Zazen = 8:00AM Samu = 10:00AM Gift shop 10am-1pm	26 = 8:00AM Zoom Dhar- ma Study = 10:15AM Youth Taiko = 11:00AM Gift Shop 11am-5pm
27 Meditation Class 2 pm Dharma Keiki 9:30 AM	28 = 5:00PM Youth Taiko = 6:00PM Sunset Medi- tation	29 = 9:00AM Soleful Strutters Moai = 6:00PM Zen Taiko	30 = 6:00AM Zazen & Ser- vice = 5:00PM Youth Taiko	31 9:00AM Tai Chi 11:00AM Zoom Dharma Study 6:00PM Zen Taiko	1 = 6:00AM Zazen = 8:00AM Samu = 10:00AM Gift shop 10am-1pm	 8:00AM Zoom Dhar- ma Study 10:15AM Youth Taiko 11:00AM Gift Shop 11am-5pm